VA DIRTY TRICKS 1&2

It is absurd seeking help from a person, group or institution that cannot help self or helps only self. That is the US Dept of Veterans Affairs.

Get this while it is available...is it not amazing how much censorship exists in a 'free' country with first amendment protections of free speech that mean very little if anything at all in the real world.

VA dirty tricks 1&2

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NOTHING HERE IS PC, IF YOU WANT PC TUNE INTO THE SOCIALIST BROADCAST AND PROPAGANDA NEWS CHANNEL TO WATCH 'FROOFIE THE DOG'; THIS DISCOURSE IS NO PLACE FOR YOU. PC IS ~~CENSORSHIP~~. ~~CENSORSHIP~~ IS THE LOWEST OF FOUR LETTER WORD, ABOMINATIONS!!! Nothing here is legal or other advice; it is the authors' experiences, observations and opinions only. We are all supposed to be civilized adults, so please behave as one. Reading time is 1-3 hours depending upon comprehension & reading skills. Content is very condensed; study it well for as an onion each removed layer reveals infinitely more to learn. Every item is a tool one can use and expand upon suited to your unique circumstances. Use them or not is your choice. Do not punish a toolmaker for how you use or misuse a tool. When dealing with VA—Caveat Emptor.

Prologue

This one's for you, dad. I can never fill your shoes, only follow behind holding hands with the father & soldier that sheltered and still leads me...RIP.

To my mom who had the birth defect, me, noble enough to honorably serve this country but not good enough for VA respect. I love you. RIP. I never forgave VA for its disrespect of you or for murdering dad.

To all US veterans, their families and the public reading this dispatch. ***VA is not about veteran care; never was, is or will be.*** It is a sham ripping off the American taxpayers stupid & in biblical proportions feeding political pork troughs, congressional soft money off shore bank accounts, VA bureaucrats, useless civil service jobs, AFGE union bosses, VSO's and all the rest of VA's friends lined up at the taxpayer sugar tit and pork trough pigging out at veteran and US taxpayer expense. If veteran care were the issue, VA would not exist. Scandals, claims backlog, denials, outright murder and

everything else are distractions from that basic fact: Nazi VA exploits veterans serving it and it only. That corrupt agency exists solely to rip off American taxpayers in one of the greatest wealth transfers of modern US history into the back pockets of Socialist US Government. Strip away the facade of veteran care and the abject corruption beneath that veneer core rot becomes glaringly obvious. Veterans Affairs is responsible for the ongoing national veteran suicide epidemic, and Amerikans are paying it to commit the greatest crimes against humanity since the Native American genocides on US soil. Think of this next time you write a tax check to IRS or see it deducted from your pay, or get nicked for any government tax, levy, fine, surcharge and so forth. Ask self why do 1000's of veteran charities and helping agencies even need to be at all claiming to assist veterans, which most do not. I can tell you, because Washington DC & VA is not helping anyone but selves and so are most veteran 'helping organizations' & charities. Especially when the help comes wrapped in Star Spangled Banner patriotic red, white, blue and $ $$$$**IN**$$$**GOD**$$$**WE**$$$**TRUST**$$$ puked out of Washington DC & Socialist mass media profiteering from veteran suicide and suffering. *Patriotism is for fools*. A broke vet is mistreated same as any other derelict bum by this country. Doubt that? Look at the hundreds of thousands of us sleeping under bridges, on sidewalks, alleys and ending it all at 100 veteran suicides daily. Consider the hundreds of thousands who died on secret waiting lists during the eight years of President 'O's' term because Washington DC and VA claimed to help them instead rewarded selves and their friends. ***VA gives all veterans another chance to suffer and die for this ungrateful country***; 100 of our veterans & active duty soldiers daily end their suffering through suicide. Only a very diseased Amerika and VA can sink that low in the national cesspool profiteering from veteran suffering and suicide. Another Amerikan first, alongside the longest ethnic genocide known to humankind, how despicable.

***************** *IF YOU READ NOTHING MORE, READ & UNDERSTAND THIS*************

- **Company lawsuit proofing 101.**
  Companies beset with so many frivolous lawsuits asked a clever group of lawyers

how to gain immunity. So they got together and came up with a working plan to do that; then formed a business that sold lawsuit proofing cheaply to American corporations large and small. Voof, they were well rewarded and so were businesses. Many of you were required to take mandatory 'company compliance courses' either when hiring in or annually after employed without understanding significance of what or why. From private mom and pops to highest government, these are now nearly uniform: every employee must take the course, with annual refresher, to get or keep a job. The reason is after taking it you now know the rules and own in Toto any misbehavior should another employee or customer or person file charges against the company for any employee misconduct – which means you, Binky, during course of business on or off the clock or property, such as the USPS while out on mail routes. In other words, if employee or customer 'A' files sexual discrimination against the company, it merely shifts all liability and tort off to employee 'A' and the offending person or persons, not the company! It is not responsible or liable because you know the rules and signed that off after taking their mandatory 'company compliance course.' ***I hope that sank in.*** **Employees are now subject to lawsuits formerly made against their employer. To recover damages, an offended employee must initiate a lawsuit to do so. These are not like filing a union grievance or company complaint. Nope, you must hire a lawyer. Lawyers are not cheap, and know the likelihood of getting paid via settlement are nil; this is not a deep pockets company but another individual and everyone knows blood comes not from turnips. So you had better have a few thousand dollars in cash handy to plunk down before the lawyer will even talk to you. Ouch, chances of getting that back are nil but that high priced mouthpiece you just hired always gets his or her money up front cash on the docket. Pursing this only gets more expensive. If you engage the complaint and the other side fights it, after reviewing evidence then it may be you who is in the wrong and guess what...do you get my drift. Playing lawsuit lottery is very expensive and odds of winning or coming out even in this scenario are less than '0.' Now, the employer to stay clean will cooperate with the bench as friend of the court and sell you out. Providing all evidence about your character, work history and habits and all else that will be used against you and to stay clean against being included as 'co' in the lawsuit. There is also 'discovery.' Each side files discovery against you asking all kinds of very detailed, delicate questions that will become public record and knowledge that might be best left alone. You must answer them truthfully; remember in the real world perjury is a 10 year sentence in the pokey… you can research this for more. In other words, that means, you the employee in sucking up to the company harming other people will find you facing civil tort and possible criminal consequences for your actions not the VA. Think you can hide? No cigar, Binky. A 'discovery' court order to the company is all that's needed to send everything about you to the judge and lawyers. Remember the company is lawsuit proof and wishes to remain that way. So now, is that risk worth whatever you get in perks from sucking up to the VA harming and selling out veterans to play prison bitch for the next few years for murder, manslaughter, or criminal malfeasance or perjury. Or**

to be sued into perpetual poverty eating dog food for the rest of your life? This is only a start of where your actions can land you while VA walks away clean. Veterans – hint, hint, hint!!!! Do you see what the US Supreme Court did for us opening the way to filing criminal and civil tort suits against VA and her employees? Use it!!

Face the Brutes ©

A parable to all US veterans.

A worker walking to his job encountered a troupe of intimidating monkeys at a certain part of the only path to and from there. Twice each day, he rushed through their turf followed by tormenting, shrieking brutes chasing, screeching, throwing rocks, monkey turds and having good fun upsetting him. One day in his rush, he noticed for the first time, an old beggar peacefully sitting off the beaten path. On the way home, escaping only inches in front of screeching violence, again he glanced at the bemused vagabond, sitting serenely, watching the drama, which greatly puzzled the worker. Later, after calming down enough to think, he wondered why the derelict remained unmolested by *those nerve-racking monkeys*. The show continued twice daily until finally the old man yelled to the fearful worker, **"Face down the brutes!"** which was all he said. Tossing and turning sleepless all night long, the old beggar's words echoed in the workman's head: "***Face down the brutes***!" Next morning, he found a short, thick stick. Armed with that and a personal resolve against fearfully running away anymore, the job–hand began his daily journey while thinking – I *will* face down those brutes, yes I will! As the screaming mob approached, instead of fleeing, he mustered courage, turned, then confidently, in reaction to their howls and molestation's, raised and shook the stick while defiantly bellowing '***STOP***!' Confused, the troupe froze before scattering in all directions. Then while peacefully walking past, the beggar glanced towards him; the old man simply, silently, nodded approval. Returning home that evening, provoking monkeys again cautiously tested the worker only to receive the same wrathful reaction – STOP! After that, the worker never again experienced troublesome monkeys bullying him; however, they continued, as brave cowards are wont to vociferously chatter and scream at him from a very safe and respectful distance. A little old saying, 'walk softly while carrying a big stick…" Each person must wisely choose personal battles and then be prepared to stand down a bully. One must be sincere lest s/he or it will take away ones stick of personal resolve to use against the holder. Following personal conviction is easier said than done; it takes courage, and the simplest things are always the hardest when *doing* that which is easier said than done. By fearfully running away, one teaches personal demons to chase and bite him or her on the ass, until a running soul stops them by courageously standing firm while holding the stick of personal sacred truth. When carrying that, be committed to using it if necessary; although, most times, simply standing steadfast as an implied threat, is enough to hold shrieking, cowardly monkeys safely at a respectful distance. ***So what is it going to be veterans...stand your ground or run as cowards from VA monkeys buffaloing you into subjugation.***

First They Came

First, they came for ~~Native Americans~~
Next, they came for the ~~Jews~~
Then they came for ~~Soldiers and Veterans~~
When they came for you and me
Who remained to stand up for you or ~~me?~~
When your time comes, if you will not stand with us
Who will remain to stand with ~~you~~?
Always remember, ***they*** *dispose of* ***~~useful idiots~~*** *without a place to hide – las*t.

Amerika sees military and veterans as scapegoats and proxy payment for its dwindling freedoms, free lunch and ride. All things end; enjoy it while you can. You never know what ya got until it is gone.

WW2 did not defeat Nazis.
The cult migrated to USA and resumed their evil at VA and BIA.



Readers let us briefly discuss insurance specifically HMO and private health care insurance. VA is a government run HMO or health maintenance organization. It claims to keep down costs and the way it does that is via denial and rationing care and benefits. HMO's pay capitation to their providers. In this case GAO pays capitation to VA for each veteran nose actively on the rolls in its system. Each pay period, say monthly, your medical provider gets a lump sum of money for each patient subscribed to a provider, clinic or in this case VA. Each time you go in for an office visit, get a referral, or other medical need, each request costs the provider out of that pile of money received each payday. However, when you do not visit the office or need any of the aforewritten services, that provider gets to keep the whole pile of money; **money for nothing**. That is why VA abusively encourages you deadbeats to stay out of their clinics. Now, those insured vets and their dependents who **also pay** as **fee for service customers**, which means *cash on the pill-bottle*, on each visit, we are given priority over deadbeat HMO patients. You know a bird with cash in hand is worth more than a tree full of them with empty pockets, aka a broke vet walks while one with money talks. Therefore, insured or cash paying customers get priority over HMO patients. Insurance is tiered in payer levels: primary payer, secondary, tertiary and on. Most people only have one payer; however, some have more than one. Let us use Medicare as an example. Medicare is primary payer for those enrolled in it and pays 80% of customary medical costs, which means the patient pays the other 20%. One can buy supplemental insurance called Medigap to cover those additional

costs. Some people have Medigap and other insurance, too. Now bear with me here, Medicare is first payer, Medigap is second and the others fall behind that. **When you visit, a doctor's office or hospital, first question asked is *how are you going to pay for this?*** Then it demands all your insurance policies, and your first-born child as collateral. Medical billing then hits up each one, and you, until your bill is paid. Some, especially VA, also add on '**creative**' costs to fatten your bill, which are all paid by you and your insurance companies. Quite a racket the US health care industry. ***The more insurance a patient has the more valuable s/he is to the medical industry.*** Get my drift. HMO patients move further down into the dumper under more valuable, aka profitable insured FAT cash cow customers. That is just how it is...don't kick the dog or cat out of anger. Heaven knows they already take enough abuse from VA doing live animal research experiments on them. Now when you go to VA as an insured FAT cash cow veteran, it has open arms with lots of 'treatments' for you because it '**creatively**' bills all those lovely insurance policies that each vet must give to VA because – ***Its the Law!*** In other words, you are a very, profitable, FAT cash cow to VA and nothing more. The other veterans without such largess aka the HMO charity cases remain on the bottom for everything. That is why they ride the scheduling merry go round getting their appointments, receive unexpected cancellations to squeeze in a FAT cash cow in your place, why you spend hours in waiting rooms endlessly sitting around waiting for your appointment as a double or triple booked patient while all those FAT insured veterans and their dependents get seen sooner because they pay more. That is why the charity cases get ruder treatment and other discouragement from using medical services at all! Each time one does, that lovely pile of capitation money paid to VA gets smaller. In other words to see you is losing money – ad nauseam. Always remember corporations only care about 2 things: making profits and losing them. There is the method behind VA's madness. Understand that and use it to advantage achieving your agenda. Probably one of VA's dirtiest tricks is this game where you lose every time. A broke vet is a bum anywhere in Amerika...but hey, ***hypocritical thank you for your service slogans*** are free at VA! Now many of these veterans have figured out VA's con-game and moved out of it to private care, which is infinitely better, and cheaper. They only use VA to keep their service connected issues current, and for nothing else! Many veteran no-shows are for those insured FAT cash cows that only return annually for a service connected appointment, which VA lavishly and '**creatively**' bills the hell out of each time. After that, they either make an appointment when ready to come back next year or do it as a walk in. Even as a walk in, s/he gets priority over those HMO patients who have been sitting in waiting rooms all day waiting for theirs. Not to be put off, VA makes appointments **for the FAT cash cows anyway during the year** that a vet simply cannot cancel. Why? If one manages to cancel it, VA scheduling simply puts it back or makes another one to replace it. **Exact reverse of the Phoenix scandal.** WE ARE TALKING ABOUT FAT CASH COWS! WHEN THEY ARE NOT IN THE CLINIC THAT MEANS LOST $$$$$$ to VA honcho's. Let the charity cases wait!!! We are talking $$$$$$! ***Is the little ah-ha light blinking*** about how **this secret, dirty trick game works?** I have played it many times since leaving VA. ***They will not let regular $$$ capitation payments and my $$$ FAT $$$ insurance policies leave$$$!!!*** **Moreover, when a FAT cash cow stops using VA, higher ups begin asking questions as to why their profits privatized out the door!** That is where all those VA employee CYA lies about you being to blame come in. VA employees are not too bright when it comes to their upper echelons that know perfectly well, why veterans are leaving the system. They have what is called corporate intelligence undercover systems that investigate ongoing problems from the lowest levels up. Especially anytime a complaint crosses their notice, which is one reason VA goes to great lengths, but not great enough, to keep disgruntled vets contained within its corrupt system and away from news media. Ask any VA employee if

s/he has ever heard of CI and they just give you that 'stupid VA employee look, which means no. That is why it works so well. Remember corporations care only about two things: making money and losing it. Losses from bad employees is why veterans see automation, outsourcing, technology, off-shoring and more replacing employees with better, non-liable, more efficient and cheaper solutions. Incompetent VA employee liability, which is nearly all of them, is literally eating VA alive in billions of dollar lawsuit claims. ***The very worst punishment any veteran can do to VA is leave it for private sector. Whether partial or in toto, when $$$$$$$$ $$$$ walks out the door for any reason, people at the top scream and that pain quickly flows down to the lower employee peons!!!!***

That is the truth for all the brouhaha over veterans leaving VA: the insured paying, ***FAT*** *cash cows are those who are running away first. OUCH! That is lost $$$$$$$$$$$$ to VA!* **Losing an HMO veteran is bad; losing a FAT cash cow source of income veteran is terrible for VA profits and good for losses. Remember, corporations want only one thing: profits, and fear only one thing: losses.** That is the whole VA sham; after removing the corporation's phony red, white, blue, stars and stripes patriotism facade one finds just another corrupt US company focusing only on profit and loss margins – nothing more. **If you are not profitable to VA it will not give you a member's only club card and access to their public water fountain and toilet!!!** Read, re-read this and do research about how insurance and HMO's medical plans work, and how that affects you. ***Then reexamine your circumstances to decide if they are really dis-serving you?*** That annual 400 billion dollar taxpayer supported government agency that claims to exist solely for veteran care is robbing the country, veterans, taxpayers and private medical industry bankrupt.

There you go veterans, free is what free does. When free comes from VA it is in the form of a butt load of misery...anal lube and a smooch cost extra.

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ABOLISH THE ENTIRE VA SYSTEM – DO NOT REWARD BAD BEHAVIOR
Sandra Hale: Disabled Marine Combat Veteran, Retired Nurse, VA Employee
March 31, 2016

This is such a simple concept that it's scary most veterans and veteran organizations just don't get it. The VA system is never going to get fixed if we keep throwing money at it because the VA only sucks money up like a bottomless pit and spends it on itself, not the veterans.
Know where all that extra funding goes? To lazy VA employees who claim overtime working on your backlog claim that they've been sitting on for years and now they are rewarded for that laziness by collecting not only their outrageous federal employee pay that they didn't earn and don't deserve, but now they are paid even more for that laziness with extra overtime pay. They claim to work on weekends and holidays for double and triple overtime pay. They don't actually have to be in the office, just claim to be working on it at home. Who cares? Its free money and a free for all. VA employees are Like sharks in a feeding frenzy with extra VA funding money. That kind of incentive motivates them to let every one of your VA claims become backlog so they can collect more funding for more overtime pay. And, you're extra funding goes to vacations for those lazy VA employees. That's right. Seminars in

Hawaii on all those new rules and regulations you wanted and seminars on how to spend the new funding money. Paid vacation, plus they don't have to work on that backlog that they received the money for because they're too busy going to classes and seminars with luncheons and all expense paid training that can last for weeks at a time because at the VA, there is absolutely no accountability. NONE whatsoever. Nobody questions anybody because they're all cheating on their overtime and paid expense accounts.

VA employees are not going to rock the cruise boat that they're sailing in. That's why VA whistle-blowers are few and far between. Plus, that's why VA whistle blowers are treated so badly by the other employees. What do you mean you don't want your share of VA blood money? Employees with morals and a conscience are not allowed and are not tolerated by the VA system.
Government con artists have convinced veterans that all we need is more rules and regulations and more funding, more money, more money. WRONG. WRONG and WRONG.
For all of the thousands of veterans who died waiting for appointments you know what the VA doctors who were responsible received for punishment? A bonus. Know what the VA executives that were responsible for murder received? A bonus and a promotion. Know what the VA hospitals, clinics and VA administrative offices received? More funding. Know what the veteran's families received? A dead loved one. Know what the dead veteran received? An end to VA benefits for them and their families. How fair is that? Do not...I say again. Do not reward BAD behavior with money. It only encourages the VA to act bad more often to receive more money. Does that make sense to anyone?

MONEY IS POWER

The golden rule: He who has the gold-makes all the rules. Money is power. Lobbying power to make laws, rules and regulations so that the VA controls the money and can divert it from its original purpose, the more money, the more power, the more abuse of the money and power. Absolute power corrupts absolutely.

How about new furnished offices with cable television? Don't laugh. The VA has cable TV everywhere and it's not for the veterans. The televisions in the clinics and offices are mounted so that they always face the VA desks and VA employees control the TV and watch soap operas and game shows all day long so that absolutely no work gets done. Get a clue. I wanted to watch the news one time and asked a VA employee to change the channel from her soap opera to the news and she said "NO". When I asked her "why" she stated that she didn't want to "upset" the veterans with bad news because they just can't handle it. OK, so you can handle combat but not the local news. Really? I've never seen a veteran flip out because the news channel was on, but hey, who knows? Because all veterans are considered by VA employees to be mentally deranged children who have to be cared for by VA employees, they know what's best for us. Sit here honey. Wait here darling. OK sweetie. Like we're in a nursing home already. I've seen female VA employees sit on male veteran's laps and talk like a baby to them. Maybe you male veterans like that crap, but I don't appreciate being treated like a child. Age didn't take my adulthood from me and I hope it didn't take your manhood from you.

Controlling power. Bribery power. Power to shut whistle-blowers up by paying them off because they can't fire them. All a VA employee has to do is pretend they're not with the VA crooked system and get paid extra for it. Can't beat that with a stick. Maybe you're lucky enough to witness an illegal VA transaction or catch your boss shipping used prosthetics from VA suppliers who are charging the government for new prosthetics. I actually received an alleged new wheel chair cushion with a big

urine stain on it but the federal government paid the VA supplier for a new one. Maybe you stumbled across another VA employee who cooked the books and embezzled VA funds or witnessed a VA doctor injure a veteran with their stupidity and incompetence [or sadistic intent and malfeasance].
This is your lucky day because you're about to get paid and in fact, you're going to be the VA's star witness against the veteran and his family. Spend that money carefully because you're going to earn it. It will cost you your morals, but what the heck; you have none because you work for the VA.

THE NON-VA HEALTH CARE SYSTEM HAS SUPERIOR MEDICAL CARE
The VA health care system is worse than charity hospitals and clinics because it takes an act of Congress to get a federal employee fired. They know this. The VA system is federal and their federal employee system is set up so that you cannot get rid of bad federal employees. It takes years of hearings and appeals and the entire time, this VA employee who murdered your beloved veteran is getting paid to sit home and fight the charges. More paid vacations. Do you think that would happen at your local hospital? No way. The local non-VA institution would immediately suspend the employee without pay and investigate and if found that the charges were valid, they would be fired on the spot. No contest. No hearings. No appeals. That's because regular non-federal employees are hired "at will" which means they can be fired at the "pleasure" of the hospital, clinic or institution. They don't even need a reason to fire their employees. They weed out the bad employees because they are "customer oriented". They want to please the patrons who come to their hospitals and clinics because they have competition. The VA system has no competition. You have to go there and you have to put up with whatever crap they dish out. VA employees know that. You have NO CHOICE whatsoever. It's worse than being in the military. At least in the military you can go up the chain of command and hope to find some justice, but not with the VA system because they are the chain of command. They are your masters. They control everything. There is no assistance outside of the VA system. Do you think the VA hospital or VA Regional Office is afraid of your local Congressman? NO. The VA administrator lunches and golfs with them because the VA system has the MONEY and POWER to control your Congressman because of all that extra funding you wanted them to have. Don't worry, its being put to a good cause. Greed. Ditto for the Inspector General's Office and the VA Consumer Affairs Office. All federal employees who profit from extra VA funding. Silly veteran, tricks are for kids.

Wake up veterans. The VA system is not about you, it's not for you and it never was. I can remember when the Vietnam Veterans returned home from their foreign war and was spit on by the public and denied all their benefits by the same federal system that sent them over there and a few showed their displeasure by blowing up some VA Regional Offices. I would have let all the veterans get out first. Just kidding. I'm not advocating violence, just controlled rebellion tonight and abolish the entire VA system because it doesn't serve us veterans. You're beating a dead horse. There is already a medical system out here that actually works and we don't need the federal VA health care system. here are trained civilian administrative people out there and we don't need VA Regional offices with their federal employees. The military and the VA have already out-sourced other areas of federal management to civilians. Remember how the food improved when the military out-sourced the chow halls to civilian companies. It's time to out-source the entire VA system to the already in place civilian companies and hospitals that are customer oriented and want your business and they don't profit from your death or neglect. Their business only profits when the customer, which would be you, is satisfied. They are customer friendly and service oriented, which is what the VA system was NOT set up to do.

Finally, to all you overpaid traitors who hide behind a federal computer and give false names to

discredit comments like mine - You trolls are wannabe's that never could make it into military service so you hate veterans who did everything you wish you could have done, you can kiss my combat boots because I give my real name and real email, so if you have something to say to my face, I am sandraindayton@yahoo.com and I don't hide behind cute false names. I'm the real thing. you're NOT.
Sandra Hale: Disabled Marine Combat Veteran, Retired Nurse, VA Employee
sandraindayton@yahoo.com
http://www.military.com/daily-news/2016/02/02/deputy-va-boss-pledges-disciplinary-action-two-executives.html
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VA Dirty Tricks Veterans Need to Know About
Sandra Hale: Disabled Marine Combat Veteran, Retired Nurse, VA Employee
February 18, 2016

1) Deny or Ignore Everything
This is the most commonly used dirty trick in the book. Many government and private agencies use this as their first line defense against any claim. They will either immediately deny your claim or they will ignore it. If they choose to ignore it, they will not acknowledge that they received your claim. If you try to find out if they did or not, they will make up excuses that cause you to wait, tell you to call back, send you on an endless goose chase from one department to another, or they will repeatedly tell you to submit it over and over again.
This is called "kicking the can down the road". It serves many purposes. The main purpose is to discourage and make you give up or distract and cause you to forget or miss deadlines for filing documents or appeals or whatever you need to do. If you file the same claim again it creates a new disability compensation claim date cheating you out of your back pay. Another reason is that it distances them from the issues. This works to their advantage. Let me explain. Let's say you filed for a back condition and the VA kicks the issue down the road for several years and in the meantime you develop some other medical conditions. Now, the VA doctors can begin to try to link your back pain to some non-service connected medical condition. Don't laugh because they can get very creative when it comes to this trick. It also gives them time to confuse the issues. Suddenly, your medical records will be filled with fabricated evidence to support the VA's position. They will twist everything you say to suit this purpose. For instance, the doctors ask you if your back hurts when you lift heavy things and naturally you tell them YES. Here's what will be documented on your medical records:" Veteran complains of back pain from doing heavy lifting at home." The VA just created a new cause for your back pain and it's not service-connected. Or even better, "Veteran injured back at home today while lifting heavy object." See how that works? They just made a chronic condition a NEW medical condition. On the other hand, if the VA injured you and you file an 11.51 disability claim, they do the opposite. For example, The VA tore my rotator cuff by surprising me with heavy sandbags for an x-ray without giving me a chance to refuse. Immediately, this torn rotator cuff became an old injury, it was suddenly labeled "chronic shoulder pain" and they attempted to fabricate a history of shoulder problems. Old injuries are new and new injuries are old, which brings me to dirty trick number two.

2) False Medical Records
Most veterans don't have copies of their military or VA medical records and depend on the VA to furnish them. Good luck with that; because the VA will both lie and say they don't have the records or just deliberately destroy them. There goes your evidence. The Houston VA Regional Office told me for almost three years that they never received my Notice of Disagreement until I went down to the office

in person and demanded to see my C-file and there it was on the very top of the file with their time stamp dated three years ago. That's why you should get copies and read your medical records every time you go to the VA because if you don't they will fabricate false medical records for you. They do it anyway, all the time. The VA doctors and nurses will quote you as saying things that are false. Their favorite misquote is pain. My VA records state that I tell the doctors I have no pain just about every time I go there, which is a bold faced LIE. Your back could be broken with bones sticking out and they will write on your medical records that your back appears to be normal with no visible sign of distress and patient denies back pain.

Don't think for one minute that VA doctors are your friend. They know that their job is to cover up, hide and distort medical evidence in your VA medical records and VA C-file if it's connected to a disputed VA claim. And, don't think the medical doctors are the only ones who do this. Your x-ray will be read wrong by the Radiologists. They won't see that broken bone or compressed disk and if they acknowledge it at all, it will be coded in long Latin medical terms that you will have to look up in a medical dictionary to figure out what they're trying to say and don't count on VA medical doctors to explain it because they will tell you everything is NORMAL. Don't believe me, just file a FTCA (federal torts claim act) and watch your medical records disappear like magic and new records appear debunking your claim.

Ever wonder how the VA gets away with these lies? Did you know that VA doctors can legally withhold medical information from you? That's a fact. The practice of withholding pertinent medical information from patients in the belief that disclosure is medically contraindicated is known as "therapeutic privilege." That means all the doctor has to do is think that you might be upset if you knew the truth, so he or she is not going to tell you. How convenient for them. The VA doctors will try to change dates, confuse facts, and create new reports with false information claiming they are backed up by prior records and reports. Perfect example is what the VA Radiologists did to my kidney X-rays and ultrasound. I had an ultrasound in 2013 that showed no sign of damage to my kidneys. The 2013 ultrasound stated that there was evidence that I had passed a kidney stone because it left a small distorted area inside one of my ureters.

Then, in 2014 a VA dentist soaked my partials in poison that you clean counter-tops with and put them in my mouth. The corrosive poison caused burns in my mouth, throat and intestinal tract and resulted in atrophy of both of my kidney cortex. Want to know what my VA medical records say about it "Veteran's current X-rays unchanged from 2013 ultrasound that shows atrophy of kidneys." That's a creative lie. The small distorted area now becomes atrophy and now applies to both kidneys. They tried to link the new injury to an old ultrasound. Nice try but no cigar.

VA doctors love to use terms that are ambiguous. For instance, my thyroid levels were all off the chart. The VA doctor recorded in my medical records that the results of my thyroid levels were "low normal", "high normal", "moderately high normal" moderately low normal" and my favorite doublespeak catch all VA medical term "cumulatively normal". So, what this VA doctor did was take all the abnormal results, add them together and then divide by the number of tests and presto; it's now "cumulatively normal."

Here's another example: On the report for my Compensation exam for the torn rotator cuff injury caused by Michael Debakey Medical Center, the doctor wrote that I injured myself "lifting weights". Out of nowhere, now I'm a 62 year old disabled weight lifter. That's another creative lie / half truth meant to confuse the issues. I can see this doctor defending her statement in Court. "Well, your Honor,

the sandbags were weights and she was injured by lifting them so what part of that is a lie? "

3) Research
This is a dirty trick few veterans know about or even realize is happening to them. In the military you know you are government property because they just come out and tell you; but what they don't tell you is that they have a legal right to experiment on you without your knowledge using untested drugs and treatments. Most veterans just give their permission by signing everything put in front of them without reading it. Read it sometime and you'll see you gave away every human right you ever thought you had in exchange for treatment at a VA facility.
I go to the VA Hospital in Houston, Texas. It is not called the VA Hospital. It is named Michael Debakey Medical Center. It is a TEACHING hospital and is owned by Baylor College of Medicine. I am no more than a guinea pig or laboratory rat to the students, residents and interns that staff this hell hole. It is literally run by students, residents and interns who have little experience and no one is teaching them. The head of the department is in his office doing paperwork or not there at all.
I would say that some trainees learn by trial and error, but since they don't know what they did wrong, they can never learn the right way to do it. They are overseen by whoever has been there the longest. It's the blind leading the blind. They staff the entire hospital almost exclusively with these pimple faced inexperienced adolescents. There are very few real doctors with real life experience. Maybe you get someone who actually knows what they're doing and maybe not. It's Russian roulette with a loaded weapon. That's not the way veteran's healthcare should be.
Why do you think your VA medical care is free? Why do you think they force veterans to go to VA doctors and VA facilities? They want to experiment on you. On the Hospital complex campus in Houston, the Research buildings are almost as big as the Hospital. Where do you think the VA Hospitals get their federal and state funding? Where do you think they get all that scientific data, medical literature and medical statistics? It's from medical Research. The VA advertises that their facilities are on the "cutting edge" of medical science with the latest in drug therapy, new and improved treatments and surgical procedures. Its cutting edge all right and you're the one getting all those new and untested drugs and medical treatments. Five or ten years down the road you or your family will be answering one of those television attorney commercials that say "Did you or someone you love die from this surgical procedure, implant, medication or treatment?" This leads into dirty trick number four.

4) The VA Profits From Your Death
Pretend you're a homicide detective working a murder case. You're going to make a list of suspects consisting of who had motive and opportunity. Well, the VA is at the top of the list because the VA has both. Their motive is that they save money if you're dead because your VA pension, VA Disability Compensation and all monthly and yearly VA benefits die with you. The VA definitely has opportunity because they have complete control over everything aspect of your health thru their VA medical care. They can give you the wrong medicine or treatment, wrong surgery, overdose you or just neglect you to death by doing absolutely nothing, like the secret waiting list for VA appointments that killed thousands of veterans. The VA saved a lot of money with that dirty trick and kept congresses asses out of the fire from revealing to the Amerikan-sheeple taxpayer true costs of ongoing wars and from discovering all the money filling VA's and their campaign offshore bank accounts and those of its friends.
You see, that's why they staff their VA hospitals, Clinics and medical facilities with unskilled and inexperienced students, interns, imported nurses and residents; they know that mistakes will be made and veterans will die. The VA's only job is to cover it up and blame it on something else and that's way too easy because they control your medical records. The VA can make your medical records document anything they want. You disobeyed doctor's orders not to get out of bed and fell down a flight of stairs.

They can say anything. Who's going to dispute it? Not you. Not your family, unless they actually witnessed the injury or death and the chances of that happening are slim and none.
Remember this, I talk from experience. I once spent three days in the Houston VA Hospital and went to check out and the nurses at the desk didn't know there was a patient in my room. I told them "Yeah, I know you didn't know because I didn't see a nurse for three days." But my medical records stated that they checked on me every two hours and everything was fine. What made me laugh was that my husband had spent the night there in my room with me for two nights and that's against the rules.
The few VA doctors that are actually experienced are either tucked away in an office somewhere and don't see patients or have little experience themselves and probably graduated from one of the many Baylor Colleges. Nurses call their graduates "Baylor Butchers". Worse than that, the rest of the staff doctors work at the VA because they couldn't make it in private practice and civilian hospitals and clinics won't hire them. Most staff VA doctors are foreigners from other countries with no credentials except a diploma. It's really sad. I'm talking in general, of course. I'm sure there are a few good VA doctors out there, but they are too few to make a difference. Where were all the good VA doctors when the veterans on the secret waiting lists were dying? Answer me that?

5) Divide and Conquer
When I came back from Afghanistan in December 2007 I was disabled. I knew it and my unit, the 160th Military Police knew it too, but they tried their best to cover it up. I won't go into detail but suffice it to say I had multiple medical issues that my unit military doctors did not, could not or would not diagnose or document. As a direct result of that, I had to try to figure out myself what to claim on my VA disability Compensation Claim.
My medical conditions had to be in my military medical records because I don't have x-ray vision and could not run the medical and laboratory tests I needed for diagnosis, so I settled on 25 known medical conditions. I know what you're saying. Wow. No wonder you had so much problems. True, but you don't understand. If I didn't claim them at that time, and claimed them later, I would lose out on my back pay.

The VA disability compensation program is designed that way for that exact reason. They want you to wait to claim medical conditions because it saves them money. But it doesn't really matter because even if you had two medical claims, they can divide it by denying one and granting the other, thereby forcing you to appeal or give you a partial decision on one issue and reserve the other issue so they can" kick the can down the road." See, VA dirty trick number One.
This "Divide and Conquer" technique serves many purposes. The main purpose is that this dirty trick allows the VA to generate a perpetual 'backlog" of disability claims which means more federal funding for them. The VA created this "hamster wheel" to keep veteran's compensation claims forever at your local VA Regional Office, which leads me to VA dirty trick number six.

6) The Hamster Wheel
The local VA Regional Offices deliberately deny claims so they can be appealed, we already know this, but what you may not know is that they do this by making "vague" and "unsupported" decisions so that when it is appealed and goes to the Board of Veteran Appeals, it is certain to be REMANDED (sent back to them). This is done deliberately.
Example: My clothing allowance claim was for forearm crutches for my service-connected Fibromyalgia/Traumatic Brain Injury. When the Houston VA Regional Office denied it, they wrote that it was denied because my medical records stated my forearm crutches were for a non-service connected back condition. That is a deliberate lie and they know it and I know it, but now I have to appeal it to the Board of Veteran Appeals and prove it is a lie. It was done on purpose to put me on the Hamster Wheel.

Putting a veteran's claim on this VA created Hamster Wheel allows the local VA Regional Offices to sit on your claim for another three or four years and starts the entire process all over again just as if you filed a brand new claim. No final decision. Now you have to wait for more appointments for more tests, more doctor visits, more x-rays, then wait for another decision, then file another Notice of Disagreement and wait for another Statement of the Case and appeal it and then wait for it to be certified back to the Board of Veteran Appeals. The VA motto which should be on every Department of Veteran Affairs document as their letterhead "Delay and Deny till the Day they Die".
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SOURCE: https://vnsla.files.wordpress.com/2016/02/va-dirty-tricks.pdf
http://www.blogs.va.gov/VAntage/25855/the-appeals-process-appeals-at-the-board-of-veterans-appeals-board/



More VA dirty tricks or the worst Socialize HCS in America sucks, part 2.
Aka: things the military recruiter never told you.

VA gets richer while veterans and the nation grow poorer.
~Or~
VA gets the gold mine and veterans get the shaft – anal lube and a smooch cost extra.

- First and foremost, understand, everything about Veterans Affairs dept exists to deny veterans their benefits earned during military service. That is how it makes money off us. ***VA gets the gold mine and we veterans get the shaft.*** VA is Federal worker compensation for military. It is far more criminal and sorrier a cancer than those administered by each state. Every decision including C&P 'compensation & pension' and disability awards profit the VA. That organization is a corporate, organized criminal, insurance company. Look every day at the major corporate scandals going on in US and worldwide involving nearly every major corporation and that is VA in Toto. If a veteran, employee or other is not somehow profitable it considers s/he as sub-human garbage. Every transaction always is a profit or loss balance sheet examination by back office bean counters. Nothing-personal just dirty business: money, profit or loss. The only thing it fears is losses; all it cares about are profits. Moreover, every veteran is nothing but a 'war dog' lab monkey to experiment upon like experimental four legged dogs and cats. Odd, US thinks so much of we veterans; however, animal rights groups protest dogs and cats abused in VA's research labs while remaining totally silent about human animal abuse on veterans as Hitler's Nazis did to Jews in WW2. This nation is very sick, indeed. Until recently, we veterans had little recourse through civil and criminal tort; if VA criminally injures or murders a veteran, too bad, so sad. Party smile – Bronx Cheer. Same for intentionally,

unintentionally injuring or murdering active duty soldiers. '***<u>Feres Doctrine'</u>*** disallowed them or families any recourse to justice in toto! Another example of Amerika land of the free...and the lap dog US Supreme Court protecting Socialist criminals. All veteran appeals must go through VA's kangaroo adjudicator system that go nowhere but in company favor. VSO's are VA court appointed lawyers, which do not serve veterans. Same for OIG and other paper lap dog regulators betraying us in Toto. VA has gained many powerful enemies over the last century including veterans as a group. Without us, it has no reason to exist. The whole system needs to immediately sunset and go away. The sooner the better for veterans. Why? So, the annual 400 billion dollar VA budget can be used to care for veterans instead of useless VA bureaucracy and its friends. Notwithstanding constant VA propaganda and brainwashing, better options exist for us and most veterans know that, over 90% of US veterans know that!

- As a start in the right direction, the same US Supreme Court removed VA's immunity to legal tort. Amending the 1950 Feres Doctrine, The Federal Tort act and other recent legislation such as National Defense Authorization Act opened the way to redress via veteran lawsuits removing VA and Military immunity to prosecution for malpractice, negligence, and for murder placing all liability onto those culprit criminals. Sad that it required a national veteran and soldier suicide epidemic, 100 veterans and active duty soldiers suicide every day, to prod our Washington DC looters off their assets to take seriously and begin a remedy. The DOD & VA agencies whined to Congress and US Supreme Court to protect them. Both refused to help - you created your coffins, lie in them. Privatization now is a given as VA honchos seek to offload liability elsewhere, which means getting rid of useless civil service and other useless entitlement government employee overhead.

- Should you choose to run the VA minefield, good luck. As the civilian hospital doctor said to me when I had not choice but to transfer to a VA regional hospital, 'May heaven help you.' You will sell your soul and decades of precious life in hell trying to get anything except a butt load of suffering from that corporation. Should you manage to get an award of any kind...it will be costly and hard earned to become another VA slave; get out of line, piss off some power crazy bureaucrat or when budget cuts come the first loss is your hard won benefits, such as they are... How it awards the rare 100% ratings and approvals remains a mystery. Probably quotas to meet PR and profit margin requirements in publicly selling giant, porky lies mixed with a grain of truth...the spoonful of sugar that makes swallowing their 400 billion dollar annual budget poison easier for taxpayer's to stomach.

- Understand that from onset VA is never wrong. Look up unethical, lie, deny and blame game in the dictionary and VA's picture is right next to Hitler's Nazis – no disrespect to 'ol Adolf...at least he was honest about what the Nazi's did, VA would not know honesty if it walked up and peed on its leg. Every scandal and crime always is veterans or someone else's fault...that is you and I by the way. Get accustomed to it; those employees fabricate and scheme up CYA lies to make sure they always are right and veterans are always wrong. Self-deluded VA employees fool only selves like a child that says, 'You cannot see me cause I have my eyes closed.' They think and treat us like we are stupid dog shit under a doormat. In the corporation's kangaroo system, it gets away literally with murder. What it greatly fears is civil and criminal tort...where it does not rule as in its phony tribunal system. ***This is only a recent change to a 1950 US Supreme Court decision the Feres Doctrine which granted it legal liability immunity from criminal and civil tort consequences & damage awards.*** In criminal and civil tort, an employee

can be imprisoned and sued same as anyone else under US constitutional and English civil and criminal tort law systems. VA scapegoats any person or persons to avoid involvement as co-defendant and cooperates with state and federal courts to stay out of lawsuits and another media scandal by selling out anyone, especially employees. Remember lawsuit proofing 101. As liabilities, they are more expendable than FAT cash cow vets. There are many ways to fire a bureaucrat and without it sticking to the company. I call it company 'Teflon coating,' which is like lawsuit proofing 101. More about that later in this dispatch. Nobody is discharge proof not even the sorriest excuses for humans working at Veterans Affairs. Never forget that and use it to your advantage!!!!! Best advice is avoid using VA altogether like over 90% of US veterans that do not.

- However if you must use it, here are suggestions that hopefully will keep you out of serious trouble. Never get violent or let them set you up or push you into it. **Any bloodthirsty psychotic that still wants to cripple and kill as a solution to anything never learned his or her lesson from war.** Better ways exist for taking down an adversary. US is a nation of laws constantly used to enslave and jail us; learn to use them to ***your favor.*** When on VA property, always have witnesses with you even in or outside the rest room if possible. VA hides behind 'privacy' laws while disregarding those same laws that also protect you. When found out many now face slander, defamation of character and liable suits in outside tort. Use your I-phone features as backup witness...record all phone calls and interactions with them **only for your records of reference**; then you do not have ask their permission to do so...they definitely are secretly recording you!!! See a lawyer for more advice. Personally, when I must do this much to self-protect, it is not worth it; which means time to get away from such disturbing elements. Research <u>*real*</u> veteran blogs and read those experiences so that when subtle danger signs begin you will recognize them and know what to do in self-defense. Real blogs are those **without** VA propaganda shills influencing or running them. Real veteran blogs are becoming extinct on mainstream Internet due to VA censorship, trolls, shills, take down notices, and worse. However, ways exist getting around Google and search engine, in country, censorship, and it is up to you to find them. Beware VA's lying online shills and trolls. After a while, one easily spots them over authentic posts. Many site bloggers quickly identify & tar trolls and shills, proper. If you happen onto a blog of only positive posts, run from it. Content is corrupt, censored and shill controlled in an ongoing PR propaganda war by VA against the vet underground telling the truth: VA lies while veterans die.. Site owner's wimp out with lies such as negative posts make them look bad; <u>***I will tell you what makes them bad, censorship!***</u> These same phony sites profiteer hammering visitors with hundreds of click bait adverts playing chicken little to the veterans crisis. With experience, you will get the hang of figuring out what is truth. Truth cannot be hidden; it can be perverted and mixed in a sea of lies, like pepper flakes in a pile of fly specks...this also is known as propaganda. People think the whole pile is pepper and eat fly shit wondering why it tastes so bad. When you have negative VA horror stories and post them, the trolls will pop out and 'flame' you straightaway. Mostly these are scared Aunt & Uncle Tim, Tom veterans and VA employee bureaucrats terrified of losing their benefits and useless jobs. Ignore their provocations and character attacks trying to engage you into a shit slinging war; ***remember what a person says and does always is about s/he, never you.*** Not even the best fool can argue with silence, not even my ex wife. **Be always grateful for one thing in such attacks: you are not this sad, insignificant, person – naked to the world while being a complete, pompous ass in trying to prove a self-image.**

- When dealing with VA, keep good personal records aka paper trail documentation. One option is a digitally recorded journal backed up with 'BLUE OR BLACK INK HAND WRITTEN ON PAPER' transcript of all interactions. You will need them as will your relatives should you end up as another *veteran suicide or 'accident*.' Never trust them; too many of us go into VA naive and trusting as lambs into a lion's den. Only to discover our folly too late after being torn apart by that system and its people. Do your research on veteran blogs and other places learning from their personal experiences; Disabledvet.org is a good starting place; just lurk and learn from what other veterans write. You must sort through a lot of BS before finding the pearls of wisdom. Remember, the ratio of those posting their experiences vs the lurkers that do not is 1 to 9; perhaps more. Folks often must hurt very band and be royally pissed off before that anger goads them into going public & online. For most that is brave move. Trolls know that and do their best to intimidate them back under their rocks of submissive silence. Try to encourage those who speak up and out should any of you join these veteran BBS to air personal experiences. While in waiting rooms, observe and listen; ask questions and learn from other vets who already made the mistakes that cost them dearly for their ignorance in a century old system set up against all of us from the very beginning. You cannot unlearn, un-hear or un-see anything; the knowledge will pop up when needed.

- I do not call VA adjudication, justice... it is Nazi injustice and worse. Agency administration towards veterans is what Jews underwent in Nazi Germany during WW2. On a slow day, if lucky, a Jew got a 2-minute, mock, speedy 'fair' trial and shot, hung or gas chamber execution immediately after it. Are you a Jew? Guilty—bang. Next prisoner. Same for veterans facing Nazi VA except for the lengthy administrative process designed to keep useless, tyrannical, boot licking, bureaucrats employed dragging out predetermined sentencing and punishment, VA's motto: *we always give a speedy, '**fair**' trial then hang you afterward.* Caveat Emptor.

- Understand that these schmoozing, backstabbing, Nazi bureaucrats constantly look for any tidbit a veteran says, does or writes to use against s/he. This system is no different than Hitler's Nazi Brown Shirts or SS, Stalin's 'orgs' in his communist gulag system. VA employees are so unethical and dishonest that out of laziness they make up and record lies patient records instead of asking for facts blaming the veteran for all his or her problems. All that disappears should an outside court issue a records subpoena for them. ***For instance, a misogynist, VA despot, adjudication officer from hundreds of miles away blamed my mother...in having a birth defect – me – as reason for my service related problems on an initial claim over 40 years ago, and put that in writing.*** Talk about lazy arrogance!? Now they are quite shy about issuing such evidence!! The agency is well known for spiking vet urine and blood tests with illicit drugs or other contraband while constantly searching for any reason to blame veterans for their problems and deny claims. If you suspect this, visit a civilian doctor for testing before the VA clinic visit. Most illicit drugs take weeks to clear the body. Have backup…. The fools are so lazy that when something odd shows up on lab or other tests, they do not ask a veteran or look through his or her records to see if it was VA prescribed. Automatically they jump to "I gotcha" conclusions of guilt straight off the cuff blaming the veteran to deny our benefits. A MHC case worker after reading my current lab reports for inconsistencies, sent to her by a PCP, NP- clinic waitress playing doctor who could not read labs well enough to explain them to me, accused me of being a naughty drug user. You should've seen the stupid look on her face when I told the woman that the 'contraband' in my urine and blood was prescribed by two VA practitioners for a service-related problem… Look it up, Ms. R, or if you wish, I have the bottle and VA

pharmacy patient information sheets and can bring them in on my next visit, or mail them to you. Furthermore, if you find contraband in my test results VA put them there. Very quickly she dismissed me...boring conversation anyway. The idea was to tag me as an illicit drug user. Get used to that 'stupid VA employee look' on their faces when challenging an employee for their incompetence. You will be considered insubordinate and face punishment, proper. They assume that all vets are stupid-morons unworthy of their audience. You will experience a lot of that. *In my opinion, only one question exists on a VA job app: are you the village idiot, yes or no? No? You have potential. Reapply in 90 days. Yes!* ***You are hired – start now***. When VA hires an occasional good employee, the person quickly becomes fed up and quits or lapses into '*I only work here apathy*.' Good doctors and nurses in particular can go anywhere in the medical market and do so post haste. Doctors and nurses never use unemployment because there always is a job for them, always!! The remaining VA dead wood cannot get anything better than as a clap clinic employee located over a ambulance chasing law office. So, these losers sucking the taxpayer sugar tit robbing Amerikan's stupid.

- **VA taught me that reincarnation is true, doubt it? Go into any VA facility at quitting time and watch all those comatose bodies come to life, and do not block an exit; the stampede will kill ya. Hail, sweet Jesus!! It is a miracle watching so many lifeless bodies rise from the dead! Sorry, son of god, VA owns this miracle.**

- There is a difference between service-*connected* and service-*related*. Service connected is when VA grants a disability rating between 0-100%; **yes – they actually give '0' % ratings!!! Hold that thought there is a dirty trick behind it!** Service related means the agency denied an injury even though evidence clearly shows it was caused in service. What that communist system refuses to know does not exist – aka willful stupidity. You cannot win at this fool's game for two reasons. ***First, the idiot is better suited and more experienced at being a fool. Second, in blaming you for all your problems any self-defense might confuse observers into mistaking you for being the VA, village idiot.*** VA has been denying veterans their benefits for nearly a century. From the moment of its creation, scandal plagued that agency same as BIA via wholesale government theft of resources granted by and in cahoots with Washington DC lootership. Again, I'm not sure how VA awards benefits in their, perverted C&P crap game. Caveat Emptor and good luck dealing with that evil empire. Maybe what is written here and in veteran blogs will help the reader negotiate a benefits, landmine field that each veteran must negotiate to get anything at all out of these criminals. In reading this dispatch, keep what works and toss the rest. Again, good luck because you will need every bit of it. Walk carefully or 'click and boom' you lose.

- VA charges veteran privately purchased healthcare insurance for any non-service connected services it renders. The firm constantly reminds us using 'Judge Dredd's' in your face military force – from the movie *Judge Dredd*, '**It's the Law!**' The law requires that if one has private health insurance s/he must give it to VA or else…. Remember profit loss balance sheets here; you must be profitable to VA to remain in their members only club. Private insurance is cream on top of sweet milk already received from taxpayers funding the useless agency. All this non-sense of different federal budgets is hogwash. The same US Treasury Department collects and disburses all tax money as part of the same US government funded by all taxpayers. The budget subterfuge is simply to confuse the unwashed masses into not seeing why what they pay for is rationed, wasted, stolen or denied. All taxes float government broken promises which

really fund government and nothing but government!! I call it the Wimpy con: '*I will gladly pay you on Tuesday for your hard earned resources today*.' Problem is payback Tuesday never comes. Every government exploit going on in America was gleaned and perfected from other governments trials and tribulations robbing the taxpaying goose of its feathers while enlisting the least amount of biting and hissing. 'Ol Queen Marie and King Louie, stars of the French Revolution got too greedy and the last thing they recall were angry mobs and 'CHOP' when the guillotine blade separated their heads and bodies into separate baskets, which was birthplace of different government budgets and associated fraud. Tax that butt-heads. Every politician realizes that torch carrying mobs The French Revolution redux and Auto da fe party's roasting them as live '**steak on a stake'** can suddenly become in vogue again if they PO the people beyond our breaking point. That is why keeping us divided, infighting and conquered in their bread, wine and circus tents is so important. Even the US Social Security System came from Otto Von Bismarck's, Weimar Republic Social Security System designed to fund government, which taxed people 'now' of their hard earned resources in a pyramid scheme exchange for broken promises of future reward, using the money to fund ever expanding, slothful government. 60 years later when an aged population demanded payment, the bankrupt republic folded and that collapse ushered in the Third Reich or third empire – Hitler's, Nazi Germany. After over 90 years of Socialist lootership, US now faces the same consequences... VA is but one symptom. History always repeats not in the same way but nonetheless, repeats. All empires implode from within. On 01/21/1977 **America** died and **Amerika** was born to replace it.

- **Remember 'yes – they actually give '0' % ratings!!!'** One very big reason VA is so stingy with service-connection ratings is that it cannot legally bill private insurance for treating them. That is against the law and VA got caught by insurance companies breaking that law and landed into big time trouble for insurance fraud; one of many such crimes against insurance companies of which they are most intolerant. Guess VA has been robbing taxpayers stupid so long… Therefore, it is very stingy with C&P and other ratings for that and similar reasons. **To stay with VA you must be a profitable $$cash cow$$.** Moreover, **insured veterans** ***and their insured dependents*** have priority over the charity cases and forget about their deadbeat dependents...can you say the real, secret reason why over 300,000 vets died on hush-hush waiting lists from lack of care? $ Money $makes $VA $go $round, VA go round$$$$ Forget all that altruistic, patriotic cobble, stereotype porn that it vomits on dumb masses via mass media propaganda about all the wonderful things it does for us. No member's only club card unless you are profitable. That goes double for the phony veteran charities profiteering off vets.

- Retaliation towards VA employees and veterans who speak up 'rocking the good 'ol boy & girl entitlement boat' is rampant at VA, Inc. Secrecy, hush money, fear and more are how the company has gotten away with lying to the public, Congress and murdering veterans for nearly a century. Anyone who tries to help vets and improve the broken, dis-organized criminal system faces brutal retaliation – including murder. Employees lose careers, face character smear and worse. Veterans suffer the same. For any insubordination we are placed on secret ***'DO NOT TREAT'*** lists, denied benefits, and appointments. Insured veterans get appointments but are denied any or care during them. One must be in a VA clinic or hospital for billing to charge insurance companies; beyond that nada else! IP or identified patient vets are crippled or gravely harmed and murdered by 'oops' on purpose drug or surgical mistakes including what goes undiagnosed - remains untreated. We vets face similar childish harassment of character

smear, repeatedly created and canceled appointments, appointments made without the vet's knowledge then listed as 'no show,' so that when s/he misses it VA CYA smears his or her integrity while still being paid and more. Heaven only knows what VA employees place in vets' largely secret records that remain unknown to anyone except them. Should outside investigation demand them, ***Poof*** VA IT deletes them proper. We cannot give you what does not exist....anymore. Does any of this sound like freedom to you? VA controls what it releases from internal secret lists and records. Lost records, denials, delays and total abandonment are common punishments used by this US Socialist HCS, aka known as the worst US healthcare and benefit system in this nation. That is the face of govt run, US Socialized, medical care.

- Veterans, either never enter or those who can vote with their feet and self-privatize out of VA hell care. ***Those trapped in it exit via one-hundred veteran suicides daily, from not getting needed care from Amerika that are mostly censored, minimized and ignored by mass media and public***. The rest simply suffer and die alone. VA employee fear is so thick one can carry it in a bucket, cut it up and use the pieces for ice cubes. **Rule by terror and oppression is Socialist VA. Rule by terror and oppression was Nazi & Stalin's Gulag system in Socialist Russia and Germany. Rule by terror and oppression is Mao's Communist China. Can the reader connect these dots?** Should a vet or employee speak up or mention improvements, s/he is listed as a troublemaker and punished accordingly. When Trump and Mr. Wilkie briefly managed the system, that fear forced VA to make half-assed cameo appearances of helping veterans. For instance, management placed 'Speak to the Director' suggestion boxes throughout facilities. Months before Trump and Wilkie left office, all those boxes disappeared and any 'suggestion' now is, again, considered 'talking bad about us' and summarily punished. All prior dog and pony shows were cover should undercover investigators, journalists or other monitors be hanging around VA facilities - watching. These still exist.

- There is a price for standing up for self. Much of the retaliation I experienced was VA employee hostility openly and clandestinely because after being initially refused help, un-like the hundreds of thousands of veterans that died from the same fate in an 8 year period under Mr. 'O,' I sought assistance from newly appointed VA Secretary Wilkie's office, which added me to ranks of scorned employee and veteran 'whistle-blowers.' Be advised, if you openly complain at all, whether to VA or outside including to their superiors the same stigma will brand you forever. The employees are destructively sneaky, immature, criminal brats. Until the laws changed, they could literally get away with crippling and murdering veterans without any punishment. Old ways die hard and many still are doing that which is why one should be very cautious and keep very good records. Stay frosty for danger signs!!! Old ghosts do return to haunt their murderers. Just ask the nurse hospital ward & waitress that mass murdered 7-21 very sick hospitalized veterans at Clarksburg VAMC in West Virginia. **That is government medicine folks.** When one has no other choice, as in full-blown NHS, it is death by medicine should one cross the system for any reason. **Perchance that is why those living in Socialist countries that *can afford to* come to countries like Mexico, US and other nations with capitalist medical systems do so for their care?** Veterans trapped in the VA system cannot leave it except via suicide; *death is the only freedom for a tortured slave*. 24 VA caused, veteran suicides in 18 months on different VA campuses screams 'USA, FOOLS WAKE UP' there is something very, very, wrong with VA Socialist medical care, 'WAKE UP' before this becomes

your prison of worst nightmares, too. These reports were the only veteran suicides that got past media censors! Many, many more are never reported at all or are documented on death certificates as ‘other’ causes to hide national criminal shame of the veteran suicide epidemic!!! 100 veterans and active military per day suicides and almost none make even a blurb in US media. Do you really want to drag your babies, children, family, parents, selves into such a hell care as is Socialist VA, repackaged and relabeled as NHS? Same complaints listed here about VA exist in Canadian and Great Britain's NHS. Cause trouble in their perception, one still pays government to support a sorry system but does not get anything for it similar to what VA system is doing to veterans. Socialized Healthcare is that in Toto: pay for substandard care or for nothing but we still pay and dearly for our servitude and a noose around one’s neck.

- ***VA employees think that the ‘powers’ running a 400 billion dollar annual budget enterprise like VA play hide the wienie with page boys and secretaries all day.*** ***Never have they heard of undercover, corporate intelligence, which is why it works so well***. So does undercover journalism! That troublesome veteran arriving with a whistle-blower reputation, smelly old housekeeper with a discipline problem, sweet scheduler and ‘Avon” marketer on the sly, new nurse with a drug habit, ‘bookie’ motor pool mechanic or driver or other is *undercover intelligence* observing and daily sending home reports to the head honchos about what is going down at the lowest levels of the empire. These people test various parts of internal systems; sit as a waiting room mouse listening, observing, and recording on I-phones while it appears they are playing video games or some other cover. The **sudden** new employee or vet arrival and **sudden** departure moving to a new assignment never occurs to those arrogant bureaucrats that they are under investigation. Then the fools wonder why their jobs flush down the toilet for more cost effective, less liable replacements. This is to protect profits, stem losses and the next lawsuit & political scandal in the bud. Top honchos are clever to get rid of employees without leaving a finger print. Such as when an employee is suddenly reassigned to a shit-hole clinic or hospital office next to the boiler room or a filthy outbuilding, then told to stay in one spot all day counting paper clips or with nothing to do while expected to look busy. Located in a working environment surrounded by ugly coworkers just like s/he, all there for same reason under a “Big Brother or Sister that is always watching” micromanagement, tyrant boss, demanding realization for each employee’s time. Ever try to do that with nothing to do. That is not harassment or discrimination at all. It is your job. These days internet misuse trap & mischarging is very popular. Stealing govt assets goofing off all day surfing internet sites on a traceable media, which is mischarging. The boss need not monitor you. ‘Big bro or sis’ computer does it all for them. Same treatment whistle-blowers get but reserved for unacceptable employees. Being caught away from the work area except for designated breaks or toilet use too often is also a demerit. Vague claims of not doing your job means charges of mischarging, insubordination, incompetence, idle time, and far more dereliction of duty resulting in bad job performance reviews, while reasons for justified disciplinary action grow against the employee. Doing something like that all day mentally, breaks down a person very fast either into quitting, retiring or permanent admission into a mental ward. It is your job like it or leave it, which is the whole idea. That is when abusive workers get a hint of what corporate intelligence means on their last trip out the door babbling like a loon. This tactic is purely legal and effective. How does it feel when VA Inc. turns on you VA employees as you have veterans. When the aggrieved ex-employee files at the labor board, for workers compensation, etc, s/he encounters the same corrupt stacked deck, as it were, against s/he that veterans experienced by

VA employees denying our benefits. How does it feel, abusive VA employees, undergoing the same misery you folks deal out to veterans? What one sends out always comes back. Next time you are rude and obnoxious to a veteran customer, keep in mind s/he might be an undercover corporate intelligence employee reporting you back to HQ, and it is very unwise making your superiors look bad – anytime.

- VA cooks books on employees same as it does on veterans that make it blameless in a workers compensation claim or other liability, which is nearly as deplorable a system as VA's criminal system for veterans. I have absolutely no sympathy when bleeding heart AFGE in news bites present this poor little me employee being oppressed by big bad VA. When you know the true reasons and history why then it is obvious this victim harmed many veterans to earn her correction. ***Who watches the watchers?*** I am not talking about messengers hung out to dry degradingly called whistle-blowers who seek to improve the system. I am writing about those dildos that definitely need to learn corrective actions about how their actions punishing others simply because their official office or position allows them to do so exploiting others. Despotic VA beasts projecting the evil in you onto others carries a stiff price. Karma is The 'Pumpkinhead effect.' Once created and released the cycle must complete; it is neither convenient or clean. You create and release it and must suffer the consequences. Moreover, AFGE does not represent rank and file; it leaves them on the wallflower bench to dance with its owner – VA; all it wants from union workers are dues while misleading them to think otherwise. The golden rule is that which holds the gold, makes the rules. AFGE workers, how does it feel being expendable dog meat and treated as you have been mistreating veterans by those who hold the gold and own you? What goes out always comes back with interest. If one could view the Texas 1 star rated VAMC HCS as a sugar cube and corporate intelligence as ants, that sugar cube is crawling with undercover, corporate calling home about the institution's, specifically employee - activities. When the blade falls, those at the top already know where and whom to unmercifully prune. Your union leadership will express the same outrage and other political subterfuge at these 'injustices' to your faces while selling you out otherwise in self-preservation$$$$. With the old DC Socialist political mob back in control, those folks have been grinding a pruning axe the last four years awaiting the chance to bury it, as it were, for the Obama VA scandal and embarrassment that cost them the 2016 national elections, damaged the US Socialist party and retarded US plans to once again sell NHC to peon masses. Start of that process is VA recidivism reclaiming the agency to pre-2016 disaster with veterans again crucified on patriotic crosses. Those dissatisfied vets that can are leaving VA and leading the way for the rest to follow. Reduced vet numbers means fewer employees. VA is giving Socialist medical care a very bad name, which is upsetting US NHC promoter's plans to woo the public into buying that white elephant, dark horse for selves, their babies and kids.

- Here is a brief compare and contrast of private medical vs. VA Socialized HCS. VA HCS costs almost three times that of private for far less in return. Per personal insurance billing advices listing charges for private and VA PCP office visit and lab work in the same week, month and year, VA charged to my private insurance over six hundred dollars to see an incompetent nurse 'practitioner,' who could not read labs well enough to explain them to her or a patient. She did nothing out of sheer incompetence and because of a 'DO NOT TREAT' order placed on my records as retaliation by a malpractice doctor that I fired and complained about to the director's office. That same office visit and lab work to see a private MD was only $211.00. The MD practitioner read lab results so any layperson could understand, made suggestions to improve

my health, treated and renewed prescriptions and much more. My obligation, in addition to expensive health insurance premiums, was a small co-pay, which was well worth it. Getting anything from VA is like pulling a chicken's teeth; follow up? If one gets anything at all from VA, is in hoaky slogans such as – thank you for your service...wish I could say the same for VA disservice. Private care staff treated me with respect, courtesy, with follow-up calls to ensure that I was satisfied. VA staff mistreatment from rude, crude schedulers, receptionists, gofer nurses and those pretending to be doctors was rude, disrespectful, phony, condescending, demeaning and ugly: I felt like dog shit under a VA doormat or stuck to bottom of their jackboots. One pays far more and gets far less return in heartache or nothing at all from Socialist government run medicine. Private care works; Socialist VA does not.

- Another VA dirty trick is the CYA '0'% disability rating. This is a personal onus cop out of sitting on the fence: the neither nor rating. One is neither denied nor awarded a rating. The reason is when you finally get a job or other means to afford private healthcare insurance VA charges it for rendered 'disservices' used at its hospitals & clinics for unclassified service connected illnesses. That is right, in addition to taxpayer subsidies that you pay via income taxes and benefits earned through military service, **VA also charges your private healthcare insurance so <u>it is paid</u> for the 'benefits <u>you</u> earned and deserve.' Is that not special.** It cannot do so if the illness is service connected; only for non-service connected items can it legally charge a veterans private HCS. Vets remember; if you are not a FAT cash cow profit to VA, it will not let you in their member's only club!

- Socialized VA health care is the most expensive ever! I have paid federal taxes nearly 55 years funding parasitic bureaucracies like VA and will do so until I die, suffering lifelong slavery called freedom. I was drafted into military service with a gun barrel in my back held by Socialist government and their 'we the sheeple' mobs calling it freedom. True freedom stands alone and needs no further introduction; however, in Amerika, one is constantly reminded that s/he is free. If that were true, there is no need to keep reminding bread, wine and circus occupants that they are free. The difference between the other Socialist, Communist countries and Amerika is they are truthful about what they are and do. US would not know honesty or truth or freedom if it walked up and peed on its leg. For those of you who would tell me leave here and go home, sure thing. Where do you live Binky? So, I can put up a tepee in your front yard. This is my home - you are the intruders. My ancestors paid dearly to get out of those reservations, dearly. I am grateful to them for having the guts going up against all odds of doing so. I lost some of the best years of my life, family, friends, health and more from forced military duty serving this ungrateful, country. If military duty and jobs are so great, why is one marched into them with a steel bear trap enlistment contract clamped to his ass and a gun barrel in the back? And why is that forced 'freedom' only for an exploited 'chosen' few and not for everyone, including women? All volunteer is different from way back when during the draft. It fails to maintain US military force staffing and will return. This time with more fairness extending freedom of the draft to Amerika's fine liberated ladies. When I finally got past the denial labyrinth to use VA 'benefits that I earned and deserve' the whole system was and remains a sham, farce and complete fraud existing to provide welfare checks and perks to freeloading, government employees. More freedom paying for that via voluntary compliance, again with a gun barrel to the head. Then when using it, I must pay the firm with private insurance that I purchase for more suffering because VA's 'Judge Dredd' is barking "***<u>It's The Law</u>***" That law is when a vet has private insurance, s/he must provide that information for separate billing for vet

exploitation and the firms dis-services, in addition to taxpayer funding. ***Most vets are taxpayers, too – BTW.*** Do you now see why C&P rating denial is almost a given by their phony soldiers workers compensation system. That is Socialized medical care Amerika...wake up before it is too late or you will suffer this as well. See Avic Roy's informative Forbes article, ['*VA is not Obama care, it is far worse*'] for a brief outline of what to expect should US goes full NHS as did our Socialist counterparts such as Canada, England & Sweden, which after bankrupting those countries GNP and economies, they now abandon their failing NHC systems, proper – returning to private care. Socialism has one consistent track record: it fails 100% of the time everywhere it is tried, with disastrous results to any sleeping *We the Sheeple* nation that lets in the beast. Amerika, if you can get off the free lunch & sugar tit for a moment, take a good look at this country's bankruptcy from 90 years of wrongheaded Socialist control. Learn to spell communism because it is *in your face*.

- ***The most damning indictment and dirtiest trick of all that VA cannot suppress, shake or spin its way out of, Frankenstein's monster that VA created and owns in toto is the veteran suicide epidemic.*** VA has attempted to scapegoat everything from Trump, Wilkie, a Right Wing Conspiracy, the Chinese, Russians, a boogey monster under the bed, the American people, US society, Martians, blamed NRA and guns, played poor little me-too victim to alleged fake news from CNN, USA-Today prejudice, ad nauseam, ad infinitum. It plays a red-herring, propaganda bingo card games with the public: today it's 18 vet suicides, next week 20, last week 22 – **BANGO**!! Veterans lose and die. VA lies while veterans die by suicide at 100 per day. Amerikans don't you even wonder why? What phony numbers will VA spin out of its pie-hole next? During an 18 month span from 2017-2019, 24 veterans died by VA caused suicide on VA campus parking lots, in facilities, and elsewhere on and adjacent to them. Covering up the atrocities hiding behind privacy laws is much harder for VA to spin its way out of when done on adjacent public property governed by civilian laws, mass media and police control. Two published accounts were of veteran self-immolation, one on the front steps of a VA hospital and the other in a peaceful grassy area both protesting horrible VA veteran mistreatment. If the dogs and cats VA mistreats in its research facilities could do so, they would self-torching in protest with those 'war dog' veterans!!! There are many more veteran protest self-immolations all censored to American's by mainstream Socialist mass media and web browsers. This same protest occurs in **Tiananmen and Red squares in Communist China and Socialist Russia respectively.** US media howls in our faces about those countries' dirty laundry. It remained mostly deaf, dumb and dumber about those same protests in Socialist USA. These instances got only brief mention by mass media...while far more of the iceberg remains under the water ignored, minimized, censored, spun and PR'ed into some other political issue such as gun control to destroy US Constitutional first and second amendment protections. ***Note: US constitution and amendments do not grant people our rights. Those documents are contacts between the governed and our governors as our servants agreeing to behave. We still hold our rights to fire them and self-govern. Somewhere in the bread, wine and circus tents people either never learned or forgot that creed, and allowed the servants to become their masters.*** All these distractions are red herrings away from the truth that over 90 years of disastrous Socialized medical care and other wrongheaded policies are root and cause of veteran suffering and suicide epidemic. Truth, 85 veterans and 15 active duty soldiers die by suicide every day. Read the report if you can still find it uncensored!! BIA and VA are Socialized disasters few ever hear about...known only to those of us who suffer and/or have suffered them; ever wonder why? The following describes the attitude a veteran encounters when seeking hell-

care at VA. **I saw a VA psychologist for over a year who offered exposure therapy to ease my symptoms, but ultimately made them far worse, to the point I became suicidal. I felt confident enough to tell him that it wasn't working and he responded with, "*You know I am doing you a favor by seeing you.*"...getting in touch with your doctor through the VA is like killing yourself—so it's a lose-lose situation. Kat Kaelin The Havok Journal February 28, 2019. From my personal experience with VA, she is so right.**

- ***Another VA dirty trick. Pampered VA bureaucrats view any veteran who seeks MHC help for suicidal complaints, ideation or attempts as harassing them! That's right, harassing them! So they badger, hassle, demean, intimidate, minimize, ignore and in some cases actually encourage the troubled human being to self-destruct before ordering VA security to forcibly throw a suicidal vet off government property into the street. In one recently published case, an ER doctor screamed, "I don't care. Let him kill himself..." Then ordered security to physically throw the patient out the door. Four days later without help, the vet killed self.*** VA instead of dismissing the offending doctor gave him a bonus. When CNN, USA-Today and other news agencies and the family lawyers raised hell, their protests embarrassed Washington, DC, elected lootership during an election cycle. Under pressure it pressed VA into dismissing the ER doctor nearly 10 months later. **He kept the bonus.** Is it any wonder why Amerika has a veteran suicide epidemic....that VA denies like it does everything else...except for millions of misappropriated taxpayer dollars to treat and prevent these suicides sucked from the Washington DC sugar-tit...saddle up piggies...last one in gets a dry nipple, as it were....Amerika keep sleeping under your bread, wine and circus tents...Americans including a majority of veterans have never given much consideration to how their actions negatively affect other people. The 'Hooray for me, I got mine so to hell with *everyone else*' allows them to go on without a care at all about *'everyone else.'* It is no wonder that Amerika exploits vets considering the way they fuck over each other to 'get mine.' No one cares until hardships & consequences once faced only by '*everyone else*' visit them. Socialized medicine is coming for you and yours....then nobody will hear or care about your tortured & dying screams, either.

- The following is but one reason why everyone seems to find great interest in watching drying wall paint instead of approaching why so many veterans kill selves on VA campuses or even at all! Another deadly dirty trick that VA owns is that VA practitioners drug and psychologically terrorize suicidal veterans during MHC sessions in clinic and hospital back rooms...before turning a strung-out, self-destructive person loose to finish the job. Thinking it too clever by half in not dirtying VA hands directly. Media is equally in denial when acting as VA shills, writing milquetoast articles...*'it could possibly be a protest' or 'their actions remain a mystery, after all – VA provides **free** vet care on par or better than private sector' and other bald faced lies.* Nobody openly asks why over 90% of all US veterans never use or set foot in VA at all? VA's skewed numbers are that 87% of all US veterans do not use their system!! Those that remain, are trapped, prison inmates without anywhere else to go. **Chew on that a minute.** VA mistreats fewer than 10% of all US veterans trapped in its system at a cost of 400 billion dollars annually and cannot get that right?!...I know, its so hard, poor babies – suck, suck, and suck that sugar-tit some more. Moreover, the only decent care I got while in that hell-care system was from **private** contract doctors or medical school residents and contract nurses, who were real nurses, brought in to crutch incompetent VA medical staff. Not a single VA staff nurse practitioner or doctor can treat his or her way out of a paper bag! VA hospitals are filthy,

unsanitary, training facilities to overcome medical ignorance practicing on 'war dog,' veterans, dogs and cats as live animal experiments similar to German concentration camps and Japanese Unit 731 during WW2. Nazis were not defeated in WW2; they relocated to US and set up companies such as BIA and VA to continue their evil deeds.

- VA and US stoop below the cesspool profiting from veteran suffering and suicide... Nothing new for this nation considering the largest genocide did not occur in Nazi Germany; it happened in Amerika. Home of the longest, bloodiest ethnic cleansing known in human history. Another Amerikan first. Hitler and Stalin studied the US's final Indian solution then improved on this country's methods implementing their final Jewish and Russian ethnic purges to a fault. However, combined they remain pikers in not murdering as many innocent men, women and babies as the USA. *After the US freed black slaves*, white and black US military and agents hunted the buffalo and original nation people to brink of extinction before a spark of sanity in early 1900's stopped that madness. Can you see the significance in that? After black emancipation, black men joined the US Calvary as Buffalo Soldiers to butcher red skinned people riding side-by-side with their former white oppressors. I would think the black nation after regaining its humanity after thousands of years as slaves, 200 of them in US, that US blacks would have learned and known better than to do such evils. ***US black nations learned nothing at all.*** After the 'Indian Wars' ended, Buffalo and Horse soldiers herded Indian survivors on 'The Trail of Tears' and other death marches into US concentration camps called Indian reservations, where they suffer today. Then they abandoned those who did not die en-route to wither and die on wastelands not fit for human life. Living conditions in those camps remain below the worst of any US ghetto, black or otherwise. That atrocity was then placed under Nazi US dept of the Interior and BIA oversight, which is like Nazi VA but for Native Americans. BTW, many of them are also veterans that fought this country's wars serving the nation that oppresses them. ***Native Americans are far more forgiving than any oppressed race that I know... They were the meek that inherited the earth until 'fine christian pilgrim immigrants' placed them in death camps, gulags and chains.*** Nice export Amerika...and the blacks bitch on; compared to original nation people the black nation lives like queens and kings. VA continues the Nazi tradition experimenting on lab monkey 'war dog,' veterans, dogs and cats...people protest about cat and dog mistreatment; yet, human veterans remain non-represented?! Amerika, you are a very sick, hypocritical nation, indeed – do not even talk to me about human rights violations going on in other countries; look at the Made in Amerika cesspool you deny under your noses.

- Another deadly dirty trick: VA as the 'pusher' extensively using drugs to cripple and kill veterans and to keep them addicted prisoners in the worst healthcare system in this country. It created a national opioid epidemic along with the vet suicide epidemic all by self. Creating both problem and resolution that elected lootership in DC threw more money at to keep the hounds off their tails. Another red herring of crisis management: never let a profitable, self-created crisis go to waste. Possible only in Amerika while the sheeple remain fat, numb and dumb sleeping under bread, wine and circus tents...until their turn comes. Never underestimate the damage that numb-nut bureaucrats with a scrip pad and massive 400 billion dollar annual taxpayer budget can do while sucking unearned entitlement off taxpayer sugar-tits. Amerikans be scared, very scared...this is here and you are next.

- VA maintains secret 'DO NOT TREAT' lists and other internal punishments to retaliate against insubordinate, 'troublesome' veterans. In other words, to punish and reward the lab monkeys in power games controlled by matriarchal, bigoted, misandrist nurses running the place. Dirty tricks that fall in the miscellaneous dirty tricks bag. That is another side of those who died on secret waiting lists during Mr. 'O's' administration and since. Over 300,000 veterans in one 8-year administration died from rationed medical services that never got to them. Another dirty secret is veterans **and their non-veteran dependents *with private health insurance*** have priority over the 'charity' cases GAO already pays for whether mistreated or not. VA is an HMO, it receives 'capitation' payments for each active, live, veteran on its rolls. I write 'live' because VA was fraudulently billing GAO for treating lists of long dead and buried veterans; it is true, VA was claiming to treat ghosts in VAMC facilities. GAO quietly ended that scandal in the bud. Therefore, ghost veterans are not allowed on those active capitation rolls anymore. In other words, like any HMO doctor, it is paid by the nose to keep those patients out of their offices in lieu of seeing insured, cash in hand, paying customers first.... the scheduling scandal did not mention that in mass media news bites. I wonder why...

- VA Socialized medicine's longest dirty trick creates an artificial scarcity 'black market' in plain sight. That 'black market' controls and rations overpriced services to those people trapped in the system who use them. Same criminal elements that controlled this entire country during Great Depression and WW2 economies. The same prohibition economics that created violent organized crime ruling the alcohol black markets and governments from one horse municipalities to Washington DC in early 1900's. Well after those national crisis ended, rationing and black markets continued to rule the people along with high taxes on production controlling income, wages and prices that funded US Socialism until The Reagan administration revised US policies breaking down those controls. The drug war replaced Prohibition and even a deaf, dumb and blind squirrel can see the devastating destruction to this country from that ongoing SNAFU! **That is Socialism**. **Something has to pay for Socialist parasitism!!** That host whether black or legal markets is Capitalism. Parasites cannot live without a host; it cannot self-support; Socialism must bleed a host to survive, whether from the lowest to highest life forms, that remains a given. Same for parasitic government; all it knows is consume and destroy what producers create; that is Socialism and Communism, Amerika!! All promoters' talk about are the freebies to masses stolen from 'the rich' then redistributed to them. Never are consequences and true costs ever mention until masses find out too late that two types of 'rich' exist: paying rich and privileged rich. Socialist party members and their friends are privileged rich that do not pay but only consume the best of everything that someone else pays for; *everyone else, babies, is paying rich and that means you dangling on the hook after biting on collectivist propaganda **'free bait.'*** VA is Socialized, government run medicine...can you connect the dots here? VA under-staffs, under builds, under facilities, and '*under'* about everything to create artificial scarcity of care & benefits to vets. When they scream protests to Washington, using reelection cycles to advantage, that forces elected looters to toss more taxpayer money into VA coffers that is expected to silence exploited, starving, useful idiot 'war dog' veterans. However, the additional funding never gets to them. Should that happen, financial support driving the gravy trains slows or stops. ***When Vets protest more, Washington DC throws them more money, VA gets richer while veterans get poorer.*** **Only 50 cents of every five dollars actually goes to vets...so where does the rest flow?** Down the toilet as employee perks, bonuses, payoffs to crony friends, into politician campaign coffers –

you know the good 'ol boy and girl scratch my assets and I may scratch your ass for more money...ad nauseam.

- Same for veteran suicide epidemic; for each vet suicide congress throws more taxpayer money into the VA toilet for suicide prevention and care that is immediately misappropriated, into other budgets benefiting VA, its employees and friends. **That company certainly is not stopping a fundraiser like veteran suicide epidemic that it worked so hard to create, while holding taxpayers, veterans and politicians hostage in the extortion process. VA knows that game perfectly well!!** Over the last century, that corporation has perfected ripping off veterans and US taxpayers to a fault. **Guess what Amerika: that is Socialism, and government run medical care.... and you are next...and your babies, kids...ad infinitum.**

- VA is a deadbeat debtor that does not pay its bills for outside service obligations to veterans. It stiffs veterans so why should that be any different for the firm's vendors? We find out our claims are unpaid when debt collectors arrive often a year or more after a filed claim, which is first clue that VA did not pay up. The bill collectors are not in a good mood after pursuing deadbeat VA bad debts that long. Therefore, the dirty trick is veterans are stuck paying those delinquent bills or face credit destruction and more debt collection problems. The madness to VA's method is by then it is past appellate filing deadlines in its phony judicial system. The deadbeat corporation stiffed veterans billions in denied payments to ambulance and private ER services that the agency was obligated to pay. Vets using them for life-threatening emergencies often could not travel hundreds of miles to nearest VA hospital ER so had to rely on local hospitals. VA uses myriad, sundry ruses to deny payment...one of which is the 'prudent laymen' denial. Some back office bureaucrat denies the claim and deems the situation a non-emergency to gain personal bonuses, perks and advancements for self and supervisors. When this scandal hit Washington in an election year, it ordered VA to pay up. Soooo, VA launched the old stall, delay, deny, until they die or just go away, sandbag ploy and from last check on this - deadbeat VA still drags its assets against paying those debts. How apropos. Taxpayers were billed and paid VA... However, the buck literally stopped there. ***Ding*** another dirty trick vets lose again. When it comes to real bucks $$$$$ VA never passes them – the buck always stops there going no further but into perks, soft money safes and Swiss bank accounts. VA gets richer vets get poorer, another day older and closer to dead. Only in Amerika.

- To death, do we part except at VA? Until GAO stopped the practice during Mr. 'O's admin, VA billing submitted billions in bogus clinic and hospital charges treating dead veterans taken from ghost lists of long dead and buried ex military. Yep, they were treating ghosts....kinda like what I heard about a recent national US election where people said that their dead relatives voted for Mr. 'O' and his lootership party. The VA version is 'My husband died 6 years ago. Today he received an appointment card from VA. It then billed our private insurance, registered in joint names, and thanked him for his service on the card reminding him of the next appointment scheduled in two weeks...' The continuing stomach churning saga of VA mistreating ghost veterans and billing insurance and taxpayers ***for doing their patriotic duty***...yes the job was tough and someone must do it - so, VA valiantly '*strong womaned'* up to the task stealing all that taxpayer money...until GAO – quietly – stopped the practice before discreetly hiding away the scandal from mass media until Mr. Trump took office. I wonder if those ghost voter and veterans were the same. Now GAO verifies all mistreated veterans are alive before paying VA.

Still living at least at the time of mistreatments...who cares after it gets cash in hand crying happy alligator tears all the way to the floor safe or Swiss bank account.

- Of course, VA could, I reckon, hire out to do exorcisms of ghosts from the possessed. In hell, one fraud is same as the next when it pays. BTW, it also demands payments for veteran private health insurance billable items payable immediately, and even tries to double, triple bill insurance companies for charges incurred before the person's insurance became effective or even after they are dead. Guess it has been ripping off sleeping taxpayers so long the corporation does not realize insurance companies are wise to such shenanigans...calling that ***insurance fraud.***

- With so many veteran non-profit 'care' agencies and charities in USA, why are we veterans literally dying by the hundreds every day from lack of it!? Somebody give me a satisfactory answer!! Fascinating how that question always causes people to suddenly become interested in their toenails or a dead cockroach drying in wall paint to not see the elephant in a room everyone denies. BTW, when one looks in the dictionary under '***dead roach drying in wall paint***,' VA is listed there. No disrespect or dirty trick award to the cockroach.... That is how much integrity VA has with anyone these days. Except maybe for the Aunt & Uncle Tim and Tom employees, shills, and trolls hanging around that place waiting for their welfare checks, free lunch and a suck or two off the constantly refilled, taxpayer, sugar-tit. To believe in the Amerikan or VA dream one must be sleeping. Woke veteran's certainly do not believe any of the spin, propaganda and lies the corporation pukes out...even the public is getting smarter to costly VA dirty tricks played on it. How do you know when the VA is lying...if it exists, it lies.

- Another grandstanding roll out, another dark horse, white elephant dirty trick award and failure except to the corporation at veteran and taxpayer expense. VA from the start, sabotaged vet Choice and Mission Acts. Pick three bids and choose the sorriest of their friends before awarding the juicy government contract. Aka, whichever one kicks back the most into VA procurement officer's and their friend's pockets gets the low hanging fruit. The idea is convince everyone the programs work, but not the way Congress & VA told Americans they would. When vets use them, deadbeat VA denies the bills and voila, we find out when bill collectors hound us to pay up for deadbeat government hell-care. VA gets richer vets get poorer, another day older and closer to dead.

- When another scandal hits threatening elected lootership assets, everyone begins standard sand tossing; bony finger pointing, phony, staged outrage, and orders investigations...gag me with a spoon drama distracting away from the crime. **Vets get the shaft – VA and their friends get the gold mine...** VA gets richer vets get poorer That's Socialism BTW!! Washington looters never figure it out...or maybe they do when VA-PAC, VSO lobbyists, AFGE unions and other political campaign contributors fill their soft money war chests to the brim to keep the free lunch coming and sugar-tit filled.... ***there is always enough pork to go around except to the nation's veterans.*** Meanwhile, fat, numb and dumb American Sheeple bah-bah-bazone indifferently to how their actions negatively affect others until unintended consequences come home to roost over their heads...much too late to do anything about. Your golden birds of paradise always come back with their friends to poop on your head, Amerika.

- ***<u>It is impossible to run a restaurant using only low quality, emotionally challenged, waiters & waitresses. However that is what VA is doing at this failed Socialist institutions</u>*. VA is a bigoted, matriarchy; ruled by *control freak*, *misandrist* nurses and staff. The dirty trick to veterans, is in using them, instead of hiring competent management and medical practitioners, to mistreat us. Why? Nurses come easy and cheap; plentifully *imported* nurses, bad accents and all come much cheaper. Quality is not an issue; *<u>plentifully cheap is all</u>* that matters. Despots like Hitler are pikers compared to these emotionally challenged, immature, control freak – misandrists. *Nursing is a vocation like restaurant waiter or waitress.* Therefore, a nurse is nothing more than a medical clinic or hospital *<u>waiter or waitress</u>* with an overblown ego or self-opinion of what s/he is and does.** Like waiters and waitresses, nurses are very cheap, which is why VA literally imports them from other countries to use in place of qualified medical staff. No disrespect to the good waiter or waitress that provides a noble service. In medical hierarchy, nurse is at bottom of the food chain. The real world rewards good but rarely bad. That is why, I reckon, that the sorry ones that wash out of the real world go to work for VA where job security and pay are better for goofing off all day playing desk clerk and where she is rewarded for her mistakes even murder!! A nurse's job description is to take orders, fetch and gofer, clean up, empty bedpans, update patient records and other menial, ***grunt*** tasks. Ditto for a diner waitresses job duties except for bedpans. She is the counter help one meets at a fast food joint ordering burger, taco, fries and a drink. Nothing more or less. Would you visit 'Burgers R US' for medial needs? Then why choose Socialized medicine such as VA because that is what one receives in doing so. VA gives these clinic and hospital waitresses fancy titles such as 'Leads,' NP, 'A or B'- PN or PA then uses s/he to mistreat veterans and mismanage the firm. Cheap and easy low quality substitutes for professional, competent, management and medical staff. Then has the gall to bill private insurance for competent doctor care. Anyone worth a whit refuses to work for or remain at VA. In other words, a person working there has nothing better going for s/he except, perhaps, employment in a skid row, clap clinic on top of an ambulance chasing law firm. Furthermore, I guess there really is little difference in going there or to your local fast food joint requesting medical care with burger, fries and drink. Be sure to leave a generous tip for not giving you a dose of VA clinic or hospital caused STD – sexually transmitted disease..

- The 'strong-women,' mismanaging VA reminds one of being down wind of slaughterhouse gut-wagon 'strong' in August heat – self-important, bad breath, bitch-shit, strong. Fear of the Aunt & Uncle Tim and Tom employees constantly undercutting each other and we veterans for a piece of the pie or all of it, if possible, is beyond belief. The toxic atmosphere is an ongoing '*as the stomach turns*,' nasty, comic-operatic, dramatic play. ***<u>I never understood what people like that are thinking...she loses it all going out of here, as will everyone, lying in a decorated box, covered in flowers, riding in the trunk of a black limousine on a final ride to spend eternity, with all her baggage, returning to dust in bottom of an earthen pit – forever forgotten – in a grave yard....what is the point of living if that is what life is all about</u>?*** The simpleton, childish, majority of VA staff doing that is beyond belief...it is like walking into a daycare, romper-room, full of bitch-shit, envious, jealous, backstabbing – little girls. All one must do is study them to learn her next, predictable move then use it to advantage, if so inclined. Many veterans know that to manipulate and stroke her childish ego for better service. I am impatient with someone 20-60 years old perpetually going on age 5 or less, if you get my drift. Save yourself the grief, ask your son or daughter or the neighbor's kid look up your problem on Web-

MD and treat your illnesses. Better yet, visit your favorite restaurant for a meal and ask the waiter or waitress for medical advice. Before leaving give s/he an extra tip. You will get better care, sense of fulfillment and less heartache.

- Some of this immaturity is fear based CYA – cover your assets – by clinic and hospital staff professional bureaucrats. First – none have any incentive to work, so most do not. Pay us special 'snowflakes' and 'strawberries' for breathing is their attitude. A 'strawberry' is an attention seeking person who *bruises* easily. In other words, she finds offense in everything then cries about it all the time. When one has a hammer everything is a nail. That is a 'strawberry.' During my tour of VA hell-care duty, I encountered one of these VA 'brat-crat' whiny, spoiled, trouble making 'strawberry' nurses, and that one was enough to suit me for a lifetime. Another immature harassment and retaliation game against veterans that benefits them is to make appointments, then cancel them, which show up on work back-log lists as active. Management uses these to schedule employee overtime at time-and-half, double and triple time pay per hour. Hours they spend goofing off, if the employee shows up to work at all, because the false need was created to make management misperceive high work demand that never existed. One can create any false perception virtually or on paper with charts, graphs and numbers! So the vet spins on an ***appointment dizzy go round*** providing realization numbers to justify VA employee overtime in addition to her useless employment, perks and benefits. On paper, it looks as if she is working. Figures will lie and liars will figure. **VA gets richer while the rest of us get poorer. Remember that when wondering how your hard earned tax dollars are spent next time you write out a check to IRS.**

- VA increasingly employs technology replacing useless overhead such as schedulers, gofer desk clerk & waitress nurses, etc. Machines work for one price, are always on the job; machines do not file labor or other grievances, do not create legal liability, demand exorbitant perks and more advantages to using automation over bureaucratic, dead wood employees. Technology also allows veteran self-help tasks to get around these useless eater parasites supposedly there to do it for us. Getting anything out of most of them is pulling a chicken's tooth at bottom of the sea. Anyone who has ever dealt with one of them understands very well what I mean. One method to relieve the chronic doctor shortage is through tel-med services. Tel-med video conferencing uses physicians from any part of the world, bad accents and all, to 'treat' veterans remotely either in clinic or at home settings, and gets far more value for the buck. It also spares fearful VA employees from facing their victims directly. When used with contract doctors & nurses sums into total medical care far better and cheaper than VA staff is or will ever be. Why buy and maintain a herd of dry milk cows to feed and clean behind when buying the milk only is much cheaper and less troublesome. If the tainted milk kills someone, the herd owner is liable, not VA. That sums up what VA is doing in a nutshell. VA makes these changes for many reasons, which are NOT about veteran care - 1) is about lowing overhead costs and, 2) **offloading very costly liability,** which means the vendors own lawsuit indemnity instead of VA. Please refer to ***Lawsuit Proofing 101*** earlier in this essay. Currently, VA employees own far more liability than any imagine not their employer. Criminal and civil tort costs are consequences of employing cheap, degrading, bureaucratic, incompetence. Cheaper overhead and reduced liability costs mean more $$$$$ for VA honchos to spend on lavish corporate junkets, profits, perks and to pay off political friends. Everything is expendable when money into someone's pockets talks. Vets may eventually become a little better for it...time will tell.

- To counter this trend, self-defeating VA staff sandbags and abuses veterans all the more without realizing that ploy is yesterday's news. In other words those worn out, self-defeating, bullying tactics no longer work. For example, staff nearly shut down clinic and hospital phone line firewalls at one Ft. Worth, TX clinic that one must negotiate to do any business with the constipated system. Callers receive answer-bot messages 'your call will be answered... in '?' Time...21 callers are waiting...do you get the idea? Direct lines to the few clinics that have them simply go unanswered; the fewer ones that have answering services, when they work, do not reply to caller messages claiming they never got them. When one queries about that, s/he gets a snooty response such as, *"I don't have any problems using the phone system..."* **Hey, "Nurse Bedpan," I did not ask about how you used it, my problem is I cannot reach anyone in this clinic for help with a problem 70 miles away from here at VA regional hospital." As you may recall, it was you who said, "call the clinic should you need anything..." Don't tell me! I am back on the insubordination 'DO NOT TREAT' and 'NO SHOW' VA game show lists, again, right!?** Anyway, should one wait out the answer bot, the call resets minutes before end of wait time without anyone answering and a vet has to start all over. I only suffered that once to learn my lesson. Creative misery is not my forte. Standard bullying to punish customers into complaining – AFGE union, rank and file temper tantrums sabotaging and shutting down the system to get their way. Standard union bullying that self-defeats their intentions. In other words – in today's world employee bulldozing no longer works except as express lane to a job search centre. It causes companies to get rid of people and replace them with technology – machines do the work, and companies offshore to **employment hungry countries** what they cannot do – yet. In reality what those employees did was push more veterans into using 'MyhealthEvet' online self-help system, which claims to allow vets to do everything from reordering prescriptions, make and break clinic appointments and much, much more. All the phone-line shut down did was replace more of them with technology while handing more VA employees one-way tickets to the unemployment centre. Too clever by half, AFGE!! **The idea is to make customers complain so Washington will throw it more money to feed these parasites and hire more useless employees. Except this time the plan worked in reverse. However, I will complain: hurry up and scrap the whole VA system for better options that work. Then I may return as a FAT cash cow. If veteran welfare were truly the issue, VA would not exist! Dirty tricks work both ways, Binky.**

- Another harassing dirty trick is the constant phone messages asking a veteran to contact the clinic or hospital when constipated phone firewalls do not allow it – see aforewritten. Or when the direct lines are not answered or when messages left on answering services receive no reply. In one case, I physically wrote the clinic executive management via USPS certified mail and both the clinic and offending nurse clinic waitress by regular USPS mail that it was easier to contact them by mail than by phone because I could not get through their phone system firewalls. USPS verified clinic upper management received the certified dispatch. However, An offending clinic nurse, after knowing this continued to call and leave messages to call the clinic at the main number. After 25 voice messages I put a block on that and other clinic numbers against such harassment. The idea was create a phone log to blame the veteran for not returning clinic calls about appointments and other superfluous bait to get a lost FAT cash cow back into their failed and sorry system. Each CYA call has details on each one by time, date and by whom. Get my drift? The veteran is at fault not the clinic staff for driving s/he out the door. When FAT cash cow patients self-privatize their medical care $$$$$$ out of VA - higher ups

want to know why and ask questions. If the clinic really had something important for me, it can, as in the past, send a letter about the matter via USPS. This was obviously harassment and more mental Gaslighting. I thoroughly documented every message as evidence, if needed sometime hence, using tips given here in following my advice. Folks, I do not give advice unless testing it first. VA clinic staff is expertly trained at what they are doing!! Beware & Caveat Emptor.

- ***"DO NOT TREAT*** dirty tricks and worse added to veteran records as punishment for being a naughty, insubordinate, boat rocking, *troublemaker*. To the clinic waitress adding it, in 'Flo's' control freak mind her say is 'that-is-that' or so she thinks; can you say **true veteran choice *self-privatizing*** out of there? Which means one fewer FAT cash cow veteran in VA's system justifying another parasite's job. Don't worry, in the *unemployment line she* can learn what vets go through at VA when seeking service; endlessly waiting on the phone-line or clinic-line or go here or there line, appointment line, pharmacy-line or lab-line or benefits line...ad nauseam. What these fools never understand is that in US, at least for the moment, I still have choices to use the private medical system for care. In countries with full-blown NHS, such options are prohibitively expensive or non-existent. Get the idea Amerika? That is Socialist medicine after it first nationalizes and destroys private medical systems as it is currently doing. With no place to run, there is no escape for those who cannot afford to do so!!! If one needs medical care on weekends, holidays, off hours or in an emergency NHS and VA are closed for business. However, the helpful sign listing POC numbers to the few, costly, private care clinics and hospitals that are open outside of regular business hours is located right next to the NHS clinic or hospital operation hours. One pays for both private and an impotent NHS careless system. **Such is Socialized healthcare…. and Amerika's veterans know all about that. The state gets richer while peons get poorer.**

  - Through NHS, your local police state owns and controls its slaves. Anyone who gets out of line is denied healthcare but still has to pay for the sorry system just like in US, VA Socialist HCS. When I am forced to pay for anything, bitching rights automatically come with that price. Keep that in mind those of you 'biting baited hooks' of Socialist lies about how wonderful is NHS without trying before buying into the con**.** ***Remember Obamacare's infamous 'Pelosi' 'pig in a poke' gag line,*** [" you must pass the law to find out how bad it will screw you.]" **Ever hear of a Pelosi pig in a poke? You must buy the poke bag first to find out what is in it. In doing that, one finds it full of sand or rocks instead of a tasty piglet. The real Pig Pelosi is long gone with the cash. That was Obamacare and is NHS.** ***The worst thing a veteran can do to VA is vote with his or her feet and run away for the competition. That is the worst punishment any consumer can met out to crooked business: leave for its competitors. Voting with your dollars and patronage is the only true, effective power anyone has in a capitalistic marketplace. Socialism seeks to destroy that powerful choice. Replacing it with we know what is best for you, which really is what is best for those making your decisions!! With no other options escape from your oppressors is nil. One is enslaved to the owners screaming 'I'm your bitch.'*** Numbers count, VA is losing them and it hurts in lost $$$$$$. In droves, veterans flee the worst Socialized Amerikan healthcare system in this nation. VA, VSO, PR and propaganda spins this otherwise hoping vets and Amerika will believe them...nope, that system has lost our faith and trust. Before leaving office, Mr. Wilkie spilled the beans by saying, ['if Socialized

healthcare comes to US, VA is ancient history...'] With all the very powerful enemies VA has, including veterans, it may be gone much sooner. Good riddance. What goes around comes around, VA. New veterans are much wiser than we, nearly extinct, ancient, old soldier & relics; they had different teachers and do not long-suffer VA's idiocy as we were from cradle to grave, brainwashed into doing.

- Nothing is all bad or good; even 'ol Adolf had a mother and girlfriend who loved him, so it is with VA. I have no beef with some VA services such as their pharmacy...it works well only for one reason: it is a moneymaker; co-pays are moneymakers. Co-pays are cash cows much like pvt sector. However, in most cases, they are higher or equal to pvt sector **for *low quality* generic drugs**, which is about all VA issues from a very *restricted* drug formulary. 1200 drug choices may seem very many until looking at millions of individual veterans with individual illnesses in the system. 'One size fits all' never works except in bureaucratic bean counter logic. Doctors must do battle adding new or special drugs to the formulary. Staff will not do that; only temporary contract or resident doctors go to bat for a veteran. They are real doctors, not malpractice, desk clerks that have no skin in it; staff personnel will not help a veteran. I lost a very good contract doctor that tired of doing administrative battle with VA bean counters to get effective medications for her patients. So, she resigned and returned to full time private practice. A dirty trick for which we veterans paid the price. VA assigned an NP clinic waitress in place of the real MD. Care went into the toilet, proper, and I stopped using VA.

- I conducted a personal quality test between identical generic drugs from pvt and VA pharmacies. The difference was day and night. VA drugs had more serious side effects, shorter efficacy if they worked at all and more problems. Pvt drugs worked much better, with clinical trial efficacy or better and without the unanticipated side effects common to VA meds. I stopped using VA drugs entirely for that and this reason: ***something is wrong with them*****.** VA is too pushy about vets taking their meds; much like the overbearing insistence that everyone get a prototype, experimental Covid vaccination. That to me is red alert warning that something is very wrong. Customer co pay for a bottle of baby aspirins from VA pharmacy $18.00; pvt $3.00. 90 day supply of a generic drug from VA $18.00, pvt $10.00. Any name brand drugs are tiered same, as civilian sector depending upon what is it. Ordering refills using VA's archaic & quirky system – once one learns that ornery, unreliable beast – 15-30 minutes barring any fat finger, oops. Outside pharmacy system fool-proofed against oops: 3 minutes. Seems when VA is directly taking in money it mostly, kinda, works.

- PCP and some specialty clinics, when staffed with real resident or contract physicians work well. They are terrible to dangerous when one is seen by an unsupervised, untrained, incompetent NP, 'A'-PN, PA medical waitresses substituting for MD's and only little better when one sees a malpractice poster child MD hiding out at VA because s/he cannot get a job anywhere else. Any doctor or nurse worth half a whit is in private practice, not loafing as a pampered, bureaucratic, freeloading, salesclerk in a VA clinic or hospital; staff medical is nothing but desk clerks – eating free lunches and sucking on the taxpayer, sugar-tit.

- Plagiarizing and credit stealing for fun, profits and playing dirty tricks. VA claims to provide all sorts of veteran care programs. Problem is making promises and delivering on them are opposites entirely. It claims to offer so much... yeah, right! Just try getting those benefits. More people who never wore a uniform or served in military – VA's friends and cronies, get far more benefits than veterans ever receive. **VA is among the Queen bitchs of thieves; she steals and takes credit for veteran care from among the nation's myriad, sundry, mostly invisible – true, unsung, heroes.** *Families, spouses, friends, good Samaritans, volunteers, neighbors, private medical care, state, county, municipal and private insurance, local, state and other federal medical and benefits systems such as Social Security, Medicare, Medicaid, state, county and local hospital districts, clinics –* ***some*** *veteran charities...too many vet charities are sham profiteers exploiting us and that is a fact – an extremely, very few religious organizations and the list goes on!! Social Security, municipal, county, state and pvt disability insurance programs pick up and pay for a lions share of the valid, veteran disability claims that the VA sham kangaroo judicial processes flatly denied outright.* **To put it another way, deadbeat, freeloading VA is off-loading budgeted work and costs, taking credit, stealing and mooching off America's private, public and personal safety nets, in addition to robbing taxpayers stupid, while not doing the tasks that it claims to do, and the elected lootership in Washington DC – DC stands for does not care – are serious partners in the dirty trick crimes shifting those costs into strained personal, family, state, county and municipal budgets.** ***To put this another way, that company misappropriates funding while shifting a lions share of its work onto other people, institutions, and governments to pay and do, while keeping the 400 billion annual budget taxpayers pay it directly. War costs draining local municipality, county, state, personal and family budgets enriching freeloading Veteran's Affairs Dept largess exploiting the nation and her veterans. Remember that next time you get nicked for sales, excise, vat, income, property, excise, and myriad, sundry other taxes, fees, ad nauseam...think about how much that freeloading bureaucracy robs from you to care for VA and its friends instead of our veterans and their families.*** VA says, war is good for business but only when investing your resources, kids and families into the meat grinder feeding it. VA loves her free lunch and ride parasitically sucking on taxpayer sugar tit. ***VA gets richer while the nation grows poorer. HOW SOCIALIST.***

- In poll after poll ***unskewed*** by VA dirty tricksters, VSO's, congressional polls, AFGE union and other special interest propaganda and bias – taken from a nationwide, cross section, veteran population, 88% of all veterans that voted said, "we want true choice like the rest of America has for our healthcare and benefit needs outside of VA sabotage, mismanagement and influence." See *DisabledVets.org* run by Benjamin Krause for more information and detailed, specific sources. It remains one of the few partially uncensored sites of good source material and veteran feedback blog. According to Ben, Congress pays attention to what vets say on his blog, and I imagine so does VA, which is probably why his site has not been completely censored. Censorship has consequences: under censorship, VA and Washington remain in the dark to what is going on at street level. **These fringe information sources are also used by news agencies when looking for 'leads' just in time for the next attention getting political scandal for fun and profit at the most lucrative time: election cycles!!** Since the agency refuses to hear us from within, it can hear veteran concerns in public forum, the streets and political enemies at the worst possible time for them: *changing of the elected looter.*

- ***<u>The noose and dog collar around your neck.</u>*** Every time polls come out favoring vet true choice, VA, VSO's, and their friends mount propaganda lie & fear campaigns of part truths, which are whole lies – to mislead public perception that all is fine in VA world just the way it is and then scare the bejesus out of veterans that any changes will result in cutting their precious benefits. Propaganda to the public consists of weasel statements such as, " Informed sourced say,' 'Top doctors claim,' Vets say...' "We don't hear any complaints about bad care.." or "- they[vets] love VA, get great care better than pvt, costs less" ad nauseam – and other post hoc, 'shill-swill' lies mixed with a grain of sugared truth to hide the 400 billion dollar annual poisoned levy fed to taxpayers. *<u>What</u>* <u>– Vets say?</u> Where is the report, the details, studies, facts, proof, polls, who, what, when, where, and who is 'We?' Predictably, none of that information is available and inquiries go unanswered because they are bogus claims, which is so Socialist of the VA propaganda machine.. Then these worms send out alerts, all wrapped in phony red, white, and blue phony patriotism, to paid off veterans about benefit cuts and other end of the earth dire consequences if this or that law is passed. Scream to congress not to pass this or that to protect your hard won benefits. Most of the paid off and hushed veterans fear speaking up at all, and play along appearing to be team players; to do otherwise risks losing hard won, scarce benefits they have that are denied to the rest of us. My dad, a Korean War vet, called them the 'Hooray for me and to hell with everyone else….bastards" Yep, that describes VA Aunt & Uncle Tim and Tom vets very well. These atrocities have been going on for over a century and are nothing new at all to most unfavored soldiers and veterans neglected by VA's skewed systems. We and our families did not get help in the past same as now, and suffered, a suicide epidemic then as now, well before Spanish American War, WW1, WW2, Korea, Vietnam, and Desert Storm, and on. Research the veteran Bonus March during US The Great Depression and learn how Amerika abandoned starving veterans and their families, then US Congress turned armed US troops against our 'UNARMED,' US military veterans & families during a peaceful Washington DC, assembly and march for their promised due to feed starving families. Washington lootership ordered fully armed US troops to disburse, which means brutally attack, unarmed, peaceful veterans & families crippling, butchering and murdering innocent men, women and babies in the street. Using same genocidal tactics previously used on Native Americans during the Indian Wars. Veterans and their families suffered an inhumane attack; while fat, well paid, well housed and well-fed government bureaucrats lived lavishly during one of this nation's most economically devastating US govt caused disasters of all time. 60 million Americans faced hard-core poverty overnight after the crash brought on by wrongheaded Socialist policies meant to break American independent spirits and make them slaves to Socialism. That cancer spread very quickly to remainder of the population but for a pampered few well fed, housed, and paid government bureaucrats. Some documented accounts say Nazi federal workers were on Whitehouse steps shaming veteran marchers….it was a shame alright on you Amerikan Socialist lootership. Deadbeat government and Amerika did not pay its due to veterans then as now!!!! See Wikipedia for a brief synopses under Veteran Bonus March. *VA never has helped anyone but VA and never will*. The difference between then and now is that the ugly facts were easier to hide and cover up. **Moreover, the more divided are people the easier it is to enslave and control them.** Vets are a divided, conquered, very controlled – enslaved – group. *The perfect slave is one who says, "I am not a slave..." There you have it from those veterans who are bought and paid for with hush money to stay in line and keep quiet so the rest of their comrades starve.*

EEEEECHH, feel the noose tighten; feel the burn around your necks Uncle and Aunt Tim and Tom's? VA grows richer while vets grow poorer, one day older, and closer to dead.

VA cannot control those of us without skin in their game and is losing control of those that it already owns, and we are screaming more than ever about our betrayal. The veteran anti-VA movement has gone underground where the despots cannot touch it**. The real fuss over veterans leaving VA, again, is that the parasitic agency feeds and takes care of far, far, more people who never saw a uniform except in pictures, never wore one or served in military of any kind, not even as an ROTC cadet or reserves, *than it does veterans*.** Without us to exploit, VA has no blood host to bleed or reason to exist. The whole system is beyond repair. Aircraft crashes are not fixed; they are cleaned up, salvaged, scrapped and replaced with a new, better built plane. That is the VA plane crash in toto. ***If veteran welfare were truly the issue, VA would not exist at all and vets would be receiving the same care and treatment as the rest of Amerika without resorting to suicide protests petitioning for parity!!!***

Veterans place their lives in deadly hands visiting any VA clinic or hospital[1.] A wise old veteran advised me of many things. One was never let them cut on you. Perhaps never letting them within a hundred miles of one is better advice. Between 2020-2021 one staff night nurse murdered between 7-21 veterans at Clarksburg W. Va, VAMC hospital while they lie confined in hospital beds. She went unnoticed until families, their lawyers, and the public during an election year began raising hell for answers, especially when autopsies revealed that the dead vets were murdered. **Nobody noticed!?** Who are these dirty birds trying to kid, anyway?! In cutting to the chase, the guilty nurse plea bargained for 7 counts of murder, 7 life sentences in a high profile TV drama, kangaroo court, public dog and pony show covering up far more murders, that occurred VA culture wide over the last 8-9 decades. In other words it was all another scapegoat distraction. Investigators asked families that took possession of vet's bodies for burial, that died in the Clarksburg W. Va, VA hospital, permission to exhume them for post humus autopsy. Yep, murdered and the practice has been going on a very, very, long time; VA's skeleton closets are brimming so it stores overflow at U-rent storage, inc. Looks like a Halloween grave yard in there. The plea bargaining nurse will never serve time; she will mysteriously, *officially* die, then be released under the US Witness Protection Program or similar and get a big bonus from VA...rumor has it Timothy McVeigh was not executed for doing the OK city bombings...and got released under same cover up conditions. He has this thing for thrill seeking, kinky, creepy, ex-VA nurses and is waiting to ask her out for a date to spend a night of dirty trick or treat Halloween macabre in one of VA's U-rent stalls...just keep nursie away from needles and insulin, dude. She has a nasty habit abusing that stuff.

- ***VA employees are some of the most racially intolerant people I have ever encountered, in addition to hating veterans for being veterans. I am a 'live and let live' person; however, after dealing with such racial impatience, I faced some frightening, deeply hidden, very dark aspects about me that needed self-examination and self-understanding. I now realize how early American colonists that committed US indigenous nation genocide and German Nazi's***

that committed Jewish holocaust could have so hatefully done such gross, criminal, injustice to other human beings. The contempt openly and clandestinely expressed for us by those pampered, administrative, US government employees was overwhelming. And that dark, spitefulness is why they mistreat, cripple and kill veterans same as the aforementioned fine christian pilgrims did to my people and Nazis did to the Jews. What I saw in those civil service workers were the hundreds of millions of my murdered ancestor's faces destroyed by this very hatred expressed <u>by them</u> at other veterans and my ancestors. When you attack me, you persecute my ancestral heritage. I am surprised to find this grown and fertilized hate-bed in a US government agency, which claims to uphold laws against such atrocities, especially by people working for it whose heritage claims such barbarity met out to it. The black nation that now detestably expresses that which it claims to oppose against other races like mine. They act just like their oppressors towards others out of hateful, xenophobic, intolerance. That is holocaust, ethnic cleansing & mass murder, genocide, and worse; grown and fertilized by our US government in bureaucracies such as VA. I am not kidding when writing that WW2 did not defeat Nazis; the cult simply relocated to Amerika and continues its evil in places like BIA and VA under US government oversight! The experience frightened me not so much because of them but from latent potential in me that arose from dark places within <u>that exist in everyone</u>. I had to self-remind that not all people are like these unconscious, government employees. It was a lesson I could have never gotten anywhere else. For your information, VA racists, black slavery was imported to the Americas as labor commodity well after other races; black enslavement was not created here but in another part of the world thousands of years ago. Native American Indian slavery was created here over 500 years ago by invading, christian European colonists; my people were the first subjugated and enslaved by them. By the time black slaves arrived, my ancestors were well on the way along with the buffalo to being genocidally murdered into extinction. Yet, racist VA employees attacked and persecuted my ancestors with their abominable evil learned from their oppressors long before ever arriving here. Then rode as Buffalo Soldiers participating in the longest racial genocide known to human history riding with the white Horse Soldiers butchering the red skinned peoples. Knowing that makes it impossible to take anything about black lives matter seriously. You are worse than the beasts that first subjugated and enslaved us. Put another way, in behaving like them, you are worse than them and here is why. <u>I would think in regaining your ancestral humanity lost for thousands of years to slavery, that you would be more aware of your actions, understand the horrors of ethnic ill-treatment, and have learned not to repeat the sin. Evidently, you have not understood a thing.</u> America is a nation of imports including the black nation

and its evil ethnic intolerance. Sad these people, very, very, sad and I pity them in their ignorant, willfully blindness, and learned helplessness. Bigotry, racism,hatred, and injustice are truly evil; evil is what evil does.

- Seeking public sympathy for ongoing AFGE labor union contract negotiations and layoffs, mass media has posted a few PR-spun, AFGE click bait, propaganda-bites lately, about rampant VA employee, racial, sexual and other discrimination within that system between rank & file, management, each other, etc; however, nowhere does it ever mention about VA employee blatant racist, bigotry & discrimination of all kinds displayed by them towards we veterans. The 78% bias percentage reported by that labor union, pales in contrast to the atrocities including murder those hypocrites do openly and in secret to veterans. I have not read of one, single, instance of VAMC personnel murdering each other as they do veterans under their care, have you? Moreover, the VAMC system at my end of the state ranks one star quality only because the rating scale goes no lower. The whole state VA HCS rates between 1 or 2, where 1 is the poorest quality provided to veterans. One is still too high. It is impossible to feel sympathy at all for these overpaid, pampered, 'strawberry' government bureaucrats who make far more in salary and benefits exploiting veterans – while eating their free lunch and sucking the US taxpayer sugar-tit – than any veteran or non-government worker living in this state ever receives.

- The state, in which I live, also is among one within the entire country with the highest veteran suicide rate in Amerika. S***o high VA ignores and excludes it from its spun, cooked, suicide statistics completely!*** **Vets entering this VA system soon painfully encounter the VA's bigotry, denials, skewed, PR-spun lies & scapegoating & blame until they leave or it cripples and/or kills s/he. Is there any question why our state's veteran suicide rate is so extreme and why VA hides those facts?** *Also, this should give anyone pause about the integrity of VA's creative suicide accounting statistics and rigged bingo card numbers the agency uses to game their phony figures.* Today its 18, next week 22, last week 20...what will it be next month: ***BANGO*** more veteran suicide deaths that is what. Liars will figure and figures will lie and VA is expert at both games. As usual, when VA makes a mess – and it owns vet suicide epidemic – the agency then expects someone else to clean it up. Not this time, Binky. How Socialist – party smile y'all :(.

- VA lies – vets die. Socialized healthcare is a gamed monopoly that rations out purposely created scarce resources under the following dirty trick rule: [***from each according to ability*** *to rob, loot, and pay to lootership Socialism as determined by the police state****; to each according to one's need*** *also determined by the police state.*] In other words, if you have resources for the state to steal then you do not have a need except to keep paying the parasites for nothing but empty slogans and promises. Aka going without while paying for government and other people's welfare. BTW, that is one of the 10 planks of Communism paraphrased from Marx and Engel's Communist Manifesto; aka – Socialism is closet Communism dressed in drag packaged and sold to Amerikans as freedom. A pig in lipstick and dressing gown remains a pig; that is socialism. But vets are paid in myriad, sundry, hoaky slogans that the agency constantly spins and vomits – such as 'thank you for your service…or choose VA for the benefits you earned and deserve' What does VA know about service to veterans? Nothing! From my personal experience since early childhood, that self-serving institution is too busy helping it and its friends to aid veterans or their families – I can assure you of that!

- Another dirty trick by VA is the C&P exam, default, no-show, and denial. Realize what is C&P: it is going to a biased, bigoted, racist, two-bit clap-clinic, insurance adjuster to review your disability and health problems. To delegate lawsuit liability, VA uses vendors administering compensation and pension disability exams same as State Worker's Compensation insurance programs use to rob workers injured on the job. These insurance companies woefully stack the whole game against injured parties already at a loss from job-place injuries often from unsafe working conditions and similar hazards to which OSHA turns a blind eye of notice, for a little under the table gratuity for doing so, and that insurance companies don't see or care about either. Why? It gives them reason to deny liability claims back to the insured company. Moreover, what is safe about military and war? Especially 50 years ago when one was drafted and marched into duty with a gun-barrel in the back held by 'We the Amerikan sheeple' and their govt? If one got incapacitated or killed, just draft and force another expendable man into the duty. Sorry ladies, back then the draft did not apply to you, but just wait when revived you will be required to sign up for selective service draft lottery, too. Don't you just love equality. Nothing personal just business and $$$$$. Companies & VA outsource risky work because in a lawsuit, the vendor is liable not a company hiring it. Finding lawyers to represent one in VA or State workers comp cases grows ever difficult: few do so anymore. I reviewed a case where a large company hired five expert witnesses at 5-thousand dollars each to defend its side and the injured party's lawyer could only afford a chiropractor. Very big companies keep these expert witnesses on retainer. That is how dirty are they and those cases. The laws are so stacked against the injured party most lawyers cannot make any money or win crippled people disability benefits. So, those doing this kind of work stick to Social Security disability cases while they last. In other words vets, this injustice affects more than just you: US dirty business is dirty business. Nazi VA remains the worst of them all along with everything else it does. However, expensive liability is a large reason VA privatizes out risky veteran services, which is about everything these days, which are only criminal civilian versions of their hypocritical judicial and appellate processes. You know them as a complete sham against the veteran. I digress, four hours before I am supposed to be at the scheduled exam – that I knew nothing about – a voice mail arrives with only this garbled message – 'You have an appointment at LHI at 11:00 am for a C&P exam;' and a phone number. I nearly deleted it as another Spam but something said, 'don't.' The message was so garbled I had to listen to it 12 times just to decode the number. Originating number was blanked off caller ID, which made it appear as spam!! I called to encounter an answer-bot and a circular options menu going nowhere. Visiting LHI web page had only a fancy promo and that phone number. No address, no nothing. Back then the 1-800 number to VA secretary Wilkie's office in DC really went to his office. Now it is completely useless and dead-ends somewhere to a benefits answer bot. The replacement Washington DC veteran hot line is no better; one gets answer bot menus and waits, and waits and – bzzzzzzzzzz...disconnect. It is only another VA, PR grandstand to create public misperception that it helps veterans often promoted along side standard crippled vet, patriotic, stereotype porno. Stereotype-porn is when one sees VA and charity mass media ads of a claimed veteran and crippled person dressed as a soldier pimping VA, a vet charity, or similar special interest seeking to raise money 'helping' veterans in front of stars and stripes phony patriotism backdrop. Behind the scenes that 'crippled veteran,' if s/he is really one at all, is a high paid actor pulling on people's sympathies for donations, which do not go to help veterans. It is another rip-off & veteran exploit. VA uses such porno to create a public misperception that it uses their tax dollars to help veterans – bring on the canned laughter to mask the wretching at

that bad joke. These come wrapped in more stars and stripes phony patriotism but are DOA as is every one of VA's, PR, red herrings. Only VA and Amerika can sink that low in the cesspool profiteering from veteran suffering and suicide. Since Mr. Wilkie left office, from DC to the cesspool, VA has returned to vet-hell-care and does not want to hear from we vets at all. There is more but you get my drift... Back to the C&P Snafu – VA's plan was to disqualify me by default as a C&P appointment ***no show***. Remember, the veteran always must be at fault never VA. **No show is a very common dirty trick & ruse VA constantly uses to deny vet claims and benefits, and VA is extremely creative at playing this game.** Continuing, I called Mr. Wilkie's, office and complained. He took it up and a week later, I received an appointment card from the local VA clinic for a C&P, which was a pain in the ass, disastrously, bad joke. ***The exam went very badly since the clinic was forced to do it with Washington watching***...well, more immature childishness on VA staff's part that went like this: *I will hold a ridicule exam, but you cannot make me do anything else but humiliate your efforts.* The racially, bigoted, PA – clinic waitress had her mind already made up. She only went through the Jamaican jerk-off review for show & tell to get Washington off her assets.

- *As an aside to* ***the queen of VA's dirtiest tricks.*** *I had as much chance at parity before a bigoted black woman as did my Jewish ancestors in begging for mercy from a Nazi official closing the gas chamber door at Treblinka. Some would say, 'I am receiving the injustices met out to black folk.' Oddly, Nazis claimed the same reasons when persecuting Jewish scapegoats.* ***Bigotry blinds people horribly to many things****; for, my skin may appear white especially when that sickly pale; however, a mixture of* ***Afro–Black Seminole****, Brown Seminole, Cherokee, Russian, Jewish, and ironically German ancestral bloodlines comprise the skin that covers my body and blood that bleeds from it.* ***My blood and skin are just as black as hers but in smaller quantities.*** *This human form is gendered male and female, but nature constructed it dominant to the male polarity and hers to the opposite. Our flesh is the same: of the earth, fragile, corporal, and dying. My Jewish ancestors, after German occupation of Poland in WW2, were murdered in the Warsaw Ghetto and most of the survivors were butchered in the Nazi-Treblinka human slaughterhouse. My Russian ancestry underwent far, far worse under Joseph Stalin's purges. He made Hitler look like a piker. The US government patriots, Black Buffalo Soldiers, its Military and bounty–scalp hunters, genocidally hunted my Native American ancestors along with the Buffalo to the brink of extinction. Survivors remain confined on Native American Reservations aka US Concentration Camps. Government bureaucrats just like that bigoted woman murdered them in the longest racial genocide known to human history and still confine them there. Moreover, my bloodlines faced judgment* ***from public servants*** *just as she during summary executions in the US at the end of a gun, rope, club, and saber, rotting in a gulag or concentration camp cell, and worse. I sympathize with her Black Nation's suffering; however, they are not the only human communities that have faced persecution in USA and elsewhere. One would think that US black nation after losing its humanity to slavery for thousands of years, after being freed from it would know better. That racist VA employee demonstrated that neither she nor her race did not learn a thing. The only apology I am permitted to make to her people is this, if my 'heathen' ancestors would have allowed those fine*

'Christian Pilgrims' to die starving in our maize fields those first winters, instead of helping them survive, black slaves would never have set foot on North American soil. For only that, ***I extend my condolences.*** *Moreover, the only difference between she and I is that I do not wear ancestral intolerance as a chip on the shoulder or as a shirt sleeve of vicious self-pity to use as an excuse to hurt people out of her, racist self-hatred.* ***Her bigotry*** *did not go unnoticed during the interview.* ***I have encountered far too much of that in the VA system.*** *Nevertheless, I served this country defending every American's right to be a racist & bigot same as that woman.* ***What surprises me is in finding so much of it at a US government agency that claims to enforce US laws against practicing such behavior. Ignorance is what ignorance does. Every VA C&P review but for one was like that conference: racist, dehumanizing, degrading, intolerant, humiliating, and a squander of time except for securing a soulless bureaucrat's job, which epitomizes the jackboot of parasitic, US, National Socialism. I am a US Veteran not a Comprachicos freak. Out of self–respect and tribute to the uniform once honorably worn in service to the US, I refuse to ever again expose it or my soul to contemptuous Nazi VA kangaroo adjudication or its bigoted agents.***

- ***Warning, I paid dearly over 3 years until leaving VA North Texas Health Care System for standing my ground. Bureaucracies have myriad, sundry, retaliatory dirty tricks within their systems to punish people. I went through most all of them. Not all employees were guilty; however, most were. Those that stood by knowing full and well what the perpetrators do to veterans and each other remain more guilty than the guiltiest among them. What happened is okay; for, I learned much about VA inner workings and the evilest of human nature from a customer's point of view not otherwise available to pass this knowledge on to other veterans. What one sows s/he reaps… Beware and be careful, when you complain as a veteran or employee, or cross them in any perception. Expect to face Satan and her demons in VA hell-care, proper. I say get whatever it was that brought you there and get the hell out; feet do not fail me now. Remember what hurts VA the most is when vets leave that dysfunctional system and speak out why! USE IT!***

- Another **dirty trick** is to sit on a claim until the veteran dies or when it mysteriously vanishes when a starving, abused research 'war dog' veteran, dog or cat eats it; these bastards must feed their starving research victims something, you know; or my favorite is that '***we are working on it***' forever…lost in a black hole. The latter was last news that I ever received; VSO or VA follow-ups are pointless. Delay, deny, betray, and lie until the veteran dies or gives up… **VA gets richer while vets get poorer. What these fools do not realize is Karma is the Pumpkinhead Effect. Once created and released the cycle must complete. That is how it works.**

- One thing I will say for President Trump and VA secretary Wilkie, while in office they truly worked to help we veterans in a status quo, broken, incompetent, purely Socialist – bureaucracy, profiteering to keep our suffering the way it is for self-gain. Months before they were to leave office, VA recidivism quickly reclaimed the agency into a cesspool existing before and under Obama's terms, which continues to this day. The veteran Washington DC protest was about that and nothing more. It was both respect for Trump's and Wilkie's administration and protest of

the incoming Socialists that abandoned and abused them in the first place four years before. **Those veterans expressed selves in the only way they knew how and were civil compared to the Socialist's mobs murdering, rioting, looting and burning down the country.** The same Socialists that damned all soldiers and veterans the day America died and Amerika arrived – January 21, 1977. President Trump and Mr. Wilkie did more for us than the Socialists ever have or ever will do. In closing, *I could not say it any better than this, sage, frank, young woman:* **"VA sucks a bag of sweaty camel dicks." Sophia-Helene Mees de Tricht, US Veteran – 'Women's VA."** ***People who speak out so frankly leave me speechless. I give her a standing ovation and a '10.'***

- VA is extremely unreliable, surprise! – another dirty trick. Going there at all is a very iffy gamble with ones health, welfare and life. Those trapped in that prison without any other choice you have my condolences. Those of you, who have other health insurance through work, spouse, etc, maintain and use it all that you can over VA. Those of you, who qualify for Medicare, Medicaid, county, state and other low-income benefit healthcare and such, investigate, enroll in and use them! So many alternatives to VA exist these days that it is overwhelming! From vets I have talked to who use state Medicaid, and local state & county tax funded medical services, all women BTW, they receive far better care, quality prescriptions and more either at no or low cost; VA cannot touch what they get through them. Moreover, the benefits are easier to use, it is easier for her to make firm, no non-sense appointments to be seen in clean, well kempt facilities by polite, professional staff, which are often located within their local community. In one woman's case, she could walk two blocks to the geriatric wing of a local hospital for services, which worked out great for her! Using VA she had to travel almost 70 miles to Dallas Regional Hospital to see a quack specialist, during a two-hour period, only on Friday afternoons – once a month!

- Another dirty trick, VA woos them in and then seeks to trap vets from leaving. Take the opioid epidemic for instance. Addicts do not leave their low cost narcotic sources. It is not because they like you – the agency exists only because of veterans. Remember it is a capitation system paid per every active veteran on its rolls and what ever comes in on the side for issuing narcotic scripts. Losing us means lost $$$$! Higher numbers mean more $$ $$! VA gets richer while addicted vets grow poorer.

- Once on the rolls, however, one gets little or no care while VA is paid taxpayer money for nothing. Since GAO stopped it from using dead veterans or ghosts for billing, it must now have verifiable, live bodies to bill GAO. VA extorts so much out of this nation using us as its useful-idiot, cash cow$$$$$ it is unbelievable, which is very costly to VA each time one exits that system. So, the prison system is creative about maintaining prisoner counts that pay it by the nose. Each lost FAT cash cow is lost $$$$. However, should you cross the agency or at budget cut time or if VA wants to extort more from taxpayers via blackmailed elected DC lootership, the first thing it does is cut off veteran benefits, services and disability payments while still collecting from the taxpayer funded political pork troughs, free ride, lunch, and sugar tit. VA is of VA for VA and about VA in only. VA is always paid. That agency and its employees survive largely intact while vets lose, lose, lose feeding those parasites. That's when your disability rating drops or vanishes. **Feel that pension or disability noose tighten around your neck - *EEEEEK*** – as VA tosses you back into the appellate meat grinder for benefit reinstatement through useless VSO's or by rehiring a

lawyer. That reinstatement churn simply feeds the phony appellate and adjudication parasite job mill at your expense. That also is when they cut off meds, appointments and further ration whatever you are getting, except for the butt load of perpetual misery as reminder of who owns you – bitch. All the while cutting veteran resources to pay pampered bureaucrats. Keep in mind this is totally VA's game on their court following Draconian rules to keep $$$ $$ flowing in along with perks and bonuses while veterans scream I'm your bitch.

- VA uses election cycle politics holding us hostage to Washington political extortion and blackmail. Politicians do not want ***association*** to scandals; protests, bad mass media, press coverage and such marking them during re-elections or providing dirt that an opponent can use to unseat an incumbent. Ever hear of guilt by association? Media has controlled politicians with it forever. Posting his or her picture next to a press column, playing a political campaign news bite before or after a sensational, attention grabbing, mass media sleaze bite about '**Chester the molester flopping his 'Willie' at a nun in public or Slutzilla's whore house and cocaine bust'** during campaign raising or election junkets. The simpleton public mind associates the politician with a naughty – press or virtually created next-door neighbor. Once marked a loser, there goes their $$$$$$$-to an opponent. VA plays this game very well during National and midterm elections-every 4 and 2 years. Just look at Obama's last term, the major Phoenix VA scandal and how capitol hill in DC reacted to it; then the direction that elections went from there: Democrats, aka Socialists, suffered a political bloodbath. It cost them the election, lost seats in House, Senate and committees. Socialists did the same thing to Trump and Wilkie ***throughout*** his entire election and ***one-hit-wonder-term.*** Socialist's pulled one filthy rabbit after another from their pie-holes to create **responsibility by association or proxy** in public's eyes blaming Trump for all the hell they were creating in US. Media does this same dirty trick. Ever notice when Socialists control Washington very little political scandal is on mass media. Yet, months before Conservatives arrive after a national win, mass media is a virtual bad news, scandalous shit storm? That is to associate the storm and current administration as cause of it. Amerikans are that simpleton to believe the lies. Watch this pattern; it happens every time in this womb-to-tomb conditioning, bread, wine and circus nation. VA is dirty business and veterans lose badly in the game! Trump lavishly funded VA during his four-year term among other very good things. The agency enjoyed it while disrespecting Trump, Wilkie and cheating veterans. Literally biting the feeding hands that supported them and misappropriating billions in funding elsewhere than to veteran care. I think when the current administration is finished with VA, that agency will think Trump and Wilkie are sweet milk, wet nurse, mamas.

- The point is when VA employs political extortion; it exploits veterans and mass media as some of their most powerful useful idiots to do it. Vets get an alert that their benefits are in danger...blah, blah – VA, VSO's and such employ scare tactics so frightened bought and paid for hushed veterans start screaming. Mass media gives dramatic news coverage during prime time when politicians are in your face saying vote for me, dig and re-elect me. Then is when scandalous news leaks begin to rear their hydra heads of more VA naughtiness...in another as the stomach turns Washington play, aired during their prime time TV slots. Personally, I believe VA purposely creates and distributes 'leaks' as part of their game. Politicos start throwing money willy-nilly like bones to quiet the 'Fox News' hounds. None of that $$$$$ gets to veterans; the additional budget earmarked for them follows the 'trickle down' theory into top

pockets, which filters out what never gets to vets. What trickles down to us is not money but can you say, 'IP yellow on you peons'? The idea is, keep veterans screaming **more** so media, politicians and public pay attention and VA receives more largess in its extortion racket from the taxpayer, sugar-tit. Everyone loses but VA, Washington DC and their friends in a rigged, corrupt, political game. Look at 2016 Obama election cycle and it is so perfectly clear what VA and its friends did; veterans lost as we always do. VA gets richer vets get poorer. Consequently, depending on VA is like playing Russian roulette with all chambers loaded… ***BANG*** on first and every try. VA lies, vets suffer and die. In the VA – Washington lootership extortion racket, VA always wins while vets always lose along with everyone else. Learn and use these tactics in your favor… VA gets richer while veterans grow poorer.

- I know many veterans that VA re-denied their benefits multiple times over past decades and they had to fight for reinstatement. Each one lives in constant fear of another denial, and now that most are too old, frail and sick to fight another one they stay in line, quiet and at least appearing as 'team players' in VA's game. *They definitely feel the VA noose burning around their necks.* All of the veterans that I personally know do not use VA healthcare or its meds at all. They distrust the system to cripple them more! They go in once a year to keep service-connected benefits current playing the game for nothing else. I simply fired the whole lot of them, to again, self-privatize back into private sector. Amerikans who complain about pvt medicine simply do not know bad...try VA and you will know what is absolutely bad! That place is not worth the risk and worry. If you can live with that kind of uncertainty and moral injury stop reading this dispatch and turn to the funny papers. **Ignoring what I've written here is no skin off my nose**... and the dirty trick is on you; however, some contrarian people into S&M seem to insist upon learning life the hard way. It only takes once to send your cold dead body wearing only a sheet and toe tag to basement morgue....just once.

- My dentist described his buddy who used Houston VA. A combat ground soldier, he went through three wars without a scratch. Had a partial rating for back problems. After a VA neurosurgeon crippled him for life dragging one leg and foot around like a cinder block. The surgeon said, 'So sad, too bad, get a higher rating...and brushed him off' He is fighting like everyone else for full disability. That veteran learned the hard way about VA dirty tricks...if that is your bag, have a nut. My preference is learning from other people's mistakes. There is not enough time for one to acquire everything in life **the hard way** and perhaps the human body cannot take that much punishment anyway.

- When I read or hear of all the VA shills who say, 'I've never had a negative experience like the rest of you...okay Pollyanna Wallflower, when you do, don't bleed on my parade.. We warned you." It only takes once to ruin your life such as the aforewritten ex-soldier dragging one foot and leg around like a cinder block for the rest of his life. Then the veteran blind in one eye, for life, because a VA quack eye doctor injected something into it blinding him. Fortunately, 'M' stopped him before killing the other eye; or, the veteran numb in one leg because a clueless VA, NP clinic waitress as punishment for reporting her, mixed drugs that caused nerve damages body-wide and the leg never recovered. **Only once** is all that is required to make you a vegetable resident in a state institutional facility for the rest of your natural life or put you 6 feet into a hole in the ground – forgotten forever. ***Feeling lucky?***

Go ahead, make VA's day. Take the ultimate dirty trick ride. I will chance it with much better odds, elsewhere. **Always remember: VA gives vets another chance to suffer and die for this ungrateful country.** Adding one more white cross to the National cemetery with your name on it, to be forgotten like all the other unknown soldiers, keeps VA employees in jobs.

- What VA does not see or diagnose, it does not treat!! The willful blindness dirty trick. Life threatening infections for instance, specifically hospital caused staph infections - aka flesh eating disease, gangrene, sepsis, urinary track infections or UTI and more. Over the last three decades, millions of veterans suffered and died from VA clinic and hospital caused, untreated infections. VA fallback always is they were antibiotic resistant as reason why the patients remained untreated. Plausible deniability...so it seems; however a deeper, darker reason for untreated infections is that infections, especially when clinic or hospital caused go against department quality metrics. That means no bonuses, perks, advancements and other employee bennies. Fancy that – another case of VA employee self-interest over veteran health & welfare and what the company refuses to recognize does not exist aka willful blindness. Therefore, the vet remains untreated...more denial, denial, go away and die veteran but not here. That is what murdered my dad, a Korean War vet. An untreated, VA hospital caused staph infection that turned gangrenous. The staff quacks that caused and neglected the infections then tried to cut off his legs as cure when lesions from global body contamination broke out on them. He refused; for that insubordination, VA labeled him non-compliant, placed 'DO NOT TREAT' on his records and dad suffered until dying a few days later. **It was all his fault according to them, and the cause of his death recorded on the death certificate covering up VA crime: 'failure to thrive.'** Now days it would be Covid, which pays more. Choose VA for the bennies you earned and deserve and pay us for breathing say their hoaky Socialist slogans...just do not get sick – party smile everyone :(VA is dangerous to your life.

- VA is pure dirty trick Socialism. Employees make perceived work on paper creating overtime and show phony realization that on paper they are doing something when in reality they are useless eaters. One favorite ploy is when clerks make appointments showing added workload to then cancel them after being scheduled for overtime or blaming vet 'no shows' for not arriving for appointment no one knew about. So is making double booking appointments that veterans know nothing about, which also shows high demand in the system used for overtime or holiday scheduling. When s/he does not show up for an unknown appointment VA scapegoats the vet as a no-show as CYA. Since the time slot is double or triple booked, another vet shows up and VA is paid for both appointments because the no-show veteran is at fault not VA. Yep! A new wrinkle to the scheduling scandal benefiting lazy, good for nothing AFGE employees. There are so many accounting dirty tricks that 'generate paper jobs' that are only for GAO billing it is mind numbing. An example, using lists of long dead veterans submitted for GAO payments. On paper they were working; in reality all of it was phony numbers just to get paid to stay at home on weekends. The truly sad part is that living veterans died on secret waiting lists that could have been seen. Do you understand the gravity of what all this means? That is Socialism and Socialist government run HCS.

- This fraud is in nearly every government agency, BTW. For example, a friend recently applied for Social Security and Medicare. She visited a local office in person after many unsuccessful online attempts made over several days that generated 'activity,' which only benefited SS employees, but was a complete waste of her time. The site constantly pushed and forced her to create an online My Social Security account to self-manage all her SS business. The point of that is because SS is replacing workers with technology and customer self-help same as VA. This might be okay for a young person, but to someone her age it is just another headache maintaining user password and ID account information. In the SS office she elected to have optional income taxes deducted and auto deposit of her benefits as required by the agency. She gave the office clerk helping her **both bank deposit slip and a voided check** to correctly enter all auto-deposit banking information. The clerk dropped the last digit of her bank account number and oddly did not give my friend a copy of that part of her application to verify before leaving SS office. Then she failed to tell my friend that a supplemental IRS form, which would have taken 3 minutes to fill out then, was required to deduct taxes, although the provided transaction copy for her to verify listed deduction of 25% income taxes starting on the first benefit check. Two months later her bank called about the bounced deposit and said call SS to fix it, then ***added that this happens every time on new, first time Social Security deposits.*** My friend then called SS and spent hours on the phone just to correct the bank account number by a single, missing digit dropped by the SS office clerk, which also delayed her benefits payments by months. Then when her checks began no income taxes were deducted, which resulted in another call to SS only to be told go to IRS website, print and mail in form SSA-1099 that resulted in more delays. Social Security is downsizing bureaucracy same as VA and other government agencies of useless overhead. Their websites are sloppy and do not work. Therefore, one must still physically visit local SS offices to apply for benefits or do it by phone which has same problems and worse. This whole thing is a dying bureaucracy wasting taxpayer time and resources protecting their useless existence creating phony work demand costing already strapped taxpayers out the wazoo. Therefore, employees create backlog, sandbag, and make work to show on paper that they are producing when really are not. In other words, on paper it looks like they are working when in reality the aggravation angers customers into self-service, when it finally works right, putting more useless government bureaucrats in the unemployment line only a little later.

- VA masterfully does the same to justify its existence. My friend's SS SNAFU, purposely created by bureaucracy is countering government downsizing that private companies have been doing nearly 50 years now. These parasitic organizations have skated and freeloaded that long as America's worst enemies. They now face the same music as a dying private sector because US, GNP cannot sustain those costs anymore: in other words, the parasites are eating each other because host producers are growing fewer, dying by the day. Not only have the Socialist parasites eaten all the golden eggs, they are eating the geese laying them as well. That is the final stage of Socialism before it collapses into Commonwealth Communism. Technology, off shoring jobs, until technology can do them, into more efficient, cheaper, non-union, low or unregulated, right to work countries and other low cost advances finally visits governments because Amerika's bankrupt budgets allow for nothing else. In other words, a sick, dying, US capitalistic, private sector that once fed these fat parasites cannot do so anymore, compete in a global markets and remain thriving businesses.

- Dirtiest among VA and its friend's dirty tricks, not only has US lost hundreds of millions of jobs overseas but also major corporations moved or reincorporated out of America's US tax collectors, regulators and Socialist bureaucratic iron grip because of prohibitive costs doing business in US drives them to insolvency or out of the country altogether. Guess where all those jobs and other economies went when they closed US operations? Bloated US Medical care is the most expensive worldwide for what little that consumers get, as is same for most every other cost for what American's pay for but do not receive. Something has to give; **that is Socialism, folks.** The parasites eat each other just before Communism assumes control. Socialism fails 100% everywhere it is tried; Socialist's answer to that failure – apply more Socialism. That is like throwing jet fuel on an aircraft fire to put it out. Socialist's motto: the floggings will continue until morale improves...party smile everyone :(

- VA bureaucracy will literally, kill you. AFGE unionized, civil service employees have no incentive to earn their keep, nor even come to work. **Unions are Socialistic organizations, BTW.** For all their usefulness to veterans, VA employees might as well stay home, and most do. A declining few employees are very good, helpful and that is what makes the place go at all. However, more dead wood than productive employees with attitudes of pay me for breathing, exist than anything else. The paperwork process, whether digital or paper, is a nightmare even for a Philadelphia lawyer to negotiate. VA kangaroo court and dysfunctional judicial system is beyond Nazi criminal. The bureau is nearly a total parasite and dead drain on American GNP and economy. Looking under totally useless in the dictionary, one does not find a photo of Congress, the Whitehouse or Jimmy Carter...nope, one encounters VA's picture wrapped in red, white, blue and taxpayer dollar green hypocrisy and bigotry. Perchance that is why VA upper management streamlines by replacing employees with automated-technology, off shoring and customer self-service like most every other US company has done or is doing. What cannot be technologicized VA contracts out and off-loads to other countries that deliver far more value for the taxpayers' dime, and from what I hear – much better vet care. None of this is for benefit of the taxpayer or veteran, but to save VA profits from extinction.

- **VA is considered the worst healthcare system, if one can even call it that, in the entire USA.** VA Halloween dirty trick and mistreat!! It ranks below Medicaid, Military, dead last. In not trusting military healthcare, I personally know active duty soldiers that buy expensive private heath insurance for their families. Soldiers must use military HCS per UCMJ but not their loved ones. So they undergo financial hardship sending them into the private sector. Over 90% of US veterans do not use VA at all; they distrust the bottom dwelling parasite that much!! VA HCS ranks dead last and Amerika prizes its military and veterans that much to give us the worst there is to offer? Hypocritical ingrates!! Dirty tricks on you Amerika: VA grows richer while you grow poorer. Think of that when writing the next tax check to IRS.

- **'A lie is a lie even when everyone believes it; truth remains truth even when nobody believes it. Adolf Hitler.**
  A pervasive lie that veterans get healthcare and benefits on par or better than private sector is now a commonly believed, persistent, propagandized, lie. Here are the historical facts – you figure out the rest. **During the Bill Clinton Administration, first lady, Hillary Clinton's plan was to sell America on Socialized Healthcare. She needed a sterling Socialized example so chose the VA as her model. Armed with a presidential**

decree she gave VA an ultimatum: *reform into that sterling model <u>or else</u>*. Hillary needs no introduction: she has sharp teeth and a very nasty bite. In 1994, Clinton put Kenneth Kizer in charge of the VA health system, as Undersecretary of Veterans Affairs. The new sheriff over that agency had large teeth and nasty bite, too. Kizer among his many accomplishments, reformed VA; he modernized the VA's computer systems, fired poor-performing doctors, support staff, and established private-sector-style metrics to measure the VA's performance on things like patient wait times, care quality, service, etc. In other words, during his five-year tenure, Hillary & Kizer reformed VA into a top-performing healthcare and benefits institution highly envied by the jealous US private healthcare industry. *<u>They did this without more and more budget money</u>* and notwithstanding entrenched, status quo 'good old boy and girl' interests dead set against them derailing their gravy trains. *<u>Clinton and Kizer created a long overdue mammoth train wreck from status quo to provide quality Veteran healthcare providing them the benefits they deserved for the very first time in VA history.</u>* Hillary Clinton is many things but you got to hand it to her: she managed to do what both houses of congress and all their committees riding on Washington's *Ship of Fools* could and still cannot: reform VA. However, all good things end; after Clinton left office and Kizer resigned from VA so did their success story. Recidivism quickly reclaimed the institution to its former cesspool run by status quo 'good old boy and girl' special interests: VSO's, political pork, crony's, internal corruption, etc while pigging out on their free lunch and ride on VA gravy trains. All the while, hiding behind claimed and published accounts of what the agency did not do during the Clinton era VA golden age. VA is now considered the worst healthcare system in America yet perpetuates commonly believed lies to the contrary. Ref: Avik Roy, Forbes Staff writer.

So there you have it; should any of you still believe VA propaganda that its medical and benefits system is on par or better than private industry I have some ocean front property that has never been used located in Crested Butte, CO. I will sell it to you dirt-cheap. Buy my beachfront before buying into bogus VA propaganda & lies….it's far, far, cheaper. ***<u>I will even throw in a smooch and a tube of anal lube….which is far kinder than the butt load of misery that VA shoves up your pie-hole</u>…*** *do your homework – the information is out there: VA lies and veterans die.* ***VA is richer while Amerika is poorer.***

- Attention all veterans, to VA you are a 'war dog,' lab monkey to experiment upon in their teaching and training hospitals and nothing more. I first ran into this at a Dallas, TX Nephrology clinic. The staff doctor from my very first visit seemed much too interested in my perfectly, healthy, heart...odd, since that organ is a long way from sick kidneys….caused from toxic military weapons and other exposures. Then she and her staff began Gaslighting about my 'mental' condition… Now I am alarmed, kidney doctors doing perverted mental health work, too? Moreover, Gaslighting is a very sick, abusive psychiatric psych-war weapon that plays with ones head and reality, aka crazy-making. Long-term use coupled with drugs which shorten the efficacy time, eventually causes one to act and think as if s/he is crazy! In some provinces, that is a crime considered criminal, mental abuse!! ***That is also how VA quack therapists are causing VA campus veteran clinic, parking lot and on and off site suicides!!!!*** Kidneys are well below the head and shoulders, now I am alarmed and on red alert. I suffer from extreme anxiety; aka PTSD or 'SHELL SHOCK' caused hypertension uncontrollable by VA quacks like her. *<u>Ms. MD. prescribed blood pressure medicine known to cause heart problems in people without them and heart attacks in those with a history of them.</u>* The **black**

box FDA drug warnings read, *if a patient complains of cardiac symptoms on first dosages, immediately stop the medication.* I had them and complained; her Rx: increase dosage 50% and refer me to cardiology and Baylor's Butchers heart specialist residents needing fresh veteran lab monkey meat for surgery practice. I do not have nor have ever had heart problems. When I protested they childishly patronized me and pressed harder that I needed MHC help then referred me to ER and scheduled a cardiac stress test. I attended the stress test appointment. I have DNR and Advanced directives on my records for a very, very good reason. The stress test NP lead or lead clinic waiter, med-tech and doctor said just remove those 'blocks' and after the test, we will put them back. Hell no, and I walked out of the clinic. For insubordination, the doctor flagged my records as 'DO NOT TREAT.' VA keeps secret records only they know about and 'DO NOT TREAT' is punishment for insubordination in standing one's ground against those pompous, asses. Now cardiology and cancer treatments are some of the most lucrative of all US medical industry moneymakers. For those surgeons to get good and command the big bucks they need lab monkeys to chop on; should a vet die, no malpractice, too bad, so sad, part him out and sell what we can to the 'human organ' black market. Cremate what remains and if the family does not want the ashes, fertilize the front green with them. The idea was to create an artificial heart attack for cardiac surgeon training purposes. When the lead NP clinic waiter could not browbeat me into a release, he said, 'You must see the doctor…" You know like when in school and a teacher cannot bully a student to her wishes, so to intimidate him, she sends the student to ***the principal's office*** hoping that authority will crack his or her independence. No banana, jerk off. While waiting, I watched the NP lead & clinic waiter, and technician badger another old veteran into releasing his DNR and advanced directive. I told the staff doctor same as the others, no banana, banana and walked out. Feet do not fail me now exiting the clinic door – I am out of this asylum and went home. The VA staff doctors, techs and lead clinic waiters had their drill down pat and knew what they were doing. I expect a large bonus awaited Nephrology clinic Ms. MD staff doctor, and cardiac clinic personnel for each lab monkey provided to train Baylor's new resident surgeons out of their ignorance into earning the big bucks. First thing VA does is label one crazy to discredit any disclosures about what goes on in secret behind closed doors. Then over medicate, **gaslight** and other crazy-making ploys so that after a while one feels and thinks that s/he is really loony. ***Once again, Gaslighting is a very evil dirty trick; it is psychological and mental abuse to make one think s/he is losing their mind. It is a crime in many provinces – hint, hint, hint! This evil is also the reason for VA caused veteran suicide epidemic. 24 VA caused veteran suicides on VA property during an 18 month span between 2017-2019 using drugs and mental terror by the agencies MHC quacks.*** In other words VA plays with ones head and reality!! That mixed with psychotic drugs is behind every veteran suicide on VA campuses!! In that state, one is silly putty under their control, which is the point. I might be crazy but not that crazy, and they should look at the shit-for-brains I see separating their ears. Caveat Emptor when using VA…and cover your heart with lots of garlic against those butchersome vampires.

- Should you choose to tangle with VA, send all written correspondence to evidence intake center or elsewhere at VA via certified mail, return receipt! VA has 'loss-itus,' convenient memory loss, and 'CRS' disease: **C**annot **R**emember **S**hit except to use against you**.** USPS is a government agency and certified mail is tracked and documented US government endorsement that holds up in court should VA deny receiving your evidence. It sets the agency up for tort and those folks become very careful about not mishandling your files or you. Electronic still does not carry the power of paper documents. VA pushes hard for electronic because IT back

doors can do anything to those records no matter how old including ---zip! All gone & erased with one keystroke. Another tip I got from a lawyer, send one document hard copy by regular first class and another Certified USPS mail. Moreover, **blue or black ink hand written on paper** holds up in court over any electronic documents, video or audio even after you are incapacitated or dead....*hint, hint, hint!!!* That is your living statement. Without an expert witness behind an audio, video recording or other digital media these carry no weight before the bench. Lawyers press hard to discredit witnesses by grilling them before electronic data is admissible as supplemental evidence, especially when taken without a veteran's specific knowledge and agreement to being recorded. This varies by province. That is why witnesses revert to the Fifth Amendment protections against self-incrimination for perjury, which ends using that evidence or witness, proper. **The court knows this person is lying & hiding something.** How many bogus but very convincing fakes have you seen on Internet? VA is not beneath fabricating whatever it needs to set up a veteran. That crap might hold water in VA kangaroo judicial but not in a real world legal system. That is why VA is terrified of going there; too much publicity, naked exposure and it must be convincingly truthful. Moreover, perjury to a real judge and jury is 10 years in prison. Most VA employees facing perjury wimp out when facing 10 years in the pokey over a job. Take this job and shove it VA; I am not playing hide the wiener as a prison bitch over you! Then VA is quick to settle out of court; same for jury trials, VA settles those out of court very quickly as well...*hint, hint, hint!!!!* They also resort to gag-order settlements, which keep details of the case secret from other people knowing about what happened. VA states it is to stop copycat lawsuits. BS! It hides their dirty laundry from airing publicly which maintains what it is doing to other veterans. It is your call about gag order agreement or no. Keep in mind allowing VA to keep its crimes secret only hurts other veterans more. It is one thing to get yours but not when doing so denies other vets. Again that is a personal integrity issue. Keep a journal of each interaction written in your words with names if you can get one; VA phone callers seem to resist giving a name anymore and often in person one must ask for a name, the time, date, and transcript of what happened: who, what, when, where and why. Understand recorded calls are risky except for use only as personal notes in filling out your handwritten ink on paper side of the story. Dependents, if your vet is suicidal and freaking out, while getting s/he help, record all the information possible on video, audio and write it down. That is another very important reason for having a witness with you during VA appointments. **If one of those quacks via forced therapy or psychological terror trips your veteran into a crisis, drive that person home or your personal civilian doctor to safety. That is probably the best idea all the time! In suicide attempts something inside simply snaps. Do not let s/he drive because should a suicidal impulse suddenly grab the person – in a car crash both of you lose the farm as it were. I experienced that only once and it scares the shit out one when the driver snaps, loses her head and goes berserk!** It is like she was possessed or something!

- Veteran spouses are the strongest people alive; when dissension hits the fan, this stuff separates the big mouth lout, slaughterhouse gut wagon, bad breath 'TV phony strong woman' from the *truly strong woman or man*. The former is one who cuts and abandons when you are down and in trouble. Next time you hear from her is divorce papers and a restraining order. If the tables were turned she expects you to be there for her better or worse, no matter what, as you have been all along. However, the latter faithfully understands and goes through hell with you knowing when the time comes you will be there for her. S/he meets with other veteran wives

husbands and they trade notes to understand their spouses issues without judgment. That support often is difference between a troubled person making it or a final leap off a chair hanging on at the end of a 4' rope over an 8' drop. VA certainly is not there for veterans and I can prove it: ***national veteran suicide epidemic, any questions?*** It is those tough spouses, families, friends and such caring for our nations veterans; not plagiarizing VA taking credit for their heroic efforts, I can assure you 100% of that. One of the only joys when in VA hospitals and clinic waiting rooms was watching these truly strong spouses & families supporting their veteran husbands, wives, parents, siblings and the like. While the big mouth slaughterhouse gut wagon 'strong' TV woman is hiding under her chair looking for a divorce lawyer, the truly strong veteran spouse keeps his or her head and remains steadfast during some of the most grisly moments one can ever imagine. Real life is not TV drama, sometimes it is deadly serious and in your face. Running away is not an option. A TV crisis, drama queen 'strong woman' deserts to cut and run away through divorce and other abandonment; tough veteran spouses do not desert when facing the hard-bitten stuff, **which includes both men and women BTW**. Observing them in action while in VA waiting rooms for me was one of life's most simple pleasures. I have the utmost respect for those peaceful warriors. My mother was one such woman to a very troubled Korean War vet husband. That experienced did very evil things to him for which he received no help from the Amerikan people or country that sent him there. VA did not help him, his family, or others like him, either. Nothing has changed since then concerning veteran abandonment by VA and USA.

- Your notes are valid evidence in criminal and civil tort backed up by testimony. Personal videos of a veteran while undergoing crisis and after a horrible VA encounter, are also helpful evidence when used properly **hint, hint, hint!!!** VA greatly fears liability from outside legal proceeding. Especially when targeting a particular employee. You will be surprised how one of those brave cowards will sing when facing prison as martyr to a job. Their lies, stall tactics and other BS do not cut it with a real judge & jury – oh yes, choose a jury trial…**hint, hint, hint!** With 24 juror eyes, ears and minds critically watching the show, that makes it harder to pull a fast one and makes VA is more inclined to settle quickly out of court, which places great caution in VA against re-denying your claim. VA is ever worried one of these trials could land it under Congressional investigations and US Supreme Court territory...**hint, hint, hint!!** Moreover, old ghosts never die. Who ever re-denies the award now can be sued for personal tort same as the remainder of VA since US Supreme Court denied the agency's immunity and lawyers found holes in Federal Tort and Feres Doctrine. That is why these snakes[1] now hide behind agency and department titles in not giving out their names. A court order, and subpoena among many other ways, can quickly get one if required. Nobody can hide anymore, nobody. VA cried to Congress and Supreme Court for protection, which they denied. You made this mess so suffer it VA. After over a century veterans finally begin to get a glimmer of justice, which means all those who've suicided and died for us did not do so in vain. **Do you see what US Supreme Court did for all vets in stripping Nazi VA's legal immunity for its crimes? Use it!**

- ***An interesting observation, and dirty trick on the VA, is the very sheer bureaucratic incompetence that allowed VA as a criminal institution to survive a century finally undermines it.*** Lawsuits, since removing the agency's criminal immunity, now make VA privatization a given to avoid facing more very expensive consequences for more costs of its crimes. Tort settlements for vet suicide wrongful deaths alone are over 1 billion and climbing straight up as lawsuits accumulate. Malpractice and negligence court damage awards to

veterans and their families are shooting straight up as well. Contempt of court in not paying up means someone goes to jail or prison in the real world, judicial process. That is why VA offloads more and more of the system into private hands...shifting liability elsewhere. After a certain point, so much of VA will be in private hands the agency will cease to exist. Civil service disease and resultant personal tort civil and criminal lawsuits accelerate VA privatization. In other words, the very incompetent nature of bureaucracy is sending those employees to unemployment bureau.

- VA's suicide hot line is one such instance shifting VA liability to vendors. Perchance that is why those folks do not answer it? They figured out what VA is doing to them and opted out as VA's lawsuit Patsy. "Your call cannot be answered as dialed...please try again – disconnect." The online chat line is much the same. A user first encounters a questionnaire of many stock answer and essay questions. At the end, an audit number generates and the vet is instructed to write it down and check back in half an hour. In other words, hold please… First thing VA does when vets complain of that is blame the vendor; it is never their fault, and the finger pointing fiasco goes round and round – get my drift? Liability terrifies VA, its employees and vendors. You figure out the rest and how to use it to short circuit their CYA or 'cover their asset' defenses used against you to turn it on them.

- When signing forms, always precede your signature with: 'V. C…' Written exactly! That stands for Vis Compulsiva which means under duress… the three ellipses mean additional information; you are not liable or accountable when forced to confess or agree to a contract or forced arbitration when drugged and with a gun held to your head. Look this up on legal sites for detailed information...the largely unknown, English Tort tactic covers your assets, troopers, in contracts of all kinds. **Note none of this is legal advice...it is all public knowledge if you know where to look; [KNOWLEDGE OF THE TRUTH AND HOW YOU USE IT IS WHAT SETS YOU FREE.] Just knowing without using is pointless. We are all adults here and you know the standard drill & disclaimer routine, blah, blah, blah…..do not blame a tool maker for how you use or misuse the tool.**

- VA has a nasty tactical maneuver of drugging sick veterans stupid before shoving forms under his or her nose to sign – especially when being admitted or after admission into their hospitals. Also, one never knows what that 'schmooze' backstabbing clerk actually puts on your computer applications that only s/he can see before sliding only the last, printed, signature page over for you to sign without allowing you to first read the rest or giving you copies of any of it! The clerk refers one to records release dept for hard copies...good luck getting some or any of them! Hand write a statement to that fact using blue or black ink on paper and file it with your pen on paper files. If you forget 'VC' when very sick, drugged or under mental duress or all of the above when forced to sign, remember to write the pen & ink statement....hint, hint, hint. **Again, document that in blue or black ink handwritten on a paper journal entry.** The subterfuge is all on purpose for their benefit never yours. VA's administrative process is extremely intimidating **all for company benefit**. **An old saying, "if you get old too soon, then finally get smart."** Nowhere is that more applicable than when dealing with those parasitic, pirates at VA. Most of us find this out after the ambush. Pass your experiences on to all veterans who will hear you!! **All knowledge is passed on** and VA keeps us ignorant exclusively for that criminal organization's benefit. ***"Watch out for each other because that is all we got or ever will have; watch each other's***

back because everything else sees them as a target… - especially the VA!!" Where it is always "open season" hunting veterans. VA gets richer while we grow poorer, one day older and closer to dead.

- Aunt and *Uncle* Tim and Tom veterans working at VA are the worst of the whole lot. They schmooze up to a bewildered veteran and give the impression they are your friends, especially clinic and hospital waitresses, aka – nurses, NP's, PA's and 'A or B' PN,' clerks, doctors, etc. If you understand nothing more that this: VA STAFF IS NOT OR EVER WILL BE YOUR FRIEND!! Veteran Tims and Toms are worse than the civilians in that they know both systems and target a confused, ignorant, vet's weakest areas. Their self-interest & motives are same as the rest, hooray for me to hell with everyone else – I got my bonus, advancement, perks, ad nauseam. They sold their souls and sell everyone else down the toilet at going price. Aunt Tom and Tim's are the absolute very worst. I encountered more problems from she in that matriarchal, ***misandrist, racist, organization*** than from men. Men are a minority group working for VA. A few guy vets do help other vets when it is safe to do so. One faces career suicide if caught or suspected of helping a veteran. I have had those good guys pull me aside, away from surveillance, eyes, ears, and say, "as a VA employee you did not hear this from me; but vet to vet…" or take me completely off VA premises in their POV to give helpful advice of where to go and whom to see for authentic assistance getting around VA blocks denying help and care. ***Never kiss and tell; viciously guard your allies because at VA they are far between and few.***

- Pay attention to triangulated 'helpful' comments directed at you...take the *hint, hint, hint*…..pay attention!!! Listen as a waiting room mouse to what others are saying, nonchalantly, often for your benefit...nobody takes you by the hand through this system. Older 'good guy' veterans who have been through the VA grinder, some for many decades, often watch the newbies. When they see s/he, having a bad time with the system, they often do the hint, hint, hint, off handed comment made to help you. Never trust strangers because one never knows in that place. You are naked and unarmed behind enemy lines. The old hands know that very well. However, these clever mates also know how to help without causing personal trouble for you or selves. Old vets do not get that way being stupid when dealing with VA, and have the battle scars to prove it before they got smart. Rarely, but sometimes, VA employees drop a hint or two. Remain alert and pay attention! Anyone who ABC's you by the hand is a misleading pied piper for their personal benefit. Assume you are constantly recorded while on VA property and during all communications with those people while off premises. VA hides behind privacy laws while denying you from doing that to it. Remember you are open season in this two faced, one way, communist, criminal, hypocritical system. Caveat Emptor!!!!!!!!!!

- VA, VSO's and such do everything to keep veteran complaints from leaving their domain. That is why VA is in so much trouble. The agency allowed too much to get loose from it especially the national veteran suicide epidemic that places Washington DC and Congress on the hot seat. We the Sheeple are not amused and propaganda is not working to hide the crimes anymore. Outside of the agency's compass the rules are very different and mostly against **them**. Use & learn that to your advantage. While onsite, ***VA employees set a vet up and provokes s/he to violence to blame the vet. That is why personal witnesses are a must; once tagged as a crazy & violent your integrity is nil. Your records are flagged as a***

violent veteran and you must check in with facility security every visit for an escort everywhere s/he goes on reservation until leaving it ***to protect VA employees.*** Get that! To protect VA employees playing the poor little me games baiting you. **It is the old victimize/victim game.** Staff employees intimidate a vet same as poking a stick at a restrained dog; when s/he has had enough and blows a gasket, they then call security and play poor little me victim and blame you as the perpetrator. The poor dog is shot after going off on its tormentor. And security escorting ***YOU*** is to protect VA employees!? That is why witnesses with you everywhere are important. Moreover, what they never expect is an ***intellectual-sniper surprise*** complaint about them from an agency outside of their gulag system. So get employee names. Hit and run then take advantage of their fear and confusion in moving towards your agenda. VA constantly does that to veterans through our lack of knowledge within their system, but does not figure their tactics can be used against them. ***They literally think we veterans are too stupid…*** Let them think that...it is to your benefit when they never know what hit them until well after you are long gone. ***VA Nazis are ruthless; forget that just once and you will regret it.***

- VA employees have a hidebound system they must work within vets do not. Fear keeps them bureaucratically hidebound, too. VA patient advocate is there to keep problems in that system until it blows over enough to silence the vet. They use veiled threats of 'do not rock the boat' implying doing so will cost the troublesome vet his or her benefits. You better be ready to chance that; one flinch and VA has you by the gnads. Be ready to bite with bared big teeth and they will most often back off testing you from time to time. The whole point for them is that your issue not leave VA and get to Washington DC or mass media scandal.[2] Veterans have a whole world of resources to use. Going public for an employee is career suicide same as whistle-blowers face taking VA dirty laundry outside the chain of command or even openly voicing discontent within it. Any link to an offending employee is brutal retaliation as an accomplice. Civilian mass media, lawyers, EEOC, federal & state American's with Disabilities laws, state and federal abuse agencies, and more are a veteran's best friends in this – ***hint, hint, hint!!!*** Once a complaint comes to any bureaucracy, the agency must pursue it!! Not so much for your benefit but CYA should it erupt into a national scandal. Should that happen and a bureau not do its job, political careers go down the dumper in one flush. This opens the door for investigating and exposing more dirty laundry that VA does not want uncovered. Heaven knows it has enough of it. The stink always leads back to dirty laundry owners. This also brings unwanted attention from public, mass media and other government agencies seeking to increase their budgets, *aka the parasites eating each other.* The other point is that these all are a history of VA abuses against a veteran that do not yet require an expensive lawyer and all of them add up on your side of the profit loss balance sheet. Going to public agencies are just that: publicly documented and in your favor. VA is doing this to you in its closed system. Outside of it, their records have little value. Most if not all of that is useless in the real world outside of their house of horrors theme park and nightmares. Learn how to use their dirty tricks for your benefit.

- OIG is a VA paper lap dog and is pointless to veterans: it cannot help you. All it defends is its food dish. Whereas most all other government watchdog agencies are not; and should they get a feather in the bonnet at another agency's expense so much the better especially come budget and/or election time. The parasites are eating each other because not enough hosts exist anymore to feed them all. Where there is smoke always leads to fire in uncovering bigger

issues. Bureaucrats are lazy, do not want trouble, or to be placed in a fish bowl, or to stand out or be held accountable or associated for anything except kudos; especially not scandal, nor consequence nor to be singled out as scapegoats nor have their management or the Washington DC politicians stand out in a bad light with s/he holding it – especially during election cycles every 2 and 4 years. ***Use that knowledge and those cycles to your advantage!!!*** VA certainly does that in holding taxpayers, politicians and veteran's hostage for more lootership dollars into their tills!! Therefore, in a dependent-codependent relationship VA convinces vets we have no power, further misleading us into thinking that we cannot live without the company; **however, VA is the dependent!** Absent veterans – that agency has no purpose to exist. It uses fear to convince you that rocking the boat will cost your benefits. It is their boat in danger of sinking, not you!!! **Nothing from nothing remains nothing.** Grow teeth, learn how to use them, back down the bastards, and use every **dirty trick** and ruse to bring the same misery into their pampered worlds pursing your agenda as they do into yours until they stop abusing you and do their jobs!!! If you let the hired handmaid be your master...that is what you will be – ***her foot servant.*** VA is the abusive, narcissistic, heartache, lover handing out the pain then blaming you for it. **BTW – That is Stockholm syndrome,** mental, psychological terrorism!! Cower, grovel or stand up, grow teeth and bite hard are your choices. If you are going to be VA dogshit, let it be on their faces not under a doormat or bottom of their jackboots. ***First rule of military espionage, use the enemy for your benefit and help it self-defeat using its rules.***

- Do not expect VSO's, patient advocates or the lawyers to help you pro-Bono. Nothing is free; someone pays 'for free' and always it is the veteran. Self-advocate!!! Get help from other vets or people who know the ropes and can help you and do it **with you**. Don't sit on your dead assets expecting someone else to do the work so you benefit free and for nothing. Those of us who put together these dispatches of our wisdom are helping only if you make the effort to self-help. If more vets stuck together, grew teeth and used them we would all be the better for it. A frustrated veteran advocate and lawyer once quipped, 'What do they [veterans] want when out of entitlement they expect me to spend my life working for them free and for nothing. I am not their slave yet they expect me to be…." I agreed with him, then added that the system is set up to appear to them as a free entitlement to keep them from getting anything...he agreed. The hundreds of VSO's doing veteran work 'free' and pro bono actually exist to **profitably** keep veterans divided and conquered. All human interaction is motivated by self-interest. Put another way, ***what is in it for me.*** Few people, if any, spend their life altruistically sacrificing it for benefit of other people. Learn to self-advocate instead of expecting someone else to do it for you. As previously mentioned, every veteran I know with 100% rating paid for a lawyer to get it. The first attempts at self-help are challenging but each try gets easier. The simplest way is hire a layer straight off. Moreover, once people realize what you are doing, help and resources arrive, and you become a sterling example to others above all those horrible entitlement warnings that expect people to do it for them free and for nothing.

- The perfect slave says, "I am not a slave." Get my drift slave? The recent Washington DC vet occupy the Whitehouse event is a good start. Us Supreme Court cleared the way for veteran class action suits against VA. Why not? Currently, each vet stands alone against an evil empire. Again, why are veterans lesser citizens denied the same US Constitutional rights we sacrificed to defend that the rest of Amerika enjoys? With so many useless, pampered, protestant, VSO groups...the more divided are vets the easier it is to control us. With so much help, why are hundreds of us literally dying every day from lack of it? VSO's and VA want the status quo

gravy train to go on stealing our benefits, which benefits only them and their friends!! A parable Repeated from Dirty Tricks 1 & 2 introductory preface illustrates aforewritten points precisely:

Face the Brutes ©

A workman walking to his job encountered a troupe of intimidating monkeys at a certain part of the only path to and from there. Twice each day, he rushed through their turf followed by tormenting, shrieking brutes chasing, screeching, throwing rocks, monkey turds and having good fun upsetting him. One day in his rush, he noticed for the first time, an old beggar peacefully sitting off the beaten path. On the way home, escaping only inches in front of screeching violence, again he glanced at the bemused vagabond, sitting serenely, watching the drama, which greatly puzzled the workman. Later, after calming down enough to think, he wondered why the derelict remained unmolested by *those nerve-racking monkeys*. The show continued twice daily until finally the old man yelled to the fearful worker, **"Face down the brutes!"** which was all he said. Tossing and turning sleepless all night long, the old beggar's words echoed in the workman's head: "***Face down the brutes***!" Next morning, he found a short, thick stick. Armed with that and a personal resolve against fearfully running away anymore, the job–hand began his daily journey while thinking – I *will* face down those brutes, yes I will! As the screaming mob approached, instead of fleeing, he mustered courage, turned, then confidently, in reaction to their howls and molestation's, raised and shook the stick while defiantly bellowing '***STOP***!' Confused, the troupe froze before scattering in all directions. Then while peacefully walking past, the beggar glanced towards him; the old man simply, silently, nodded approval. Returning home that evening, provoking monkeys again cautiously tested the worker only to receive the same wrathful reaction – STOP! After that, the workman never again experienced troublesome monkeys bullying him; however, they continued as brave cowards are wont to vociferously chatter and scream at him from a very safe and respectful distance. A little old saying, 'walk softly while carrying a big stick…" Each person must wisely choose personal battles and then be prepared to stand down a bully. One must be sincere lest s/he or it will take away ones stick of personal resolve to use against the holder. Following personal conviction is easier said than done; it takes courage, and the simplest things are always the hardest when *doing* that which is easier said than done. By fearfully running away, one teaches personal demons to chase and bite him or her on the ass, until a running soul stops them by courageously standing firm while holding the stick of personal sacred truth. When carrying that, be committed to using it if necessary; although, most times, simply standing steadfast as an implied threat, is enough to hold shrieking, cowardly monkeys safely at a respectful distance. ***So what's it going to be veterans...stand your ground or run as cowards from VA, VSO monkeys buffaloing you into subjugation.***

- For you young people, dealing with VA aggravations at your age may seem small, but as you grow older and especially if already very sick...and as those illnesses get much worse with ravages in the final wasteland of your life, what now is small grows into impossible. **The point is, if you plan to fight this do so now while you are young. Borrow the money for a lawyer. If the reward is worth it, you must sacrifice to earn it. Now with ability to sue VA employees and Federal Tort Act there has never been a better time to attack. Another VA dirty trick is to drag this out over decades until you are too tired, worn down, old, sick and feeble to win. It has the deep pockets and resources to do that until you give up or die. Lawyers can cut through that red tape using their dirty tricks. Understand VA dirty**

tricks is gift to you from those of us who are dying. These were hard learned by those of us who have gone this way before you!! Most of you reading this are probably new to the game, new arrivals as it were. Very few of us old relics are alive and face extinction. The reason VA gets away with the same crimes is because of all you new faces or new arrivals are ignorant of its centuries old time tested, honed and true dirty tricks this and other companies reuse on each new generation. Government and its agencies such as VA, BIA have been doing this more than 100 years or more than a century!!! Just like in every casino and gambling hall, the whole game is stacked in the house's favor. Think you newbies are that smart to cheat the house? Maybe but it will cost you dearly. None of us will ever pass this way again. Use it or lose it: one never knows what ya got till its gone, and one never knows what awaits in years hence...I don't care how much you jog, eat bean sprouts or gobble down yogurt, old age brings completely unexpected hardships. Especially from bad genes & inherited diseases, latent, dormant military injuries from toxic exposures, etc that will bite you in the ass when least expected at the worst possible time. Famous last words *none of that will happen to me* are just that...**your last words.** I don't care how bad-ass and tough you think you are...old age, unexpected sickness, loss of loved ones, isolation, dying and death breaks everyone down into worm dirt at the end. Graveyards are filled with the baddest, toughest, meanest hombres that ever lived, and home to people who were always right: **dead right. <u>Caveat Emptor- seize the moment for tomorrow is uncertain</u>. VA continues to grow richer while vets grow poorer, a day older and closer to dead. This game is stacked totally against you. What anyone does or not with what we elders leave behind is no skin off my nose. Again, if you get old too soon, get smart and use it.**

- [2]Never fear speaking out against VA. Speaking up and out exposes VA hiding behind its cloak of secrecy and darkness. That agency buffaloes and bluffs vets into learned powerlessness and helplessness – **you have all the power and they fear you figuring that out. Jim Morrison quoted, "They may have the guns but we have the numbers..." He died for expressing his sanity.** Their task is to keep you quiet and cowed into subjugation and believing that you are weak, until finally, literally, becoming faint and helpless. Grow teeth and learn to use them. ***<u>This is an intellectual battlefield.</u>*** Never resort to violence because you lose the whole war in doing so. A principle tactic used by owners is to provoke peaceful protests into violence. They send in head-busters on the fringes to start a violent riot, which discredits and ends the whole show. That also brings in armed swat teams dressed in riot gear to break up an otherwise peaceful assembly expressing first amendment, free speech. **Any way you cut that pie, it is censorship!!** I watched a peaceful union strike in 1983 weeks before Xmas holidays, purposely turned into a riot **when two top 'union officials'** brought cases of beer to tired strikers on the first day. **They had been walking picket lines all night.** Alcohol mixed with tired, angry, scared people guarantees hostilities. After that those 'thoughtful' union bosses simply let the process take a predictable course. Rank and file lost very badly when violence broke out a few hours later. The most damning part was when a beer bottle caught on camera, spinning in slow motion through the air hit the camera man recording it, which aired on every local TV news channel many times a day for over a week. Along with the injured cameraman's dramatically filmed scenes of paramedics loading him into the ambulance heading to a local hospital, while stunned and shocked strikers simply stood watching limp and slack jawed just before swat teams dressed in full riot gear swarmed the area. Watching such events on TV pales in contrast of up close in your face close encounters with swat teams. They must feed those guys chunks of meat like the lion den at the Zoo and let them out of their cages for jobs like this one. Man

they looked mean and well trained in head busting business. Factory workers were no match for these gorillas. Within hours the company had a restraining order filed in downtown Federal Court against union strikers, which ended the whole show, proper. **The union bosses knew what they were doing in setting up their rank and file membership to fail while pulling the teeth out of an otherwise justified, peaceful labor strike *per owner demands*.** Months later the SHELL SHOCK wore off most rank and file to realize they had been set up and how far down in the dumper they were as rank and file turds in that company owned union. Not an easy realization to admit that they were nothing but 'pimped bitches' by a company owned union. AFGE rank and file...take the hint. That with the gold owns the slaves. There is much more but that shows just how low those dirty tricks can go by the very people one thinks are watching out for you. It is a very sobering moment when realizing that your allies watching your back are the very backstabbing traitors bayoneting it. Like Gunny drilled in us during BMT well before that 1983 strike and January 21, 1977 the day America died, **'Watch each others backs because all else sees them as targets. Watch out for each other because that is all you got.' That company owned major US union was perfect example of what he meant. So is VA.** One's allies set you up to lose because their owners demand it. That which holds the gold owns all the rules. Stay alert for such dirty tricks out of VA; the agency has owners, and VA owns bought and paid off veterans. The perfect slave says, 'I am not a slave." Ask any one of them and s/he will tell you *I am not a slave until their disability & pension check noose tightens around his or her throat as reminder otherwise.* Think; do not glandularly react like BMT taught you to do in surface war combat theaters. Myriad, sundry battlefields exist and this is just another one – study Henry Kissinger and Winston Churchill or other great leader anti-bureaucracy tactics. In officialdom, squeaky wheels are oiled and fixed while those that just roll along are worn out and replaced. Just as in military, to VA you are expendable. VA wears down those who just roll along; it caters to those who make a ruckus in house and in public. **Use it!!!**

- Many men, women and I made the mistake of trusting those bastards; note – bastard is gender neutral – and got bit for our mistakes by those illegitimate, Socialist, snakes[1]. Learn from our mistakes. Heed our words of experience and glean them for pearls of wisdom to use in your situation. Each is different; there is no ***the* way**, only ***your way* using whatever works**!!! Rules are for suckers. They disarm you! Following their rules is certain failure for you and more job security for the serpents. No disrespect to the noble snake, BTW. VA is a corporate, Socialist, insurance company. Claims and benefits process is same as any insurance claim; the adjusters seek to rob policyholders for their benefit, perks and more company rewards in doing so. To buy you off cheap or for nothing. They are not your friends!!! Every VA employee doing that to vets is working for a criminal corporation...I'm sure the reader can think of at least one civilian corporation that has ripped s/he off...perhaps more. The single biggest difference is that one can fire or stop paying private insurance companies. Not so with taxpayer funded government insurance programs robbing us to reward incompetent parasites and their friends.

- Do not steal or outright lie to VA. An old saying, '***Don't steal or lie, government hates the competition'*** - especially VA. Avoid answering their self-incriminating questions; turn them back onto the inquisitor. Avoid direct answers and make note of incriminating ***trap*** questions that cannot be answered 'yes or no' especially when badgered and harassed into doing so by an interrogator. Turn their game around and put your interrogator on the defensive, which is very easy to do. Let s/he lose it with a witness present. Be sure to record it, too. Most of the time

the lazy employee will just answer the question for you per agenda. The badgering is a tip off that you are being unknowingly monitored and/or recorded in another round of how many different ways do you want me to tell you the same story, Binky? Intimidation, badgering and use of all coercive force are red alerts to you. Part of their reasons for drugging sick vets is to keep us dulled and confused. Stay frosty!! VA interrogators spin, twist and put words in your mouth then re-frame them to suit their agenda and record that about you into their secret record systems punishing you. This is where having witnesses with you pays off. Police state 'orgs' in Aleksandr Solzhenitsyn's *Gulag Archipelago used the same* interrogation methods with torture forcing confessions out of prisoners in the Stalinist gulag system of Russia. Psychotic drugs were in infancy then but myriad, sundry methods exist to break one quickly into babbling idiot and they used them liberally. Their interrogation tactics and VA's are very, very similar. Read the ***Gulag Archipelago*** for more on that! One very interesting aspect Mr. Solzhenitsyn mentioned was, prisoners that defied the 'orgs' generally went unmolested after the first encounter or 'session.' Those that fearfully cowed to them were unmercifully tortured for their cowardice. If it is going to hurt, make sure the other side hurts & pays, too. Seems, those who fought back with nothing more than a spoon, insubordination and guts were left alone; cowards do not like it when their targets hurt back. Orgs soon learned they were targets too. As Jim Morrison said, 'they have the guns but we have the numbers.' More than one org met an untimely demise in a back alley or 'slipped' off the train station landing about the same time the midnight express came roaring past, or 'walked' in front of a speeding car or ten ton delivery truck...They soon became as fearful as those they targeted for 'midnight' sessions in gulag dungeons. Mental terror works both ways Ivan. When people get pushed too far they push back harder. That is reason for bread, wine, circus mass distractions that have been in force since the French Revolution. I suggest you read *Gulag Archipelago,* it is freely available in text or audio format online at InternetArchive.org. The three-volume set has useful information for people dealing with communist institutions like VA. That man literally went through the bowels of hell in writing and getting the manuscript out of Socialist Russia documenting what went on behind the Iron Curtain; what a shame not to use his experienced knowledge fighting against similar disturbing elements in Amerika.

- **Keep good handwritten blue or black ink notes and transcripts on paper about who, what, when, where and why** about all VA interviews and phone conversations. I cannot stress that enough. The knowledge came as one of many costly legal tips from a good lawyer. The discipline also is good personal therapy. If necessary to help you remember 'record' via I-phone, digital recorder or other technology all you can for 'your' records; I assure you VA is doing that to you. This is your side of the story; but for kangaroo systems like VA, true courts of law take in both sides- that means your story counts too!!! Take a witness with you everywhere while on VA property 'for assistance;' they cannot deny you that. Should they, consider not going, then record and use that to advantage. Such refusal is just like taking the fifth, in a court of law, which is self-incrimination alone!!! You will be amazed when calling their bluffs with witnesses how quickly the cowards back down. Know your rights!!! Review the Federal American with Disabilities Act, learn and use it. Know federal kidnapping and other such laws. Also, learn those same state laws. Learn how to use them! Once you bare your teeth in the ready to bite, they will respect your rights. Remember always, they fear consequences of liability. VA staff love to get a vet alone, especially with two or more of them present, then have convenient memory later on when it is your word against theirs aka ***the set up.*** I prefer a dramatic, hysterical woman partner who can get lots of other people's attention quickly. Her

neurotic, ear piercing, screams of rape, rape, murder, help, help, etc bring everyone in the vicinity running to look at what is happening. Moreover, your partner can call 911, record video with the I-phone, if you get attacked and be a witness against VA in a police statement, with all the other witnesses now watching, for filing federal and state kidnapping, abuse and other charges. This is also useful when press arrive; everyone wants to be on the 6 o'clock news as show off to their social network friends. In one central Texas VA clinic veteran suicide, observers even posted step-by-step, blow-by-blow detailed transcripts of the suicide on line. Human nature is everyone wants to be part of or center of the show. VA cannot stop them especially once material is posted and viral. Free speech is very useful; to maintain it people must use it and often. VA is very quick to issue take down notices of such content from You Tube and other high profile sites. Big Brother and Sister's real name is "Google," BTW. However, once viral such content remains available forever; and nothing ever is deleted from Internet. While some of it hides behind 'speakeasy firewalls,' archive sites historically save everything. You must learn where they are and how to use them. Use human nature as a tool to help you…everything is a weapon or tool depending upon how it is used. Troops, learn how to use these new tools & weapons. Nearly every mass media account of veteran attacks on VA property were to lone veterans seeking help. Those that included a veteran partner witness went very badly for VA and better for a veteran...litigation, you know....use it.

- Never let them know that you keep a paper trail; do not divulge anything unnecessary about you, never!! Shove a damn combat boot in your mouth if required. Never answer offhanded, impromptu personal questions at all such as what do you do at work, kind of work, etc – NEVER! VA loves to catch one with surprise phone calls, during unguarded moments like lunch or dinner time, made by some **sweet talking nurse** to pop quiz you with seemingly innocent, always recorded, questions to entrap the unwary. These bitches are VA Mata Hari's; keep your head on the shoulders not between your loins! She is cutting your throat. Especially from different inquisitors all asking the same question to see if your story or answer changes. Insurance companies play this game after one files a claim. The policyholder gets 3-5 different insurance company employees calling at different times asking for details about your claim. I tell the first one my story; after that, they get this, "I've already told you once. Ask Mr. or Ms 'X' because I am not telling you again.' then hang up. I will not mention the last company's name that did this but it begins with 'A' and is among the big three US consumer insurance companies. They do not like it but realize pressing the point is when I turn the mess over to my lawyer for a jury trial & lawsuit. Once there, the insurance company must do everything through my lawyer – hint, hint, hint! The point is once you bite them they stop playing the games when knowing that you mean business. VA plays this same game and when one refuses or it finds no inconsistency, the inquisitor simply makes up lies to suit their agenda. See Lawsuit Proofing 101 and use it! The really lazy ones do that without bothering you at all. They can fabricate anything in a computer these days then add it to their secret files about you. Then should conditions warrant, like a court subpoena demand for information, erase all of it with one keystroke virtually without a trace. George Orwell and his 'Big Brother' should see how that prophecy turned out nearly a century after writing 1984. That is why hard copy records stand steadfast even after VA's have officially disappeared. Folks, if I could open your head and dump the contents of mine into it that still would not span the compass of this topic. You must do the work and discover for self. This is only a road map. When you have solid documentation, too, the tables turn to your favor. Have a strategic battle plan, then use it. VA

gets richer while vets get poorer, grow one day older and closer to dead. VA seems to live on to do it again to new arrivals after we old soldiers are gone.

- When playing how many different ways do you want me to tell you the same story, Binky? Whether in person, on the phone, either refuse to repeat it again and hang up, remain silent, which is the most brutal of all answers or turn it around on her with, 'why do you ask or what did *you* have for breakfast? However – mute silence works best of all' Loose lips sink ships and will sink your ass at the evil, Nazi, VA!! **Anything you say, do or write will be twisted and used against you...never forget that and use it to your advantage.** This goes both ways. VA is terrified of liability; I will write that again – ***it fears liability.*** Especially now that veterans and families can sue for redress both VA institution and individual employees. Record handwritten on paper in blue or black ink, in your words, details about how you felt, and reacted to every interaction with them; *I felt threatened, frightened, suicidal, terrorized, depressed, intimidated, fearful, nausea, sick, I threw up, etc.* especially should you undergo a surprise '**forced therapy'** aka psychological torture masked as medical care or psychiatric abuse or other mistreatment that causes weeks of suicidal depression. **Record that or tell a trustworthy mate, friend, ideally digitally recorded audio or video is better and make sure your trusted allies know where are you and your records – should something happen to you. Selfies are great for this, too. Self-therapy? Why not better to talk it out even to a device than to snap and kill yourself allowing the perpetrators to go free while your family lives the rest of their lives in self-blame asking why!?** When in a deep despondent, depressive cycle - that is the stuff of an impromptu suicide attempt especially if drugged up. VA providers purposely over-medicate and mix dangerous drugs that make people suicidal and psychotic – aka out of their heads. Then play Gaslighting, mental terror and other head game abuses. When one protests, s/he is told keep taking the pills it will pass, etc.! In my personal experience, those drugs only exacerbated problems into suicidal hysteria. One never knows what s/he will do when out of your head on that stuff!! Listen to your body; it is never wrong and go with that not some VA quack experimenting on you. I am not advising you either way what to do. You must make these decisions using whatever guides that work for you. When my body says NO, it means NO! Damn the VA quacks. Moreover, someone who is not suicidal often becomes so from medication side effects especially when mixed with other drugs interacting with each other. Go to FDA and manufacturers sites and research every drug you take and focus on drug interactions with each other. Those side effects can combine into a deadly crippling mix. It is you body and responsibility to learn about what you stuff in it. Report these negative VA drug interactions to FDA. Download the forms and report to them bad experiences with VA issued meds including the issuing doctors' names on patient pharmacy labels. This is your history!!! It is a waste of time calling those tel-nurse numbers listed on VA Rx. Contact the FDA and keep private records. Trusting VA on that is playing Russian roulette with all chambers loaded: you lose on first pull. The hidden drug ***'black box warnings'*** list serious information, read them! Those **hidden, black box warnings on mental drugs** especially are there for a very good reason. Read and understand them; I will assure you that VA provider who prescribed them has not! Or worse yet, perhaps she has and knows the lethal cocktail to use in an Oops that turns one into a vegetable or plants him under a gravestone should you cross her. Ref; Clarksburg W. Va, vet mass murders by a staff nurse...thinking that will not happen to you may be your last words….literally. There are so many variables to this it is overwhelming! ***VA is responsible for all the onsite parking lot and other veteran suicides caused by the aforementioned evil, sadistic, quack, VA medical staff.*** One extremely cruel

'treatment' is Gaslighting. ***Gaslighting is an insidious, evil, dirty trick; it is a psychological and mental abusive tactic to make one think s/he is losing their mind. It is criminal in many provinces – hint, hint, hint!*** In other words VA plays with ones head and reality!! ***That mixed with drugs is behind veteran suicide epidemic on VA campuses!!*** **VA used it on me; I barely survived before figuring out what they were doing to dump that whole mess, recover and warn you about it. BEWARE!**

- VA employees punish any 'non-compliant' veteran that stops taking their dangerous drugs with secret 'DO NOT TREAT' entry in his or her records. *You may get an appointment that taxpayers and your insurance company is billed to pay for but no treatment.* Your body knows when something is very wrong; obey it! Suicide is consequence of mixing mental terror "therapy" sessions and dangerous drugs. Feels like one has worms in the brain combined with hysterical anxiety causing madness to end the terror quickly, any way possible, which often is via suicide. This is psychiatric abuse!

- For example, in the 1960's drug craze and since, people using spiked street drugs, go crazy and self-destruct from psychosis, hallucinations, etc that cause them to jump off tall buildings, walk into traffic, and other out of the head deadly acts. That is what those VA drugs cause and when coupled with back room psychological terror in a clinic or hospital...a person goes self-destructively mad. The other side is a raging mass shooting or worse. **NOBODY EVER LOOKS AT WHAT TRIGGERED A VETERAN; THEY BLAME THE VET NOT VA MISTREATMENTS AS CAUSE THAT SET S/HE OFF ESPECIALLY BY JUDGE, JURY AND EXECUTIONER VA & MASS MEDIA !!!** **Ever wonder why during an 18-month span between 2017-2019, 24 veterans died by suicide on VA property, aka the parking lot and clinic suicides after being mistreated by VA MHC? If this happens or is happening to you tell someone not connected to VA. Begin a paper trail.* Report it as psychiatric abuse to various agencies, such as American Psychiatric Association, "Citizens Commission on Human Rights – 'report psychiatric abuse" which is a worldwide organization. Look for a chapter in your state or province and complain. Many worldwide agencies exist for this purpose. This deadly crime is more widespread than you realize.**

- *Then when able to make detailed notes write out a statement, hand written with blue or black ink on paper, recorded in detail who, what, when, where, why, how you felt and more and/or have someone do it with or for you as both witness and helper. **Sign, date and then use one or more of the certifying methods written within that authenticate your documented experiences. Keep brief transcripts as stamped and pre-addressed with 'forever' postage stamps as evidence – writing a copy to every major US news agency that tracks the veteran suicide epidemic,** such as USA-Today, and also pre-selected law firms having them in the ready to send should something happen to you. Do not share these with VA! Keep silent about them except to your trussed allies who will act for you in an emergencies. Do research on law firms that have represented wrongful death vet suicide suits against VA. **They have the experience so consider them first.** Then give the letters to a trustworthy person or a mailing service to send out in event of your unexpected death or incapacitation. The lawyers will contact your family and so will mass media; mass media is mass media when it comes to

another juicy political scandal especially at election cycles. This also prevents recording the death as 'other' to cover up the crime and to expose that you were having a history of VA abuse and mistreated problems. When suffering maltreated or untreated depression, one never knows what she or he will or can do during madness...especially when drugged and tortured by a sadistic, back office, VA inquisitor. Suicide mostly is an impromptu, spontaneous act! Not premeditated as PR misinformation misleads people to think. A suicidal person does not think or want to call the useless VA crisis or other suicide lines – **especially after being placed on hold or disconnect or for being punished for previously doing so. One does not think to seek or trust medical help or any help at all after suffering stigma and punishment as the VA is wont to do. Despondent hopelessness simply wants to end the torture leaving everyone behind wondering why.** ***Do not do that to them!! Make sure VA gets its full due and scream that failure to the world.***

- That is a large reason for VA suicide crisis: clueless VA and mass media fools have absolutely no idea about what to do with the Frankenstein beast they created that has them by the gonads and short-hairs. There is no time to leave paper or other trails when in a crisis. It is hard enough to do when depressed, once suicidal one simply wishes to end the pain. I write from experience...and should already be dead. All VA did was say, go-ahead kill yourself... As a ghostwriter perhaps I am already dead and only a ghost tidying up loose ends before carrying on. VA knows dead vets do not talk...unless that dead vet arranges before hand to do so by proxy. Veteran dependents this is your task too! Help vet all you can. Waiting until disaster strikes is pointless. **All knowledge is passed on; should one not know how, it is hard to do anything via ignorance. That is the whole purpose of why we survivors write and post these things; to pass on our experiences to suffering others, which hopefully help those seeking it!!! If this helps only one veteran, then my task in this life was worth the efforts.** When you are strung out there is no time and when suicidal, one does not think about such things; only how to end the pain!!! The notes and other evidence mentioned in this dispatch give a law firm all it needs to pursue justice on your family's behalf including prison for sadistic, abusive VA employees. You never know how many veterans the knowledge you pass on will help, you just never know how these things go…ever! Another tip, most all VA staff has company-supplied business cards. Ask for one and include it with your notes. VA is eliminating appointment and other paper trails that prove its many sins. That means you must create substitutes using suggestions listed in this dispatch. Justice is justice post humus or otherwise. Use VA against self!! When enough vets and their families do that, perhaps veterans as a whole will get true help. Work together folks, we are all we got.

- A word about VA, MHC, suicide, crisis line and MHC vendors. The deadliest dirty trick.

The last thing someone on the edge, seeking help needs is a keystone cop Swat Team swarming and storming their house like a terrorist nest in Beirut. That does so much unnecessary deadly harm in what amounts to Veterans Affairs clearing out an ant infestation with a bulldozer.

- These exist solely to pass liability from VA onto a scapegoat. None of it is about veteran MHC. The agency greatly fears having its fingerprints on anything that can tie into liability against a

company employee or more so the agency. That is pass responsibility in 'hot liability potato' bureaucratic health care. Numerous accounts exist to avoid liability in passing the 'proverbial liability buck,' VA offloads a troubled vet seeking help to their crisis line. S/he calls it and to also avoid liability, it punishes a veteran instead of helping s/he. The call center employee misunderstanding a distraught, disturbed caller, overreacts and alerts civil authorities of a dangerous veteran – **especially if you tell them a gun is involved** –[**there are infinite ways of self-destruction other than firearms; telling these idiots a gun is involved will cause you only more trouble and probably a hysterical Swat Team on your front lawn. You will be sorry - hint, hint, hint,]** Then the VA crisis line washes her hands of liability, which shifts onus onto civilian police department to deal with you. The error then escalates into a crisis where someone then is gravely hurt or killed, usually the confused, frightened veteran seeking help. In this pass the 'proverbial liability buck,' V*A never passes the real bucks they always stop there*, CYA game – veterans lose while VA remains clean. VA gets richer while veterans get dead. People overreact, get hysterical, misunderstand and by the time it gets to the vet has turned into an overblown, deadly situation. Meanwhile everyone remains clean of liability but the last one holding the 'hot liability potato' which usually is a confused, possibly seriously hurt or dead veteran. It is an iffy call to consult VA or its crisis hot-line, which exists not for veteran benefit at all; but, to pass off vet problems from incompetent VA onto the next sucker holding the 'hot liability potato.' Veterans are rightly hesitant about seeking help from VA or any crisis line at all. Too many recent, documented instances exist supporting the aforementioned. Do more research and see for yourself. The aforewritten is why VA lost the suicide crisis race before their 3 legged nag ever left the barn. ***I am not advising either way; it is your call. Do the research. Use whatever works for you. Caveat Emptor.***

- All these hysterical 'chicken little' shill writers, repeatedly shrieking when the suicide-sky is falling call the vet crisis line may seem like they are so concerned and rendering assistance but are nothing more than self-deluded, uninformed, attention seeking, click bait, slacktivists selling advertising while causing a lot of harm. In other words, they are totally clueless about suicide and why one resorts to it as a solution. I can say this; these 'chicken littles' are a large part of the problem. One does not need them for VA constantly is in our faces with its crisis line, liability pass off & cop out. Want to see hysteria, walk into any VAMC mention suicidal and those terrified employees snap out of their comatose condition and from their fear and denial run for cover like 'the three stooges' with one foot nailed to the floor. Moreover, it is obvious none of these journalistic, propaganda parrot 'chicken littles' have done any research before writing their alerts or noticed that the rest of the chicken coop's, attention seeking hens, are already in a heightened cacophony competition of which one can squawk the loudest in getting attention to their sensationalist 'click bait' message above the barnyard grapevine's, hysterical, squawking din. **Again, it is blatantly obvious these writers remain clueless about suicide and why a troubled person resorts to it in the first place.** Especially Veterans Affairs, their vendors and bosses.

  The last thing a troubled person on the edge seeking help expects is a keystone cop swat team swarming and storming their house like a terrorist nest in Beirut. That does so much unnecessary deadly harm in what amounts to Veterans Affairs clearing out an ant infestation with a bulldozer. That is government run VA healthcare. It is the veteran seeking help that meets the worst of it terrorized into never seeking help again or killed by an over reactive swat team eliminating a VA mistake.

What is so hard about the VA clinic or call center coordinating and asking a suicidal veteran to come in for an emergency appointment with a private or VA therapist? Instead of calling out the marines on s/he? The call is for help; but VA and its call centers respond as if it is a major WW3 military attack and kill the patient to cover up Socialist VA employee incompetence and fear of being held responsible for his or her actions.

By now it should be obvious to the reader why VA has a self-created, ongoing, national veteran suicide crisis!! VA grows richer while it and the rest of Amerika grows stupider.

- Moreover, not a single piece of legislation, the signatures on it or the massive millions spent or an SOS phone call have saved a single despondent, suicidal veteran from ending his or her painful life by suicide – and never will. However, legislators, VA and others can say I did something, dig me while dancing on veteran graves!!! That is why clueless Washington DC politicians, mass media and VA have lost that battle on first rattle out of the soap box dragging mass media and anyone else in proximity as collateral damage into the cess-pit with them. VA continues to lie, pass onus while keeping the bucks and veterans continue to die. VA gets richer while veterans get poorer and deader.

- Blue or black ink hand written on paper, dated and signed stands up in civil and criminal court as a proxy deposition even after death. Whether dead or cannot speak for self, hand written notes, journals, diaries, etc are more solid supportive evidence than anything VA can manage. Use it so your family can get justice even from the grave, from say, VA caused wrongful death or suicide. Your **handwriting also tells much about your mental state, which also confirms content.** Let your relatives or a trusted, close friend know of these documents and keep them in a safe place. Never let them out of your sight or tell VA. Supply copies only as '**need to know'** basis but keep all originals very safe. Keep someone trustworthy involved who is not part of VA! Another tactic is buy a digital audio or video recorder or use your smart phone and with a witness record a deposition in more detail as addendum to written documents signed, dated and witnessed perhaps even notarized. All these media reveal one's emotional states, which help very much to those watching or listening to understand your pain. **If you can do selfies for social media, you can do this.** An excellent time is when driving home or in the parking lot after an appointment while emotions and recall are fresh. Memory is a funny beast that plays tricks especially with age. By writing down or recording notes while fresh these greatly aid in trigger recall later, and if you are out of the picture, good lawyers can piece together what s/he needs from all the parts to make a case. If upset, jot down or record all you can as memory triggers to construct the story later in quiet, safe conditions. **Handwriting and quivering voice intonations tell a great deal about your emotional state; videos tell even more**. USE THEM!! I keep a digital recorder in the car and ramble or rant or what ever on the way home while driving. When in my right mind again, I listen to it and write out a transcript, date, sign and then certify it. **Down load audio/video from recording devices and keep copies protected on archival CD, DVD or other medium as a digital record separate from the recorder with documents. Write once format permanently closes the media and eliminates disqualification as altered after the fact. Memory sticks & usb drives are not good choices for this.** Use the recorded materials to make and back up paper transcripts per included guidelines. There is too much to write here. Use your imagination and research for more examples and newer CYA technology. Most banks and financial services will notarize a

customer's documents free; so do local government clerks as service to taxpayers. Notarization simply ***authenticates and witnesses*** that you created the document and when. You may have a notary at work who does such services for employees or perhaps at your friends, parents or spouse's workplace. The state government certifies notaries where you live. Get all the government backup possible to authenticate your ***evidence*** as original against VA court 'fake news' denial in court!! Those Nazis use every dirty trick in the book against veterans. Use the smart phone set on record and transmit with another person listening at the other end in singular, closed interactions, your lawyer perhaps, as witness of any session you must attend alone. Another tactic is mailed evidence documents to self in a very secure, tamper proof envelope. Sign all seams to tamper proof allegations of compromised evidence. Certified mail costs a little more than first class postage but has USPS US government backup that is acceptable proof in civil and criminal tort verifying authenticity, time and date of creation. ***Now these suggestions are only basic guidelines. You must check state and federal laws applicable in your province and consult your lawyer about your unique circumstances and laws. Many free legal services are available to veterans; however, free is what free does… That is an option to consider. None of this is legal advice. Most written here was learned from my hard won experiences that have worked for me. These are only tools. Do not punish a toolmaker for how you use or misuse a tool.***

Send all documents, records and such to VA by **USPS certified mail, return receipt,** and another copy by normal mail with perhaps a ***mailing receipt*** costing a few cents more that certifies proof when you mailed the article and when VA received it. This protects you and places all onuses onto VA while giving notice of '*possible'* litigation that leaves a fingerprint, paper trail. Some folks go as far to notarize mailed contents before sealing them in front of the notary, which confirms and witnesses contents. Those Nazi bastards will stoop that low to claim nothing was in the envelope and will have a hundred witnesses to back up the lie!! Again, these options depend upon your situation and likelihood of litigation. Remember, VA and company bureaucrats are terrified of all liability. Each person handling an article will as CYA make sure to document that someone else's prints are on the 'hot liability potato' tossed to the next recipient. When CC'ing, unless there is a pressing reason to do otherwise, leave blank or enter, "undisclosed recipients." Your situation dictates this protocol. Bureaucrats are lazy, cowards, fear accountability, onus or being called out alone front and center into a fish bowl. Cowards love being unseen and lost in a crowd. They get very careful not to lose your records and are more attentive to your needs looking for someone else to pass the hot potato off too, without the BS aka barnyard stuff award that VA is so well known for giving veterans grief. **This helps to keep one of VA's abused and starving research dogs, cats or 'war dog' vets from eating your records.** Lawyers will use every scrap of '***evidence'*** you have or leave behind to make a case outside of corrupt VA system. Remain outside of it all possible. Keep a solid paper trail; everything from notes jotted on a napkin or sticky notepad to a journaled entry every day of every interaction with VA – in your words – preferably immediately after dealing with an inquisitor or anytime after clinic visit recorded as addendum once trauma has worn off to rationally think again; but for a very few, all VA people are evil Nazis! From the sour faced, rude appointment or application clerk to the schmooze, cute nurse or receptionist seductively flapping her eyelashes to disarm you..they are all evil Mata Hari's to veterans.

On all paper documents VA gives you to sign, *always, always* precede your signature with **'V.C...'** written exactly! V.C. stands for 'Vis Compulsiva' and the three, ellipses '...' following 'VC' is abbreviation of 'more left unstated.' Look up 'Vis Compulsiva' for more information. It is an old English tort clause used when one is forced or under duress, to make a confession, which means you

are not responsible for your acts, words – spoken or written when drugged, sick, under duress & torture or with a gun pointed at your head. The tortured and forced prisoner of war confession that only stands up maybe in a kangaroo, third world, banana boat republic. BTW, US courts and tort descended from English tort...research for more information on how to use that. If asked why the 'VC...,' simply say that is how I sign my name and nothing more. This is a rare and largely unused maneuver, mostly from ignorance by all parties, to get around accepting onus in one-way trap contracts, forced confessions and such. **Knowledge is power.** The more you know that VA does not is your power. Use it and their rules against them because that agency is using our ignorance against us. That is why it fears civil tort so much and seeks to keep vets trapped in its kangaroo gulag chained to a bureaucratic monster. Too hard you say? A moments prevention could mean getting justice caring for your family via million dollar judgments and wrongful death and prison terms for mass murdering staff employees – see Clarksburg W. Va, VAMC veteran mass murders by hospital staff, and more VA injustice to veterans over the last century. Currently wrongful death settlements to families are over 1 billion dollars and climbing straight up. So is malpractice. Is your family not worth a few minutes precaution?

Now a note about *Aunt* & *Uncle* Tim and Tom veterans. They are the worse among VA employees working there, in my opinion. The *Aunt* Tims & Toms are the cesspool worst. They know our weaknesses and exploit them horribly. Only true veterans can and do help other vets. As Gunny in BMT drilled into us, 'look out for each other because that is all you got...' That sage wisdom never leaves true vets ever!!! However, a few real veteran VA employees do help veterans on the sly. Understand any VA employee aiding a vet is career suicide; s/he is tagged and punished as a whistle-blower, snitch and worse. Real veterans have a duty to do but also want you to get what is coming to you that the whole system is robbing from us all. Pay attention to the triangulated, as matter of fact, off the cuff 'hint, hint, hint,' comments made for your benefit. Nobody will take you by the hand and spoon-feed what you need. One goes through VA minefields alone but for the assistance that you must pay attention too and research to get, and use as self-advocate. VA employees and 'pass the proverbial buck' patient advocates represent the corporation and self-interests – never a vet.

- Many of us write blogs and documents describing our experiences while many others proactively **do** similar things to help veterans; assistance is out there but you must work to find and use it. ***We do not ask for money or anything else in exchange.*** In most cases you will never even know the author's name. Therefore, it is no skin off my nose if you get bit by VA from ignoring available wisdom, such as this dispatch. If my efforts help just one veteran, then my task is not in vain. Only you know your story and nobody can represent that better than you. Expecting others, such as VSO's, VA, lawyers, etc to do it all for you pro-Bono and free is certain failure. Self-interest drives all human activity...**what is in it for me...scratch my ass, and I may scratch your bum for a price.**

[2]Hiding VA crimes depends upon keeping every complaint, secretly, quietly internalized within that closed system. Secrecy is why Hitler and his Nazis surprised the world fully prepared to fight and win WW2. Secrecy is how Nazis got away with the holocaust. Even Amerika had its head in the uplocked position. Publicity or taking your complaints to the streets exposes them hiding in the darkness. Use it!! Two years ago, a local veteran discovered an unknown & largely secret VA clinic nested in a North Texas suburb. Posted all over the property were signs that only veterans with 70% rating, over age 55, and other draconian restrictions would be seen at the clinic. Clinic staff turned him away because he did not meet those 'posted' qualifications.

Instead of giving up and quietly going away, he called 'news beat' investigative reporter at a local TV station. Armed with reporters and TV crew he arrived at the clinic and challenged the culprits on camera. On the 6 o'clock news, scenes of all the signs clearly posting 'the rules,' an empty parking lot but for a few employee cars parked in 'staff parking only' and very upset employees, management, security and more aired at his intrusion. Most of the footage recorded from public property played on the news. Federal privacy laws prevented doing so on and in govt facilities without releases, which VA predictably refused. All the PR spokesperson would say was, '**<u>those rules are only suggestions.</u>**..' and nothing more. Not according to the very, clearly, posted, written 'rules' or the turned away veteran who did not meet them. The empty parking lot said it all...few if any vets ever got treatment because of those supposedly, 'optional rules.' So what were VA personnel doing all day long? Most did not even come to work! Needless to say, a 'news-beat' follow-up showed all signs removed; however, VA remained mum about other changes because of that unwelcome publicity exposing what it was doing. **Never underestimate the fury of a PO'ed veteran with the guts to take his or her complaint to the streets. Only one veteran made a difference to the many now getting help that otherwise would be denied by lazy VA civil service, clinic staff, robbing taxpayers stupid. That is Socialized, govt run healthcare!!! I expect his records were marked 'whistle-blower' and he faced retaliation. At least he could face self in the mirror every morning for standing up for his beliefs. *<u>When calling someone a dildo that desperately needs to be called a dildo, expect to take some flack for doing so!!</u>* That role model sterling example of a veteran is one of my kind. 300,000 veterans died on secret waiting lists at VAMC in Phoenix AZ. <u>What happened there, veterans? Again - one squeaky wheel veteran got a whole clinic of deadbeat, freeloading, civil service parasites off their assets and sick veterans some badly needed help. All it took was one courageous veteran with guts using his wits to open that clinic to deprived veterans. Remember over 300,000 denied vets who died on secret hospital waiting lists? What happened there, veterans? Dad had a name for those Aunt and Uncle Tom and Tim veterans calling them 'Hooray for me the hell with 'everyone else," selfish bastards. 300,000 dead veterans because no one spoke up is a lot of 'everyone else's.' You cannot tell me no one in that area knew of those abandoned veterans, especially veterans who simply looked the other way while thinking, " I got mine so who cares." OUCH!</u>**

Sad to say that this applies to you 'I got mine' veterans that look the other way.

First They Came
First they came for ~~Native Americans~~-
Next they came for the ~~Jews~~-
Then they came for ~~Soldiers and Veterans~~-
When they came for you and me-
No one remained to stand and fight for you or ~~me~~-
If you will not join with us now-
When your time comes who will stand with ~~you~~-
Always remember that <u>they</u> dispose of useful idiots with no place to run ~~dead-last.~~

<u>I don't know which is worse, VA, its friends and the rest of Amerika exploiting us or veterans screwing over each other</u>.

- When VA and Washington DC, DC stands for does not care,' refuses to hear us directly, they will find out from the streets hopefully during an election cycle biting their asses. Veterans, until you grow teeth and use them get used to suffering as dogshit under their jackboots. Nothing from nothing remains nothing. If you take a hit, leave behind a forget-me-not reminder as incentive against future veteran abuse and as inspirational role model to other veterans: stand together or fall divided and alone. **Veterans as our worst enemies are why VA gets richer while we get poorer, one day older and closer to dead. As Pogo said, 'we have found the enemy and it is us[we veterans].'**

- My old man, a Korean War vet, used to call Aunt and Uncle Tom and Tim vets the 'hooray for me and to hell with everyone else' selfish bastards. VA did not help him, his family or those who suicided from lack of it way back when, either. Nothing has changed. Just different names, generations of soldiers, faces, titles of the ongoing wars and mounting death tolls, while VA gets richer and vets get poorer. VA still delays, denies, robs, lies and veterans die just like a century ago. Will we never learn? Look out for [and stick with]each other because that is all we got, troopers. "Do it right in drill to do it right in combat; this is a combat theater, except veterans must use wits and different weapons instead of grunt, ordinance and guns to fight a homeland enemy stabbing us in the back. Need advice, ask Native Americans. They been fighting Nazi homeland terrorists since 1492.

- VA employee cowards and free dirty tricks. Never underestimate the damage that a coward can do... Like the introduction story says, face the brutes with a big stick of knowledge as power and be prepared to use it properly. Every veteran I personally know employed civil lawyers to successfully win their 100% rating; not VSO's or other ***free*** advocates. I know not one VSO that got any of them more than 10-20%. Free is what free does – it sells you out every time. Even a veteran lawyer, Ben Krause of Disabledvet.org, over a 15 year period had to use personal knowledge and associates to win his disability case for 100% rating. Taking the case outside means publicity, public disclosure, high profile public court records for all to see, and more...in other words VA cannot gag order details when airing its dirty laundry in public, which may result in what VA calls 'copy-cat' suits, which means other vets realize they can fight and win, or high level political embarrassment or scandal during election cycles – use the tactics, they work. VA engages this plan of action all the time handing elected lootership ransom notes while holding vets and taxpayers hostages with all the country watching the drama. Political scandal is bad association in public eyes and gives political opponents ammo to unseat an incumbent. Hint, hint...use this ploy. If you cannot scrape up a few hundred bucks for legal help...some lawyers allow installment payments in good faith until the settlement comes in, borrow it! If you are not sincere enough to invest skin in the game on your behalf do not expect anyone else to do for you free & for nothing special snowflake. It is like winning the lotto, if you do not play...do not expect to win. If you will not invest as self-advocate...do not expect anyone else to fight for you just because *you* think you are a special snowflake, and forget all that patriotic 'sacrifice' crap. It does not mean a thing in this -
  $$$**IN**$$$**MONEY**$$$**GOD**$$$**WE**$$$**WORSHIP**$$$**WORLD**$$$

- Use surprise, secrecy, VA's rules and personal knowledge kept as power against your enemy; first rule of military espionage: **use the enemies system and rules to your favor**

while helping it self-destruct – turning it against self while doing so. Rarely does an adversary expect attack from within using its weakness as the weapon. By the time that becomes apparent the battle is over. See Trojan Horse and other internal undercover tactics of ancient history. All the once great empires fell from enemies within...no exceptions. Use history lessons to your advantage. If you are going to lose, turn the other side's Pyrrhic win into a bigger loss. It may not help you but will in the end save those who follow.

- Coward bullies do not like punishment for their abuse. All the veteran suicides, especially those on VA properties, were high level protests bringing national attention to VA and its criminal activities. So far, that bureau has not been able to blame or PR its way out of onus, and never will. **Those who died did so to help surviving veterans. Seems a crying shame to forget their sacrifices for us**...or are you a hooray for me and hell with everyone else...slacktivist? Maybe my old man was right after all....about some veterans anyway. It is also hard to complain about this country's ingratitude against us – see January 21, 1977, Neo-Socialist, president Jimmy Carter's national announcement – when veterans blatantly betray each other. See Uncle and Aunt Tim and Tom veterans and VA employees.

- Now I frequently encounter the following, self-righteous cop-out, "We are not all like the abusers, criminals..." When you dismiss atrocities towards veterans and each other by your coworkers, management and that complete criminal system, yes you are just like them or guiltier!! In two of the greatest genocidal holocausts known to the modern world, the US genocide of Native Indian tribes by the fine christian European colonists and Nazi German genocide of the Jews in WW2, and let's toss in North American Black slavery as well, ***not all Americans and Germans murdered indigenous or Jewish peoples or enslaved black people.*** In fact, 99% of Americans did not and were slaves as well!! Many people died protesting those atrocities risking and losing everything running Indian, Jewish and Black slave undergrounds violating US laws hiding runaways and helping to safely free them from harm. Seems history forgets these heroes nearly in toto to constantly bark about the less than 1% slaveholders and the murderers'!! Recent black nation's US protests about its slavery imported to America centuries ago, forgets that ***black slavery did not originate in North America. It was imported well after the first Native American slaves were undergoing mass extermination and genocidal extermination by your oppressors. Another missing fact is after emancipation, freed blacks joined with white US military Horse Soldiers and conducted the longest, bloodiest, ethnic genocide know to human history! Amerikan black Buffalo Soldiers butchered North America's indigenous red skinned people with complete abandon. Even today racist VA employees still attack my people! I would've thought after regaining your humanity after thousands of years under yoke of slavery, the black nations of all people would have learned to know better than to persecute and engage in genocide of a race because of their skin color. Obviously you black racists never learned a thing. I pity your willful blind ignorance and bigotry, which makes you just like the very evil people you claim to oppose.***

- The black nation also seems to forget about Americans whose unlawful actions and protests against **laws of the land,** very long ago, fighting status quo black slavery – ***emancipated them from bondage!***

To end black slavery once and for all in this country. Anyone violating US laws of the land enforcing slavery faced losing everything including their lives and many did!!! John Brown & Abraham Lincoln are two of them. Why do we never hear about their sacrifices?

*For instance, assassination of conservative President Abraham Lincoln by Mr. Booth, a Socialist liberal, was because of his anti-slavery stance. Why do we never hear about him and the rest who fought and sacrificed, losing everything including their lives, to end the atrocities against Native and black nations in N. America. Why do we never hear truths such as The US Democratic or liberal Socialist party always has been and remains pro slavery. Why do people like Oskar Schindler's heroic actions saving thousands of Schindler's Jews from WW2 concentration camp gas chambers fall through the cracks of the Holocaust – f**orgotten and unmentioned? When he is mentioned by US mass media, Socialist Nazi America attacks his personal character in sleaze and slander attacks!***

What is the point focusing only on the myopic raw side of history and only on those who were guilty now branding everyone that way.

Perchance this red herring & diversion is to avoid any question as to why one never hears about the blameworthy majority of fence sitters that did nothing to stop those genocides, holocausts and inhuman ethnic cleansings while screaming 'we are not all like the oppressors…' Considering aforewritten national crimes and shame as 'none of my business,' while often profiteering from them; yes, they are not only like the rest but are worse than the actual persecutors and murderers.

Oddly, as Ayn Rand penned, 'Racism never existed in America until the liberals – pro slavery Socialists – post hoc created and used the misperception to racially enslave, control and divide this country." *The more divided are people, the easier it is to control, enslave and distract them away from the big picture into infighting and other diversions from seeing the real criminals.* I shan't go any further into this here, but perhaps readers should stroll back through US history and closely examine the liberal, democratic and Socialist's stand on murder, genocide and enslavement… ***Remember Russia is and Nazi Germany was Socialist.*** **Seems the single bony finger 'owners' pointing at 'sinful society' miss the other three pointing back at them; hoping their trouble making covers up *a* past and current racial intolerance, slavery and bloodshed. People – *the finger pointing at the moon is NOT the moon!***

- Another dirty trick; Evil Socialist VA and cronies are epitome of veteran exploit. Only Socialist Amerika and VA could stoop so low profiteering from veteran suffering and suicide epidemic. I rest my point on one final comment. When one is damned if s/he does or does not...then doing nothing seems safest; however, doing nothing has consequences and if you can live with and face self as a useful idiot & coward...so be it. You can never run away from you or what you choose to be and do. When they come for you, where will you run? **Always remember, they dispose of the ~~useful idiots~~ with nowhere to run – ~~dead last.~~**

  - Currently VA receives its payback well overdue since the US Supreme Court reversed a 1950 Feres Doctrine decision. VA bureau and personnel are not legally immune for consequences of their actions and can be prosecuted, sued, imprisoned for malpractice,

veteran harm and wrongful deaths. The tally for veteran suicides under the Federal Tort Act so far is one billion dollars in settlements and shooting straight up. In civilian criminal and tort law courts, VA employees are receiving prison sentences for their gross, criminal, behavior. In civil law courts, they face personal tort liability as well. VA sandbagging is contempt of court; and a county sheriff, US Marshall or state peace officer will come into VA facilities and arrest management and employees for a mandatory court appearance to explain the bench why they did not provide court ordered documents, show up for court ordered appearances, ad infinitum. They must obey US criminal and civil laws like everyone else instead of hiding behind VA immunity and its kangaroo communist courts. In wrongful death lawsuits, vets finally get justice from the grave after surrendering their lives protesting the mistreatment that most of us who venture near the place receive. These days few are compassionate to VA's, VSO's and their friends' plight and consequences for their actions. Fewer are sympathetic towards, lazy, over paid, greedy, unionized AFGE government workers milking economically strapped, private sector taxpayers, who are losing their homes, businesses, families, livelihoods, and more supporting these Socialist, unearned, entitlement, parasites. Furthermore, taxpayers are alarmed at both the veteran suicide tragedy and costs to them from a rogue, out of control bureaucracy. Otherwise, I shudder to think that those men and women died in vain to a thankless nation of Amerikan, ingrate, phony, cowards, which includes too many veterans in the cesspool with them.

- Perhaps reinstatement of the draft is a good thing; since this time it involves drafting women marched to military duty with gun barrels in **her** back, too – forced to fight along side the men instead of sitting safely at home or in a protected HQ office. Perhaps when men and women join forces together they can put an end to this **W**e **A**re **R**ight anal retentive idealism of perpetual **WAR – as an aside, read George Orwell's *1984* to learn why Big Brother's evil PTB used perpetual war to justify unending subjugation of prole masses. While you are at it read Bradbury's *Fahrenheit 451*, Huxley's *Brave New World,* HG Well's *The Time Machine* and Ayn Rand's *Atlas Shrugged* for eye openers then look at this world and Amerika through newborn eyes. Be advised, first light of truth always stings them at first. Should you still feel inclined, read Plato's *Myth of ER* and *Allegory of the Cave* located in *The Republic* written 5k years ago.** When women suffer equally with men, sacrificing her skin in preserving what little freedom remains in this country, perchance, that is what is needed to end the war meat grinder and Socialist insanity.

- I don't have any answers but someone does. We do not need more phony heroes; Amerika is overfilled with phony everything especially wannabe heroes. The only true American ***hero are veteran spouses and other previously mentioned veteran support, which is NOT VA, VSO's and their friends;*** otherwise an Amerikan hero is just a large, long cold cut sandwich that everybody wants a bite out of while sucking on their unearned, entitlement, sugar tit. The free lunch and ride purchased by productive elements of the system that are now in short supply. So many mouths too few sugar tit nipples. We need more people with good ideas and how to make them work in practical application. I can tell you where one will never find them: government! That is not the place to look for or find such people! Benjamin Franklin said, "Men [people] of greatness do not aspire to politics." I think Ayn Rand penned, 'There is no good government." Nuff said by sages of their time. However, if things remain status quo, humanity will reset the earth's global surface evolution and this

entire homo sapiens taxon back to 1 million BC, to re-evolve again, with another chance to grow up – perhaps – next time using humane common sense in lieu of this humanity-insanity now destroying us all.

- So there, it is in gory, living color. **The only true freedom anyone here has is figuring out things for self!** Think for self; giving away that freedom to others, mass media, womb-to-tomb conditioning, religions, cults, the police state, state conditioning, politicians, lawyers, advertising and propaganda is choosing slavery. The Matrix meme is that entirely….underlying message of the movie '***Matrix***' is that. Simple is it not to "think for self.' However, it is the simplest things in life that are impossible to do for masses that choose to remain fat, numb and dumb sleeping in bread, wine, and circus tents that they choose as self-entrapment and self-imprisonment. The power to choose and think for self is the only true power and freedom anyone has….**your** choice, **your** consequences for giving it away to **your** oppressors.

Epilogue

If none of this makes sense now it is because you are not ready for it, yet. Hold onto this document until you are ready to learn. A teacher always appears when student is ready; and only the teacher knows when to arrive, never a student. *A finger pointing towards the moon is never the moon.* If angry at these words, something about **you** causes that; not dead print on a computer screen or piece of paper; self-examination is in order about why **you** are distraught. For millennia, myths and stories passed on tribal knowledge and remain the best source of it. So, I will end this with a parable.

[1]*A woman driving late at night on a country road accidentally ran over a snake lying on the warm pavement. Alarmed she stopped and got out of her car to investigate. The badly hurt snake was barely alive. Being a card carrying ASPCA member, she scooped up the injured animal, placed it into a box and drove home. For weeks, the woman cared for the hurt serpent until once again it was healthy. At next feeding when she placed her hand into the box, the viper repeatedly bit her. As she died, her last words were, "I helped you to heal and live and this is how you repay me!!!" The serpent replied, 'Lady, you knew that I was a snake before ever bringing me home."* ***Now to veterans that still do not get the meaning of this whole diatribe: when VA finally gets around to biting you, remember this - you knew VA was a snake before ever walking into their clinic, hospital or benefits system. A snake's nature is to bite; the human quality is to beware that or suffer and die.***

This one's for you, dad. I can never fill your shoes, only follow behind holding hands with the father & soldier that sheltered and still leads me...RIP.

To my mom who had the birth defect, me, noble enough to honorably serve this country but not good enough for VA respect. I love you. RIP. I never forgave VA for its disrespect of you or for murdering dad.

END CREDITS: TO THE VA EVIL EMPIRE FOR NOT RECRUITING ME AS AN ALLY TO THE DARK SIDE WHEN YOU HAD A CHANCE ,TOO BAD, SO SAD.

The Girl Child

The Girl Child" ~ Nazim Hitmet –

"I come and stand at every door
But none can hear my silent tread
I knock and yet remain unseen
For I am dead, for I am dead

I'm only seven though I died
In Hiroshima long ago
[My sister died in Nagasaki]
I'm seven now as I was then
When children die they do not grow

My hair was scorched by swirling flame
My eyes grew dim my eyes grew blind
Death came and turned my bones to dust
And that was scattered by the wind

I need no fruit I need no rice
I need no sweets nor even bread
I ask for nothing for myself
For I am dead, for I am dead

All I need is <u>that</u> for peace

You fight today you fight today
So that the children of this world
Can live and grow and laugh and play?
For I am dead, for I am dead –

Hell is for children.

Brought to you by Va
murdering veterans to
Make America Great Again.



Americans live in a fantasy about WAR! Their myopic, narrow minded, romantic, archaic idealisms date to before the 19th century! The US created and exported atomic war into the world; testing the doomsday creation in Japan, as an act of war, on non-military, civilian cities in an attack planned and executed before Japanese diplomats could reach the peace tables. America experimentally used those doomsday weapons or WMD's on unarmed civilians, killing, crippling innocent men, women, babies and their descendants for decades to come. Human animal experiments of its new toy. Is that something to be proud of America? This nation called the bomber crew's heroes and Einstein - father of nuclear weapons - a 'God.' It called Vietnam soldiers baby and mother killers and worse disgraces to avoid facing national shame; but they were only messengers ***<u>drafted and sent</u>*** by ***The American People*** to again do its dirty work and Vietnam vets pale in onus compared to all the war crimes committed before and since by the American nation. ***We the Sheeple*** and its ***brave coward Socialist government*** remain the true baby and mother murders. Hiding our nation's onus and guilt by scapegoating a minority that it created, and supported in toto, tasked to again commit proxy bloodshed for '***We the People.'*** Whether by substitute or directly, that slaughter stains the hands of every patriotic person of the US nation - ***we all own it*** in toto. If the Homo Sapiens race does not evolve from current anal-retentive, evolutionary stage of **<u>W</u>**e-**<u>A</u>**re-**<u>R</u>**ight and promptly, it will again self-extinct the taxon back to 1 million BC for another try at re-evolving killing all of its born and unborn children in doing so. The US 'Native American' and Nazi Germany 'Jewish' Holocausts and final solutions reset the clock on humanity 50,000 years into the past! ***<u>Aforewritten atrocities clearly evidence what the human animal is capable of doing to its kind; Hiroshima and Nagasaki atomic bombing of civilian cities – innocent men, women and babies, clearly show us what is at stake for humanity: self-extinction in toto</u>***. Human animal experiments... ***Next time you look at your children or any child - just think that they could be next among "war casualties" killed in the name of "freedom."*** Cold-blooded murder is murder regardless of how or who does it. ***<u>Hell is for children worst of all...</u>***